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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

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Double Eagle Scout Ceremony

BSA Troop 6's John Thomas Malvesti, Enzo Vallee Awarded Rank Of Eagle Scout

On Saturday, March 18th, Scouts BSA Troop 6 Quincy was proud to award the rank of Eagle Scout to two deserving young men: Enzo Vallee and John Thomas Malvesti.

The ceremony was presided over by the leadership of the Troop with honored guests including state Sen. John Keenan, state Rep. Tackey Chan, Norfolk County Sheriff Patrick McDermott, Quincy City Councillors Charles Phelan and David McCarthy, Quincy School Committee members Kathy Hubley and Frank Santoro, Major General William E. Rapp from the Sons of the American Revolution, and Houghs Neck Community Council President David DiBona and Vice President Jill Hockney.

To become an Eagle Scout, one must demonstrate strong character, leadership, and a dedication to service. A scout's knowledge and spirit are tested as they ascend through the ranks and earn a minimum of 21 merit badges covering skills ranging from citizenship to emergency preparedness. Their dedication to their community is exemplified by the service projects the scouts must also plan, develop, and lead.

Enzo Vallee's Eagle Service project was the cleanup of Racoon Island off the coast of Houghs Neck. He led a team of scouts, family, and friends in removing hundreds of pounds

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EAGLE JOHN THOMAS MALVESTI and his parents Nick and Eileen Malvesti. *Courtesy Photos*

EAGLE ENZO VALLEE and his parents Caroline and Sebastien Vallee.

State May Acquire Quincy Courthouse From County

By SCOTT JACKSON

The state has proposed acquiring the Quincy District Courthouse from Norfolk County, which could set the stage for the long-awaited replacement of the building.

The county commissioners will hold a public hearing on the sale of the courthouse to the state on Wednesday, April 19, at 4 p.m. The hearing will be held in the Great Hall at Quincy City Hall, located at 1305 Hancock St.

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$2 Million Approved For Seawall, Outfalls

By SCOTT JACKSON

City councillors on Monday unanimously approved spending nearly $2 million for the design and permitting of a replacement seawall along a section of the Houghs Neck shoreline and for the repair of more than a dozen stormwater outfalls across the city.

The $1.995 million appropriation for those two items, which Mayor Thomas Koch had introduced in February, will come from the sewer and drainage rehabilitation fund. That account is funded through building permit fees.

Roughly half of the appro-

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HELLO HOLLYWOOD! Sadie Walsh of West Quincy shares a moment with Cambridge native and Hollywood actor Matt Damon during a film shoot outside Malachy's Saloon in Quincy Center March 29. The film entitled "The Instigators" also stars Casey Affleck. "The Instigators" follows two robbers who must go on the run with the help of one of their therapists after a theft doesn't go as planned. *Photo Courtesy Tom Walsh*

City Compiling Street Tree Planting Requests

The Department of Natural Resources is encouraging residents who want a tree planted in front of their property to contact the department and get on a future planting list.

For the past number of years, Mayor Thomas Koch has submitted $400,000 in the city budget for the planting of new street trees. As a result, the list of requests from residents has been consistently fulfilled and rebuilt every year. The Department of Natural Resources will be working with the Department of Public Works to plant along streets that have

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More Quincy news:

The Quincy Sun.com

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NQHS Air Force JROTC To Compete In Academic Bowl

In Washington, D.C. June 23-27

Through all the obstacles students have faced over the last three years, Air Force JROTC cadets have risen to the challenge with their participation in the 2022-2023 JROTC Leadership and Academic Bowl (JLAB). The cadets from North Quincy High School have proven their ability to overcome and succeed despite those obstacles.

After advancing through two intense phases of online competition, North Quincy High School - MA841st AFJROTC Academic Team composed of C/ Aixin Liang, C/ Jason Lin, C/ Janice Lin, C/ Ethan Liu, C/ Diana Dang, and C/ Ruby Pan will compete in a Championship event in Washington, D.C. The 2023 U.S. Air Force JROTC Academic Bowl Championship will be held on the campus of The Catholic University of America, June 23-27. This event is sponsored by the U.S. Air Force JROTC and is conducted by College Options Foundation.

North Quincy High School - MA841st AFJROTC team earned top scores out of the 630 Air Force JROTC academic teams that competed from around the world. The team is one of only sixteen Air Force JROTC Academic Bowl teams in the nation to advance to the final competition, which includes an all-expense paid trip to Washington, DC.

During the two fast-paced preliminary rounds, cadets were tested on their knowledge of core curriculum such as math, science, and language arts as well as current events, citizenship, leadership skills, and financial literacy. Financial literacy videos are sponsored by the USAA Educational Foundation and provided to all cadets. Questions from the videos were included in Levels I and II of the online competition.

The JROTC Leadership & Academic Bowl is a nationally recognized competition created exclusively for JROTC students. By participating, cadets learn the values of citizenship, academic competition, and college opportunity. The competition creates tremendous opportunities for JROTC cadets by allowing them to demonstrate leadership and academic abilities.

College Options Foundation is a non-profit organization dedicated to enriching the academic development of high school students and assisting them in their preparation for higher education. Using academic competitions, college exam study guides, college admissions tutorials, and personalized counseling, College Options Foundation has assisted the nation's JROTC cadets worldwide for nearly two decades.

NORTH QUINCY HIGH SCHOOL - MA841st AFJROTC Academic Team composed of C/ Aixin Liang, C/ Jason Lin, C/ Janice Lin, C/ Ethan Liu, C/ Diana Dang, and C/ Ruby Pan will compete in a Championship event in Washington, D.C. *Courtesy Photo*

Robert G. Noble, Sr. Scholarship Award

The Robert G. Noble Sr. Scholarship award has been established by the American Legion Cyril P. Morrisette Post 294 in memory of this beloved community figure and longtime activist who made the City of Quincy better.

As an Ex-POW of World War II, Mr. Noble served in the U.S. Army. He was a man of deep faith and lived a life of unwavering commitment to his family, friends and country. Mr. Noble personified the duty and sacrifice of "The Greatest Generation" and has left a legacy of service for generations to come.

One $500 scholarship will be awarded to a resident of Quincy. The scholarship will be awarded to qualified high school seniors, currently enrolled college students and students who have applied to or are attending a trade school.

This will be the final year of the Robert G. Noble Sr. Scholarship. The Noble family thanks all who contributed to this fund in honor of their father. For further information and to receive an application contact Andrea Noble-White at: RGNoblescholarship@gmail.com. Deadline for submission is April 28.

'Spring Fest' April 15 Hancock-Adams Common

The City of Quincy will host "Spring Fest," a family-friendly variety of dance performances, arts and crafts demonstrations, music and games on Saturday, April 15th.

The outdoor event will take place from noon to 6 p.m. on the Hancock-Adams Common, 1305 Hancock St.

All events are free to the public.

Scheduled performances will include Boston Chinese Dance, Brady Academy, CenterStage, Danceworks, Hung Gar Kung Fu & Lion Dance Academy, InSync, Quincy Jhankars, The Forbes School of Irish Dance and Velocity Dance Company.

"The city is graced with a variety of very talented dance groups," said Mayor Thomas Koch. "We look forward to highlighting each and offering the public what we hope to be a beautiful spring afternoon on the Hancock-Adams Common."

Ellie's Treats, Thyme Traveling and Roxy's Grilled Cheese food trucks will be on site and food is available for purchase throughout the events.

For more information on this and upcoming events, follow the City of Quincy across social media and visit quincyma.gov.

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QUINCY HOUSING AUTHORITY Executive Director James Marathas (left) with Family Self Sufficiency Program participants Mudafer Ali-Ziyadi and Sharell Jacobs along with Assistant Executive Director Laura Taylor. *Courtesy Photos*

FAMILY SELF SUFFICIENCY program participants Mudafer Ali-Ziyadi (left) and Sharell Jacobs (right) with FSS Coordinator Jaclyn Malloy.

Three Graduate Family Self Sufficiency Program

Honored By Quincy Housing Authority

The Family Self Sufficiency program was created by Housing and Urban Development to assist families toward financial independence. The goals of the FSS program are for participants to remain employed, increase earned income, reduce dependency on welfare assistance and potentially transition out of subsidized housing and move into the home ownership program.

The Family Self Sufficiency program offers a financial incentive for participants to increase their earned income. FSS participants establish an escrow savings account that increases as participants' earnings increase. This escrow account helps participants build additional savings that can be used to obtain their FSS contract goals.

On March 23, Quincy Housing Authority Executive Director James Marathas had the honor of graduating and awarding three FSS Participants a total of $19,174.30.

Quincy Housing's first graduate not only completed all his goals in the FSS program he also remains successful in Quincy Housing Authority's home ownership program. When asked what he found beneficial of his time in the FSS program the participant states the program "reinforced some of the positive things I have been doing regarding saving money and becoming financially independent. It has supported my resolve to stay employed and led me to having a very high credit score."

The second graduate Mudafer Al-Ziyadi along with completing all his FSS goals has started the process for home ownership. When asked what he found beneficial of his time in the FSS program Mudafer states "The FSS program has helped me a great deal and the best kind of help is to allow people to help themselves. Before I joined the FSS program, there was a view of having to rely on myself. I had to be self-sufficient in terms of owning a home. Now the horizon of buying a house is wide and prosperous. I deeply appreciate all the housing staff who were always there to help."

Lastly, the third graduate Sharell Jacobs, along with completing all her FSS goals landed a fantastic career working for Mass Development Corp and is no longer requiring subsidized housing assistance. When asked what Sharell found beneficial from the FSS program she states "The FSS program helped prepare me for real life. Over the years I have had the ability to earn 3 degrees with several certificates, increase my credit score and now off to buy my first home. This program has changed my life for the better."

Estate Planning Lunch And Learn April 12 At Bank Of Canton

Discover how you can help secure your family's future and protect your assets from risk and uncertainty, with an estate plan.

Join the team from B.O.C. Life Solutions (a licensed subsidiary of Bank of Canton) at Bank of Canton's 60 McGrath Highway branch in Quincy for a free lunchtime seminar on Wednesday, April 12, from 12 noon to 1 p.m.

All are welcome, and lunch will be provided to those who RSVP. Call 781-830-6152.

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Moments in time

THE HISTORY CHANNEL

• On **April 19, 1927**, blond bombshell Mae West was confronted by the New York Police Department's Municipal Vice Squad, sentenced to 10 days in a workhouse on the charge of obscenity for her play titled "Sex," and fined $500. She later quipped that the only thing that really bothered her about the experience was having to wear cotton underwear.

• On **April 23, 1940**, a fire broke out in the Rhythm Club in Natchez, Mississippi, causing the deaths of more than 200 African Americans due to boarded up windows and a padlocked back door. At the time, it was the second deadliest building fire in American history.

• On **April 20, 1957**, the Mayflower II, a replica of the original Mayflower that transported Pilgrims to the New World, set out to re-create that voyage from Brixton, England to Plymouth, Massachusetts. The journey took 55 days, and the ship is currently docked at the Plimoth Patuxet Museum.

• On **April 17, 1964**, the Ford Motor Company unveiled its new Mustang model at the New York World's Fair. Championed by Ford Division general manager Lee Iacocca, the car came with a suggested retail price of $2,368 and was a great success, with more than a million sold in just its first 18 months.

• On **April 18, 1988**, a retired U.S. auto worker identified as "Ivan the Terrible" was found guilty of Nazi war crimes in an Israeli court and sentenced to death. His conviction was overturned in 1993 after evidence suggested another Ukrainian was actually Ivan the Terrible, and he was returned to America, but later deported back to Ukraine when a judge ruled there was enough evidence to prove he had indeed been a death camp guard.

• On **April 22, 1993**, the Holocaust Memorial Museum opened in Washington, D.C. Dedicated to documenting, studying and interpreting the history of the Holocaust, it serves as the official American memorial to the millions of Jews and others who lost their lives under the directives of Hitler's Nazi Germany.

• On **April 21, 2014**, Kraft Foods recalled 96,000 pounds of Oscar-Meyer hot dogs that had been mislabeled. The company stated that some of their "Classic Cheese Dogs" had been placed in regular hot dog packaging, posing a threat to consumers with dairy allergies.

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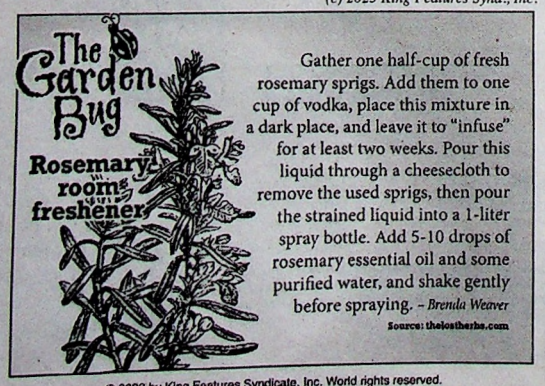

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State May Acquire Quincy Courthouse From County

Cont'd From Page 1

During a recent interview, Mayor Thomas Koch said he is "staying tuned" to see what the state Division of Capital Asset Management and Maintenance (DCAMM) is proposing to do with the courthouse.

"I'm staying tuned," the mayor said. "They've been talking about it for years, the replacement. There was discussion about a major justice center, which would have been like three times the size, and then they brought it back down again. I don't know what the latest is on square footage because DCAMM runs this for the state."

DCAMM had considered using the nearby municipally owned Kilroy Square parking garage to meet the needs of the new courthouse, Koch said. The mayor said he pushed back against that idea, calling it "foolhardy" because of how full the garage is on a regular basis.

"I had a conversation last year with DCAMM. I was very concerned they were going to build the courthouse with less parking than they have today," Koch said. "They thought they could just use the garage and I said that's irresponsible because the garage is getting filled up now.

"I said if you're going to build something, you can have some spillover parking going to the garage, but to depend on the garage for the purpose of the courthouse is very, very foolhardy and not wise.

"I don't know what the latest is. I know there is a meeting coming up (April 19)."

Located at 50 Dennis Ryan Parkway in Quincy Center, the Quincy District Courthouse was constructed in 1971, according to the city's online property records. The building contains 21,000 square feet of livable space.

The mayor said the courthouse is inadequate and undersized and needs to be addressed.

"I understand the need to replace what's there. It's inadequate, it's undersized, it doesn't meet the needs of the people that work there, the public that gets treated there. But it's not under my jurisdiction so I don't want to get too far into this," Koch said.

"It's not my call, but I've certainly heard the complaints. You've got lawyers talking to clients here and right across the hall is a victim. It's not a good situation right now. I think we could definitely do better – and it's been on the list for a long time. I think for the state for a while it was the number two in the whole court system that needed to be addressed, and that was like 15 years ago. So, it definitely needs to be addressed but I'll leave that to the stakeholders."

In December, the city purchased the office building at 6-10 McGrath Highway, which is adjacent to the courthouse, for $1.8 million with the goal of using it for meetings of Alcoholics Anonymous groups. Koch said the state had explored purchasing that same parcel but ultimately did not do so.

During the recent interview, Koch said the state has not approached his administration about purchasing the McGrath Highway property.

"They had that building under agreement and then they pulled, so that's when we moved on it to do what we're doing with it. They have not indicated to me if they still want to buy that or not," Koch said. "Obviously, they could take it by eminent domain. I'm an entity of the state, if the state wants to take it they can take it. But I haven't heard from them."

The mayor added that it would make sense for the state to consider buying both the McGrath Highway property and privately owned buildings on Foster Street to provide enough room for the new courthouse.

"I would think that they buy that, and they would buy stuff on Foster Street to give them the room to do it," Koch said. "As far as I know on Foster Street, they haven't moved on any properties there. And you know a developer is going to grab those at some points. They're becoming too valuable now for what's there."

City Compiling Street Tree Planting Requests

Cont'd From Page 1

been recently renovated but will likely have the ability to accommodate additional requests.

"We are grateful to Mayor Koch and the City Council for their ongoing support of our efforts for tree planting in our neighborhoods," said Natural Resources Commissioner Dave Murphy. "We have planted more than 500 new trees every year for the past four years and hope to do the same this fall, pending the budget process."

The Department of Natural Resources will investigate each requested location to identify any issues that would influence the species planted and specific location of planting. Issues investigated include underground utilities, overhead wires, adjacent trees, sight lines, and other considerations. The DNR team will select the most appropriate species and location based on those factors in order to give the tree the best opportunity to thrive.

Species selected for planting in the next round of planting include: Autumn Blaze Maple, Sweet Gum, Japanese Lilac, Armstrong Red Maple, Eastern Red Bud, and Snow Goose Cherry. Paperbark Maple and Black Gum will be planted in parks and cemeteries.

Residents can call (617) 376-1251 to request a new tree or email Mike Casinelli at mcasinelli@quincyma.gov.

John T. Malvesti, Enzo Vallee Awarded Rank Of Eagle Scout

Cont'd From Page 1

of trash and floating it to the mainland by boat for removal. Additionally, he researched the island's rich history and designed a signboard to give interested community members a chance to learn more about Racoon Island. This sign is now installed on Edgewater Drive and also contains a QR code with the link to the website Enzo created for more information.

John Thomas Malvesti's Eagle Service project was one of the most unique Troop 6 had ever seen. He recruited volunteers to interview 40 veterans of our armed services for StoryCorps, an online archive that has stored the recordings as permanent records in the Library of Congress. The interviews included everyone from a 97-year-old female Marine to a 22-year-old National Guardsman who helped deliver supplies during the COVID pandemic. The veterans and their families greatly appreciated having their stories heard and preserved.

Author To Speak On New Nixon Book At Crane Library

The Thomas Crane Public Library invites the public to a talk by author Zachary Jacobson on his new book "On Nixon's Madness: An Emotional History" (Johns Hopkins University Press 2023) Tuesday, April 13 from 7 to 8 p.m.

"On Nixon's Madness" combines biography with intellectual and cultural history. It will appeal to those interested in the late president, the presidency, the Vietnam War and the Cold War, grand strategy and the strategic minds of such hallowed but inscrutable leaders.

Jacobson traces Nixon's life and career, looking at how he winced at the notion of his reputation for rage, and how he used that ill repute to his advantage. Publishers Weekly writes, "Jacobson is an astute observer and a graceful writer. This book brings one of America's most enigmatic presidents into sharper focus."

Jacobson received his doctorate in American history with a focus on the Cold War from Northwestern University. His work has appeared in the Washington Post, USA Today, the New Republic, the New York Daily News, Vox and the Chronicle of Higher Education. He currently resides in Cambridge.

Scenes From Yesterday

OFFICE OF FORE RIVER SHIP YARDS, QUINCY, MASS.

THIS IS A 1917 postcard view of East Howard Street in Quincy Point looking south. The end of Winter Street is just out of view on the right. The long, low building on the left was the Howard Street entrance to the Fore River Shipyard, which had begun operation here in 1900. The Bethlehem Shipbuilding Corporation purchased the yard in 1913 and at the time of this photo it was conducting a major expansion, which included the large office building in the center of this view. One office in that new building was for the newly hired Assistant General Manager of the shipyard, Joseph P. Kennedy, who was the father of President John F. Kennedy. The U.S. had just entered World War I, and awarded several large contracts for a variety of different ships to be built by the company. The expansion enabled them to handle much of the work here at the Fore River yard, but they also opened a separate shipbuilding plant in Squantum, known as "The Victory Plant" where they built 35 destroyers. Between the two yards, 71 destroyers were built in a little over two years. The war ended in November 1918 and the Squantum plant closed a year later. Kennedy left the shipyard about the same time. The Fore River yard closed 37 years ago in 1986.

From the Collection of City Historian Tom Galvin

Quincy's Yesterdays

This Week
1981
42 Years Ago

$17 Million Building For North Quincy

City officials have completed negotiations for a $17 million ten-story office building in the city's North Quincy "gateway," according to Mayor Arthur H. Tobin.

The building will be located on the east side of Hancock Street, near the intersection of Hancock Street and Newport Avenue, including the present site of Menard Chevrolet, according to Judy Cullen of the Planning Department.

Negotiations were completed with a group of five developers, the most promising being Michael Harrington of Beverly, a former United States Congressman. The group is operating under the name of Gateway Quincy Realty Trust.

"If construction starts in the next several months, this will be the eighth office building under construction and about the 12th brought into the city by my administration," Tobin said.

FIRST WOMAN TO HEAD QUINCY POST OFFICE

Quincy's Post Office has its first female manager with the appointment of Mrs. Martha Brady Cannon of Squantum.

Mrs. Cannon manages 175 employees and is responsible for the delivery of over one million pieces of mail each week. She will also be instituting a "Model Office" in Quincy for instructional leadership for other post office managers.

"My first priority will be to insure mail delivery," said Cannon. "But at the same time I'll encourage employee participation in the mail system."

REACTION TO REAGAN SHOOTING: SHOCK, PRAYER, CONCERN

Quincy responded to the shooting of President Reagan with prayer, concern and indignation. At an Ecumenical Expression of Concern and Prayer Service held at the First Parish Church, residents, clergy and elected officials gathered to voice the support and best wishes to the wounded president and the men felled with him.

QUINCYISMS

Anthony's, 1647 Hancock St., Quincy Center, was offering a "Pre-Holiday Perm Special – Now $25, Regular $50"... Dependable Cleaners, with three offices in Quincy, noted that "Moths Don't Eat Clothes Because They Like Them. They Eat Them Because They Are In The Way of the Food Stains. We'll guarantee no moth damage if you let us clean your clothes and store them in our vaults"... Beale Street Fish Market was advertising "Steamer Clams, 89 cents a pound and Fresh Eastern Halibut, $5.25"... **Veteran Police Officer Joseph Nichol**, holder of Badge No. 1, retired March 31. Officer Nichol, who served as a police officer since 1942, received a certificate of appreciation from **Mayor Arthur Tobin**. Officer Nichol was a resident of 52 Ratchford St., Houghs Neck... The Board of Directors of the William B. Rice Eventide Home of Quincy announced the election of two new members of the Board. They were: **Mrs. Ruth Dobbie** and **Mrs. Kathryn Losordo**. The Board also elected **Ms. Priscilla Urann** as the Home's Administrator... **Mrs. David B. MacIntosh** was nominated as president of the Quincy City Hospital's Women's Auxiliary. The election was to be held in June... Irish dancing and music was featured at an Irish night held by the Quincy Sons of Italy in honor of St. Patrick. **Joe Sacco** and **John Rossi** were in charge of the arrangements... **Mr.** and **Mrs. George Wardrop** of Quincy announced the engagement of their daughter **Gayle** to **Michael B. Sheehan** of Sullivan, NH. Miss Wardrop was employed by the Patriot Ledger... **Kenneth R. Johnston**, son of **Mr.** and **Mrs. Albert Johnston**, 86 Unity St., West Quincy, was on the Dean's List at Norwich University, VT. Kenneth scored a 3.25 average; he is a 1978 Quincy High School graduate... **Mrs. Shirley Simons**, a staff member from **Sen. Paul Tsongas'** office, was scheduled to hold office hours on Thursday, April 9 at City Hall, to meet with residents and answer questions... **Sheriff Clifford H. Marshall** reappointed **Guy Faiella**, a deputy sheriff, for a six-year term. Faiella was chairman of the Quincy Board of Registrars of Voters. He is a Republican and Marshall is a Democrat... **Dr. Carol Lee Griffin** was selected to be the worship leader at the Houghs Neck Congregational Church at the fifth in a series of Lenten services... **Miss Jane Granstrom**, supervisor of children's services at the Thomas Crane Public Library, was scheduled to be the guest speaker at the Women's Guild of Christ Church. Her topic: "What Your Library Has To Offer"... The new **State Auditor John J. Finnegan** was the guest speaker at the 60th anniversary communion breakfast of the North Quincy Knights of Columbus... **Stanley R. Dennis**, 63 Dewson Rd., Quincy, an associate professor of accounting at Suffolk University, was honored for his long service to Suffolk University. He served with the university for 15 years... **Robert H. Sweeny**, son of **Mr.** and **Mrs. Charles Sweeny**, 49 Ames St., West Quincy, was promoted in the United States Air Force to the rank of Airman First Class.

Readers Forum

West Quincy Slighted Once Again

I feel very strongly that the City Zoning board has made a catastrophically bad decision in approving the 46 Unit Residential Building on the corner of Copeland Street and Furnace Brook Parkway. The decision is not in the best interest of the city and is a definite slight to the people of West Quincy.

I do not for a moment believe the traffic study presented to the city and I would like to point out that the study was done by the developer, not an independent concern. How can a five-story building with 46 units and 102 parking spaces possible not affect traffic?

I am a fourth generation Quincy boy. My great grandfather was a city worker, from West Quincy who was killed in an industrial accident in 1903. My father was a "Necker" born on Lenox Street and my mother's side came from the Point. I know and love this city as have generations of my forbears.

Growing up in West Quincy and living in Wollaston since I got out of the service, I have often felt that West and South Quincy are the orphan children of the city and that Ward 4 is often slighted. I find it difficult to believe that the development approved for the Corner of Furnace Brook and Copeland would be built in a similar neighborhood in Squantum or Merrymount.

I also take issue with Mr. Aikens (who is a fine gentleman and runs an excellent meeting) that the corner of Furnace Brook and Copeland is blighted. It is not.

What is done is done, but we will rue the day that the corner of Furnace Brook and Copeland was destroyed.

John C. Swanson
Wollaston

Important For Students To Feel Welcomed, Included

In the city's public schools, 56 percent of Quincy students are non-White, while only 5 percent of teachers are. In fact, Quincy's school staff is less diverse than every other city of a similar size in Massachusetts (QFTC, 2021).

The lack of equity and inclusion in Quincy Public Schools presents a serious issue as students are being denied their 14th Amendment rights to equal access in places of education. Studies show all students benefit when they have access to teachers of color, but this is especially true for minority children. They have better academic performance, improved graduation rates, and are more likely to attend college when taught by teachers of color (Cook, 2021).

It is important for all to feel welcomed and included when it comes to education. Being able to see reflection of one self in an authority figure further makes one more inclined to want to strive to be successful.

Jayden Alton
Mersadies Compton
Rachel Smith
Eastern Nazarene College students

Advocate For Women's Safety

As active young women currently living in the Quincy community, we write to advocate for the safety of women in our surroundings. Recently, there have been a spur of violence against female runners across the country. As the Boston Marathon is rapidly approaching, more women will be on the road and training for this race. To ensure the safety for these women and all active women in the future, we write to bring awareness to the danger and harassment that women experience while running.

Thank you,

Delaney Walker
Rebecca Frazier
Kenna Cruise

More Readers Forum On Page 15

More Quincy news:
The Quincy Sun.com

Arts & Entertainment

QCA Students Present The Musical 'Annie'

Quincy Catholic Academy presented an outstanding performance of the classic musical, "Annie," on March 23 and 24 to sell-out crowds and standing ovations.

The production, under the direction of QCA Principal, Paul Kelly, featured over 50 students on stage and in stage crew, who worked tirelessly to present a top-notch version of the show. Lead character/actors included Elizabeth Kelly as Annie, Alex Lowery as Daddy Warbucks, Julia Kulakowska as Grace Farrell, Mikayla Gooden as Ms. Hannigan, DJ Desantos as Rooster and Vera Kiiorin as Lilly.

The Orphans brought down the house with choreographer, Cheri Kelly's dances of "Hard Knock Life" and "You're Never Fully Dressed Without A Smile." Kudos to the talented Orphans: Maya McGrath, Montse Alfaro, Emma Paul, Cristina Delaney, Helina Adugna, Jasmone Harewood, Caroline Ronan and Natalie Altayr!

Other noteworthy performances were the Star-To-Be, Brian O'Shea, Drake the butler, Liam Hawker. Bert Healy, Anthony O'Brien, President Roosevelt, Sheldon Catin and Officer Ward, Joaquin Barrows.

The large ensemble shone in some vibrant full cast numbers such as "I Think I'm Gonna Like It Here," "NYC" and, of course, the show's signature song, "Tomorrow." The best news is that the fine arts are alive and well at Quincy Catholic Academy!

47 Students On QCA Second Term Honor Roll

Quincy Catholic Academy lists 47 students on its second term honor roll.

The students are:

HIGH HONORS

Grade 6: Helina Adugna, Desmond Desantos, Keaton Huynh, Jada Lin, Ishan Nyalapatla and Billy Ye.

Grade 7: Tayla Jiang, Aiden Olivero, Soha Shiffas and Summer Wu.

Grade 8: Mikayla Gooden, Jerome Jiang, Elizabeth Kelly, Julia Kulakowska, Alexander Lowery, Laura Tran and Kayla Trinh.

HONORS

Grade 6: Madeline Breen, Landon Cappellano, Cristina Delaney, Yvonne Guo, Vera Killorin, Justin Li, Winnie Shi and Cici Zhu.

Grade 7: Collins Akukwe, Aidan Chan and Jessica Chen.

Grade 8: Natalie Altayr, Joaquin Barros, Sheldon Catin, Jacob Lin and Tyler Olivero.

PRINCIPAL'S LIST

Grade 6: Daniel Flaherty, Nhu Lai, Lucas Lin, Shreya Madhu, Avery Parfait, Emma Paul, Varnia Pierre, Shirley Shi and Ethan Wong.

Grade 7: Milo Medeiros.

Grade 8: Patrick Bryan, Noel Fernandez, Fiona Poschman and Guliana Wilkinson.

Growing Herbs In Containers

By MELINDA MYERS

Keep your favorite herbs within easy reach for cooking and seasoning by growing them in containers. A few pots set by your door and grill or on the patio, deck, or balcony make it easy to include some homegrown flavor.

Start by growing those herbs you like to use for seasoning food and beverages, making pesto, or preserving. Include some with fragrance for a bit of aromatherapy or for your craft projects.

Make sure the plants you select will thrive in the amount of sunlight in the growing space. Most herbs prefer full sun but some like mint, thyme, chives, parsley, and lemon balm will tolerate some shade. A bit of afternoon shade is welcome to many sun-loving plants growing in hotter regions. Check the plant tag or seed packet for detailed planting information.

You can grow individual plants in their own container. Place these among other pots to create an attractive display. Or mix several different herbs in one larger container to create a herb garden in a single pot. Make sure all the herbs will thrive in the same soil moisture and sunlight.

In general, place three or four plants in a 10-12" pot, four to six in a 14-16" container, and six to eight in a 16 to 20" planter. Adjust this number based on the size of the transplants purchased and the mature size and growth habit of the herb selected.

Use a container with drainage holes to provide proper drainage and reduce the risk of root rot. Terra cotta pots dry quickly and are a good choice for those gardening in wetter regions or who tend to overwater. Plastic, fiberglass, and glazed pots don't dry out as quickly. Self-watering pots have water reservoirs to extend the time between watering.

Use a quality potting mix that provides adequate drainage, as most herbs require well-drained soil. Whether planting seeds or plants, you will want to leave space between the top of the potting mix and the container. This allows you to water thoroughly without washing the soil out of the pot. Leave a space about

Cont'd On Page 7

'DOLCE FRESCA' basil growing and thriving in a container in full sun. *Photo courtesy of All-America Selections*

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Social

Quincy Rotary Club Auction May 3

The Rotary Club of Quincy is celebrating its centennial year in 2023 and will showcase a Century of Service at the club's annual auction in the spring.

Quincy Rotary is also planning a Centennial Gala for the fall, and projects throughout the year. For 100 years, Quincy Rotarians have volunteered and raised funds for many local, national and international non-profit organizations.

The Quincy Rotary annual auction will be held Wednesday, May 3rd at 5:30 p.m. at The Neighborhood Club of Quincy featuring a Big Hats, Bow Ties & Bourbon theme. Individual tickets are available for $50. Table hosts at the sponsor levels of silver and above will receive ten tickets, a "horse" to name, and can select a charity to receive a portion of the winnings.

The club is collecting donations for the silent and live auctions. Jim Fagan will emcee the event.

In 2022, Quincy Rotary contributed $50,000 to scholarships, local charities and international service projects which make the community and the world a better place. The club partners with so many but some of its member favorites include:

- Contributing over $1 million in college scholarships for Quincy students
- Collecting clothing and essential items for at-risk, housing insecure students
- Reading and distributing Josh the Otter Water Safety & Awareness book in elementary schools
- Serving meals and hosting bingo bringing joy and fellowship to seniors
- Sponsoring Wreaths Across America, sending care packages to service members, and cards for Veterans.
- International service project for the Friends of Thai Daughters Sunflower Organic Farm which helps prevent child trafficking through education, shelter, and love. Partnership with the Maechan Rotary in Chiang Rai, Thailand

The Rotary motto is Service above Self, and in addition to funds, many of our members provide service to the beneficiary organizations. The club's goal for its 100th year is ambitious as Quincy Rotarians hope to raise $100,000 in support of education, local charities, and international projects. Proceeds benefit The Rotary Club of Quincy Charitable Foundation, Inc. is a 501(c)3 nonprofit organization. EIN# 45-4638586.

Items for auction can be delivered to: Bay State Property Management, c/o Duke Whitney, 265 Willard St., West Quincy; Caryn's Corner, c/o Caryn Smith, 133 Beach St., Wollaston; Di Pesa & Company CPA's c/o Dolly Di Pesa, 500 Victory Rd., Marina Bay or mail to Margaret Laforest, 236 Rock Island Rd., Quincy, MA 02169

For more information, visit QuincyRotary.com; contact Chairperson Margaret Laforest at 617-224-2974 or MLrotaryquincyma@gmail.com or any of the committee members:

Angela Ponte, Caryn Smith, Dolly Di Pesa, Duke Whitney, Frank Trainor, Helen Shiner, Janet Batson, Jenn Ormond, Jim Fagan, John Pasciucco, Mike Wilcox, Patrick McDermott, Walter Hubley and Wendy Simmons.

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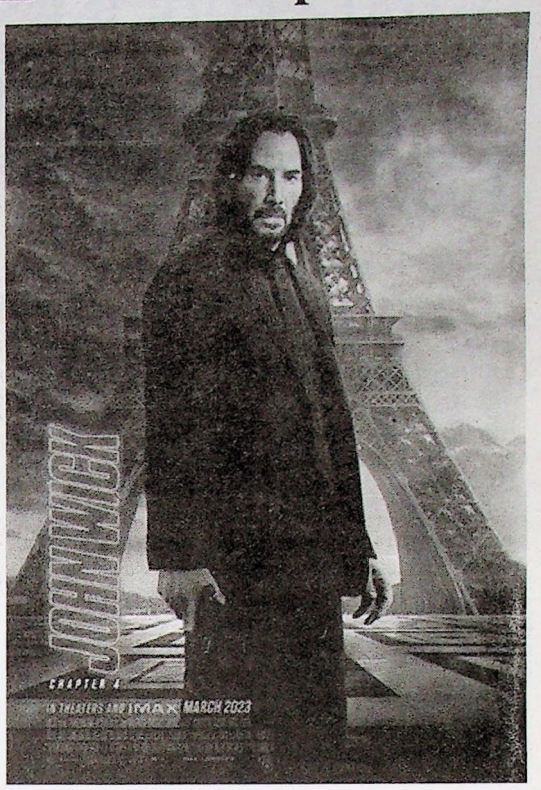
Movie Review: 'John Wick: Chapter 4'

By BOB GARVER

There's something about a fourth movie in a series that tends to be dangerous for a franchise's legacy. "Batman and Robin" led to the Caped Crusader being taken off the big screen for eight years. "Terminator: Salvation" is better remembered for its miserable production than anything in the finished film. "Indiana Jones and the Kingdom of the Crystal Skull" was widely seen as a severe disservice to the iconic character. Even the Oscar-winning "Toy Story 4" was criticized for not leaving a perfectly good trilogy alone. Yes, "Mad Max: Fury Road" was a rousing success, though fans seemed to care very little about the "continuation" aspects of the movie.

"John Wick: Chapter 4" didn't have a 30-year gap to make sure things were just right. It only had, fittingly, four years, and they were affected by the pandemic. What I'm saying is that it's no surprise that the new movie is the worst of the series. Now that's only a relative "worst," I still recommend the movie overall. But I can't help but see this movie as a misstep in a franchise that hadn't made many mistakes up to this point.

The film sees the revered title assassin (Keanu Reeves) at war with the mysterious overlords known as the High Table. He killed an off-limits enemy way back in Chapter 2, and the High Table wants him killed as a consequence, but he's not having it, and tensions and body counts have only escalated since. A high-ranking Table member known as the Marquis de Gramont (Bill Skarsgård) is tasked with handling the situation, and he starts by handing down consequences to Wick's allies Winston (Ian McShane) and Charon (the late Lance Reddick). I would have been unhappy with Charon's fate even if Reddick hadn't recently died, and now it frankly seems downright disrespectful.



Wick knows that the High Table will kill anyone that helps him, so naturally he goes to Osaka and endangers old friend Koji (Hiroyuki Sanada). A shootout ensues, in which Wick finds out that another old friend, a blind assassin named Caine (Donnie Yen) is working for the High Table, but only because they'll kill his daughter if he doesn't. He also meets an anonymous "tracker" (Shamier Anderson) who is so greedy that he's willing to help keep Wick alive until the Marquis raises the bounty on his head to a more lucrative amount, then he'll kill him.

The Marquis is right to be nervous. High Table rules state that Wick can win his freedom if he can kill the Marquis in a one-on-one duel. There's a whole sidetrip where Wick has to be accepted into a family of assassins and get revenge on sleazy crime boss Killa Harkan (Scott Adkins) in order to qualify, but the duel in Paris is destined to happen. There's just the matter of Wick needing to live until the appointed dueling time of sunrise. To make it, he'll have to survive a citywide shootout against anyone that wants to collect the bounty. Cue a seemingly hour-long sequence of Wick in shootouts in the middle of traffic at the Arc de Triomphe, at an abandoned building with wondrous overhead camerawork, and on a steep staircase outside Sacré-Cœur. And all John has is a bulletproof suit and a gun provided by his friend The Bowery King (Laurence Fishburne) that also serves as a flamethrower.

The third act saves "John Wick: Chapter 4" by the skin of its teeth. Until then, the film is plagued by baffling character decisions, insufficient exposition (like, why does the High Table use extortion on Caine when they're otherwise happy to pay people for their services?), and poor pacing. But once those gun-kata action scenes start up, I just can't stay mad at this movie. If this marks the end of the "John Wick" series, then I can say the franchise never had a "bad" installment. I just have to put a nervous emphasis on "bad" so as not to give "Chapter 4" undue praise.

Grade: B-

"John Wick: Chapter 4" is rated R for pervasive strong violence and some language. Its running time is 169 minutes.

Growing Herbs In Containers

Cont'd From Page 6

half an inch in small planters and an inch or more between the top of the pot and potting mix in larger containers.

Water new plantings and seedlings often enough to keep the soil slightly moist. Gradually reduce frequency and water thoroughly when the top inch of soil is crumbly and dry. Check containers once a day and more often in extremely hot weather. Water thoroughly as needed.

Reduce watering and increase success by incorporating Wild Valley Farms' wool pellets (wildvalleyfarms.com) into the planting mix. This sustainable soil amendment reduces watering by up to 25% and adds air space for better plant growth.

Harvest a few leaves and stems as needed throughout the growing season. Regular harvesting encourages more growth for future harvests. Herbs have the most intense flavor when harvested just before flowering. You can remove even more when large amounts of herbs are needed for preserving and craft projects. Cut annual herbs back by 50 to 75% and perennial herbs by one-third at one time. The plants will recover for future harvests.

Make room for some herb-filled containers to enjoy this summer. They make great additions to outdoor gatherings for you and your guests to enjoy their beauty, fragrance, and flavor.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and was commissioned by Wild Valley Farms for her expertise to write this article. Myers' website is www.MelindaMyers.com.

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WHAT'S COOKING
with
Marie & Suzie
By MARIE D'OLIMPIO and SUZIE FALCO

Crustless Chicken Pot Pie

By MARIE

Today's recipe is for a delicious chicken pot pie that I had over my daughter Nancy and Jed's house. Instead of the usual pie crust topping she used biscuits that were so flaky and delicious I wanted to share it with all of you. When you use these biscuits that are in the freezer you can take off as many layers that you want and make the topping as thin or thick as you want it.

Recipe

3 cups cooked cut up chicken
2 1/2 tablespoons of butter
2 1/2 tablespoons of flour
3 cups of milk
1 package of frozen mixed vegetables (preferably carrots and peas unthawed)
1 package of Pillsbury flaky biscuits.

In a medium pan melt the butter and add the flour mixing until it forms a roux.

Slowly add the milk and cook until thickened.

Now add chicken and the frozen mixed vegetables (unthawed) and stir until well blended.

Place in a slightly greased 9 x 9 casserole dish.

Place flaky biscuits as thick or thin as you want them all around the casserole dish until the entire top is covered.

Bake in a 350-degree oven until the top is golden brown. It does not take long, just about 20 minutes because the chicken is already cooked.

Golden Milk

By SUZIE

Ever hear of Golden Milk?

Golden milk may seem trendy, but it has a long rich tradition dating back thousands of years, within the ancient branch of medicine in India known as Ayurveda, it is considered a medicinal "tonic" that nourishes the body and mind, as well as tasting delicious. It is known to help support the nervous system, as well as reduce inflammation in the body and help to achieve a better night's sleep.

The recipe can be customized (I add cardamom and extra cinnamon). Moms in India give it to children to soothe them and adults use at night still according to tradition.

Making Golden Milk from scratch only takes about 15 minutes and can be customized according to taste. Adding black pepper aids in the absorption of the curcumin so it is important to add some in, as recipe states.

Recipe

2 cups milk of choice (I use nut milk since I do not consume dairy milk, whole organic grass fed milk is best if you use dairy, otherwise there are a variety of milks, cashew, almond, macadamia nut, coconut, flax, or hemp)
1 tsp turmeric
1/2 tsp cinnamon
Pinch of black pepper (increases absorption)
1/4 tsp ginger powder
1 tsp or more of raw honey
½ tsp cardamom (optional)
1 tsp virgin coconut oil or ghee (optional)

Whisk all ingredients except for the honey in small saucepan until almost boiling.

Then stir in the honey while in mug.

Drink immediately.

Lamb and Bean Soup

By MARIE

Today's recipe for a lamb and bean soup is as easy as it is tasty. My daughter, Nancy, has made this lamb soup often and it is so delicious and the flavor from the lamb makes it very different from other soups.

Most of the time supermarkets have pieces of lamb in packages and she used lamb with the bone in.

Recipe

2 or 3 pieces of lamb (about a pound)
2 quarts of water or stock
1 tbsp. of "Better than Bouillon" (but if you use stock, you don't need bouillon)
1 small onion, cut up
1 bag of Bob's Red Mill Vegi Bean Soup Mix – has all sorts of vegetables in it.
2 tbsp. of oil
Salt and pepper to taste

Sauté the lamb in hot oil until browned on both sides.

Remove from the pan and set aside.

Empty the pan and then sauté the onions then add water or stock.

Add the bag of Vegi Bean Soup Mix which has assorted vegetables and barley.

Place lamb back in the pan, cover and simmer for 2 hours.

This is both tasty and delicious and the meat falls right off of the bone.

Busy Month Of Rides, Events For Quincycles In April

Quincycles will be rolling into its 11th year this April with a busy month of rides and events.

Starting on April 3, the group will be leading Monday evening rides around Quincy and neighboring communities. These rides will vary in length and hilliness switching between relaxed rides and more challenging routes.

Visit the group's website for details about the route for each week. The rides are free and open to the public.

Participants are requested to arrive 15 minutes prior to the start time of 6 p.m. at the Coddington Building, 34 Coddington St. Be sure to be prepared for the ride with lights and bright clothing.

Bicycle groups from around the Neponset River watershed will be joining Quincycles for a ride and bike party at Break Rock Brewing in Marina Bay the afternoon of Saturday, April 8. This ride is free and open to the public.

Participants are invited to join Quincycles at Hancock Adams Common outside City Hall 15 minutes prior to the 1:30 p.m. ride to Marina Bay via Milton, Mattapan, and the Neponset Greenway. All food and beverage purchases are the responsibility of individual riders.

On Saturday April 15, Quincycles volunteers will be at the Central Middle School parking lot from 1-4 p.m. for a Get Ready to Ride Pop-Up Bike Maintenance event.

Do you have a flat tire? Squeaky brakes? Creaky chain? Bring your bike and your willingness to learn and volunteers will help you fix your bike.

The volunteers are knowledgeable, but not professional mechanics. They cannot assist with major repairs and will refer you to a local bike shop if the issue is beyond their ability. A Safe Routes to School representative will be demonstrating helmet fit and secure locking techniques.

This event is first come first served with a few guaranteed spots available through the Eventbrite link on the group's website.

This year the group will be hosting a short Bike Basics class before a relaxed, leisurely ride around various Quincy neighborhoods on the last Saturday of the month from April to September. This month's class will cover tire maintenance and flat repair. The ride will be through Merrymount and Houghs Neck.

These casual, outside classes are free and open to the public. Participants are welcome to meet up at Merrymount School at 9 a.m. on Saturday, April 29 and are welcome to stay after the ride for post-ride camaraderie and the opportunity to ask your additional bike questions. Other topics for the season will include brakes, drive train maintenance, gears and road riding skills.

Quincycles is a group of Quincy residents advocating for bicycle infrastructure on our city streets and promoting responsible bicycling as a means of transportation, recreation, and exercise in Quincy. More information about the group, these events, and more can be found on their website at www.Quincycles.org

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"Rock Solid Security"

Social Security Matters

Why Should A Non-Working Spouse Be Entitled To Social Security Benefits?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: Why can a non-working spouse claim half of their working spouse's benefit even though they have not contributed to the Social Security system? This doesn't seem right or fair to those of us who have contributed for years from our paychecks. **Signed:** ***Inquisitive***

Dear Inquisitive: This is a question which needs a bit of historical background to properly explain: Social Security's original purpose when it was enacted in 1935 was to prevent America's seniors from living in poverty (remember, Social Security was enacted during the "Great Depression"). Even before the first Social Security check was sent to a retired worker in 1940, Congress had already changed the original Social Security law to, as well, provide anti-poverty benefits to non-working spouses of a worker (a predominant family reality at that time) and surviving spouses, as well as to their minor children. Social Security's fundamental goal has always been to lift eligible Americans out of poverty, which it still does very effectively.

It's important to note that this change did not (and does not) detract in any way from the benefits provided to those who work and contribute to Social Security thus earning their own SS retirement benefit. In other words, those who receive their personally earned SS retirement benefit are not at all penalized if their non-working spouse also receives a benefit (albeit a considerably smaller amount) on the worker's record. Living expenses for two people are, simply, higher than for one, which was/is the rationale for also paying benefits to a dependent not eligible for Social Security benefits on their own work record. In the end, it all comes down to avoiding poverty.

Although the numbers vary somewhat by state, gender, and ethnicity, without Social Security about 38% of all Americans over age 65 would be living below the poverty line, whereas with Social Security only about 9% of Americans over 65 live below the poverty line. But that 9% number would be significantly higher if non-working spouses and survivors of eligible workers were also not entitled to Social Security benefits.

While it is true that Social Security is facing future solvency issues, the thought of restricting benefits to only those who have worked and contributed to the program (and not to their non-working spouses or minor children) is not something being considered by anyone with Congressional influence, regardless of political affiliation. Doing so would be devastating to a large segment of the American population, severely increasing poverty – the very thing that Social Security is designed to prevent.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.

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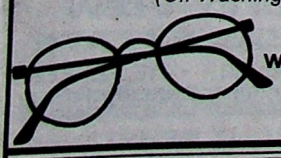
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Spring Clean Your Mind & Declutter Your Life

MONTHLY MINDFULNESS

By Lori Scott, E-RYT 500
OWNER OF LORI SCOTT YOGA & WELLNESS

By LORI SCOTT

The sun is emerging, the birds are singing, the earth is blooming and just like that, our world presents a beautiful fresh new start to begin again.

This rejuvenation is often commemorated by the act of spring cleaning and decluttering. Why? Because your body receives nature's messages of rebirth and it too wants to release stored heaviness from the winter and explore new things. There is an internal garden of renewal and enthusiasm for a fresh new start to begin again. Spring cleaning isn't just for your closets, your mind and body need a refresh and decluttering too!

Clutter is defined as 'a collection of things in an untidy state, especially things that are not useful or necessary.' Eventually, clutter in your environment bombards your mind with excessive visual stimuli, causing your senses to work overtime on things that aren't necessary or important. It may be easy to identify the clutter in your home. In which case, a little spring cleaning and purging of unwanted items can feel so freeing to your senses.

On the other hand, the clutter in our personal lives isn't so easy to recognize. Remember, clutter is a collection of things that are not useful or necessary. It could mean too many meetings in your calendar, tasks on your 'to do' list, commitments, emails, thoughts, people, etc. When our lives become cluttered, we become weighted down.

To fully welcome the airiness of spring, you might consider letting go of some things in your life that are stagnant. Think of your closet filling up with new clothes and never getting rid of the old. Eventually, you wouldn't be able to close the closet door.

Our energy field or personal space is just like the closet except instead of clothes, it contains the information from our life. If we don't declutter the energy or space around us, we create repeat patterns that can lead to repeat suffering.

You may be familiar with The KonMari Method™ which encourages tidying around your home by category – with clothes, books, miscellaneous and sentimental items. The idea is to keep only the things that speak to the heart, and discard items that no longer spark joy. What if we used this same mindset in our personal lives?

Here are some ways that I am welcoming this new season of awakening…

Simplify and Connect. Take a break and fast from talking, working, reading/watching the news, any number of things that occupy your awareness. Then, get outside in the fresh air, in the breeze. Really breathe it in. Reconnect with nature's messages to begin again and allow this simplicity to nourish you.

Let the Light IN. Open the shades and windows in your home to circulate fresh air and let the sunshine in. You might consider moving furniture in your environment so the space doesn't feel stagnant. Find spaciousness so you can have some breathing room. Then, pick a small section of your space to organize each week this month. Studies show that living in a clutter-free space can help you be more calm and productive. Keep the windows and doors open to all possibilities.

Practice Meditation. Your mind needs cleansing just as much as we need showering, cleaning, and washing clothes. While we wouldn't consider eating dinner on yesterday's dirty dishes, we think nothing of tackling our problems with yesterday's cluttered mind. Sit in a relaxed position and take 5 minutes of your day to take a few deep breaths. This quiet time helps the cluttered mind transform everyday thoughts into a positive and more productive mindset.

Start Journaling. Keeping a journal is a form of relaxing the mind and organizing your thoughts. Writing in a journal can help you manage stress by expressing and releasing bottled-up emotions. It's a great way to tackle the clutter in your mind.

Take Stock. Think of the Marie Kondo method and tidy each category of your life by asking these questions: Does my home speak to my heart? Do my daily activities speak to my heart? Does my work speak to my heart? Do the things I read or watch speak to my heart? Do my relationships speak to my heart? Notice who is walking your path with you and weed out the relationships you have outgrown. Surround yourself with people and activities that encourage your growth.

Have Some Fun. Take time to unplug, unwind, recharge and have fun! Distractions like phones, laptops, emails, texting and social media clutter the mind. Give your brain a break from processing information and do something enjoyable.

Begin looking at how each activity and each part of your life makes you feel. Then, start clearing out the stagnant energy so you have more space for the things that bring you joy.

Author Gary Zukav says, "The spring wakes us, nurtures us and revitalizes us. How often does your spring come? If you are a prisoner of the calendar, it comes once a year. If you are creating authentic power, it comes frequently."

Imagine a life where you could feel a spring awakening all year long. Now, there's a thought!

Lori is an experienced 500 hour Certified Yoga Teacher with Yoga Alliance, Owner of Lori Scott Yoga & Wellness studio, Founder & Director of her Registered Yoga School (RYS 200) and a Yoga Alliance Continuing Education Provider. Lori specializes in certification programs, 200 hour Yoga Teacher Trainings and facilitating Meditation and Stress Management classes for local corporations.

In addition to teaching yoga, meditation, wellness classes & workshops, Lori is a trained Trauma-Conscious Yoga Teacher offering free yoga to Service Members, Veterans & First Responders. Lori also holds certifications in Clinically-Informed Restorative Yoga, Kids Yoga, Seniors Yoga, Chair Yoga, Balanced Athlete® and Barre. Lori is mostly known in the community for teaching her signature Beach Yoga classes.

Lori Scott Yoga & Wellness is located at 645 Hancock Street in Wollaston. www.loriscottyoga.com.

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Real Estate

Quincy Real Estate Transactions March 27 - March 31

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Ping T. & Yunfan W. Tsui	Andry Sutanto	$640,000.00	40 Greenleaf Street Unit 403
Rozsi Kovacs	149 Quincy Street LLC	$630,000.00	2 South Central Terrace
John Z. & Courtney A. Ready	Eric S. & Susan Vinitsky	$549,000.00	317 Elmwood Avenue
Richard L. & Lacey M. Myren	Kenneth & Barbara Thomson	$675,000.00	2 Cliveden Street
Man L. Li & Shu H. Liu	Liping Li	$550,000.00	61 Centre Street
Ilir & Alda Marko	Yong Q Lin & Yan X. Chen	$488,000.00	100 Cove Way Unit 910
Ju X. Chen & Shu B. Mei	Joyce & Kelly Jiang	$560,000.00	1 Odom Street
Kun Fu & Chloe Situ	Shinan Liu	$425,000.00	200 Cove Way Unit 614
Colleen M. Murphy	Shanhu Qin	$422,000.00	200 Cove Way Unit 114
Yang Chung	Thoai N. Le & Qianxiang Ai	$570,000.00	169 Sea Street Unit 4
Eva Wong	Tsui P. Yun & Ricky Soohoo	$300,000.00	10-12 Parmenter Place
Brian & Wei R. Campbell	Kevin B. & Janice M. Lo	$280,000.00	45 Oval Road Unit 48
Clivendon Realty LLC	Chunhui Guo & Xiang Y. Ding	$658,000.00	2-18 Cliveden Street Unit 502W
Newbury 60 LLC	Renaissance International Ventures LLC	$800,000.00	60 Newbury Street Unit 10
Neponset Bay Realty LLC	Elizabeth Stellati	$672,000.00	85-105 Myrtle Street Unit 204
Jiazhen Zhou	Dahui Wang	$788,000.00	19 Tilden Commons Drive Unit 9-6
Peter V. & Philip McKenna	Yi De Zhu	$363,000.00	21 Linden Street Unit 212
RQPS Nominee Realty Trust	Dinantay Realty Trust	$615,000.00	1001 Marina Drive Unit 704E
John D., Rosanna M., Frank E. & Jospeh P. Doherty, Mary L. Antonius, Kathleen D. Spring & Ruth E. Doran	Elena McCarthy & Neil Johnson	$669,000.00	25 Pratt Road
Joseph Collins & Shannon McGovern	Molly F. McKinnon	$486,000.00	15 Kilby Street
Kaleigh McMurray	Daniel R. & Margaret E. Tobin	$830,000.00	44 Virginia Road
Brenda Coughlin	Kofi Johnson & Bethany Delcuze	$860,000.00	44 Lincoln Avenue
Jocelyn Johnston	Yuanfeng Huang	$600,000.00	101 Sims Road
ClaudiA Dybdahl	Dulashani R. Weerakkodige & Eranga R. Balasooriyage	$417,500.00	22 Roosevelt Road Unit 3
Yi H. Ma & Hui Zhang	Ardian Papuciu	$325,000.00	123 Elm Street Unit B7
Shoumik K. Ghosh & Banti Bardhan	Carlos & Auzenda Oliveira	$397,000.00	100 Cove Way Unit 102
Minh Billings LLC	Zhimingyuan Liu	$760,000.00	62 Billings Street
Donna M. Serino	Jiannong Yin & Yongmei Xu	$335,000.00	211 West Street Unit 9B
Neponset Bay Realty LLC	Zhaorong Li & Murong Cui	$655,000.00	85-105 Myrtle Street Unit 207
Anna Alongi	Thanh & An Nguyen & Nguyet Pham	$375,000.00	115 South Walnut Street
Neponset Bay Realty LLC	Peian Zhang	$775,000.00	85-105 Myrtle Street Unit 102
Neponset Bay Realty LLC	Lan Ma & Shichun Tao	$710,000.00	85-105 Myrtle Street Unit 301
Eileen C. Chase	Mauricio Mondragon & Rosa H. Bermudez	$435,000.00	693 Sea Street
Neponset Bay Realty LLC	Li Y. Huang	$720,000.00	85-105 Myrtle Street Unit 303
Neponset Bay Realty LLC	Jon & Mary Y. Nguyen	$730,000.00	85-105 Myrtle Street Unit 309
Neponset Bay Realty LLC	Zhiyi Yuan & Zhang Wang	$650,000.00	85-105 Myrtle Street Unit 118

O'Donnell Reminds Homeowners Importance Of Filing Mortgage Discharges

Norfolk County Register of Deeds William P. O'Donnell is reminding consumers about the importance of filing a mortgage discharge in a timely manner after their mortgage has been paid off.

"As consumers, we all need to borrow money. There are many reasons why consumers borrow money—to purchase a house, to make home improvements, or to help pay for the ever-increasing tuition payments of our children. The borrowing of money involving real estate leads to a mortgage being recorded against the title of that real estate," O'Donnell said.

In calendar year 2022, there were over 130,000 documents recorded at the Norfolk Registry of Deeds, and of that number, more than 23,200 were mortgages, nearly 20 percent of all documents recorded in 2022.

To clear a homeowner's property title when a mortgage has been paid off, a mortgage discharge document needs to be recorded with the Registry of Deeds. A discharge is a document (typically one or two pages) issued by the lender, usually with a title such as "Discharge of Mortgage" or "Satisfaction of Mortgage."

"As a consumer, you want to make sure a discharge has been recorded at the Registry of Deeds, which tells the world that that mortgage has been paid off," O'Donnell said.

In some instances, mortgage discharges are filed directly by banks or settlement closing attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other cases, the mortgage discharge is sent to the property owner, who then becomes responsible for making sure the document is recorded.

"Whether or not the mortgage discharge is recorded by the lending institution or the individual property owner, it is imperative that the property owner makes sure all necessary documents have been recorded at the Registry of Deeds," O'Donnell said.

Individuals with property recorded at the Norfolk County Registry of Deeds can check their title and make sure all their mortgages have been properly discharged using the Registry's online records at www.norfolkdeeds.org. By going to the Online Research section of the Norfolk County Registry of Deeds website, property owners can verify that all mortgages associated with the property have been discharged.

"Please remember that not having a mortgage discharged will result in a title issue and thereby impact the process of selling one's home," O'Donnell said.

Cont'd On Page 22

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School Offerings More Culturally Diverse Food Items

By SCOTT JACKSON

The Quincy Public Schools are able to provide a more diverse menu this year with the assistance of a grant from Project Bread.

"The biggest thing they've really brought to us is helping us create more culturally diverse menu options for our very diverse community," said Sara Dufour, the district's director of school nutrition.

"Our staff and ourselves, we might not eat this at home, but our children, they're eating it at home. To see it reflected on their menu is not only connecting them with us but also showing them that we're listening to them – we know what they like at home and we're including them in our menu planning."

Dufour on March 22 provided the School Committee with an update on the school nutrition program; she was joined by Jane Minton, the assistant director of school nutrition. As part of the presentation, they gave the school board a sampling of the new offerings, including shawarma chicken with pita bread on the side, salt and pepper chicken on a bulkie roll, farro and cucumber salad, and blueberry bread pudding made from croissants.

"Each thing is approved by the USDA for its fat content, whole grain content, zero trans-fat, the vegetables that are required to be served and low sugar," Dufour said.

Project Bread selected the school district for a fellowship grant program, a two-year initiative that started in September, Dufour said. As part of the program, Project Bread provides the district with a pair of trained chefs who help train food service workers across the school system.

"The USDA requires us to have a certain amount of professional development training, both Jane and I and the staff themselves," Dufour said. "Project Bread has been able to give us a ton of training from chef culinary skills, knife skills, to sanitation, to recipe development."

The biggest contribution the chefs have provided is adding the culturally diverse food items, Dufour said. Students like the new offerings, she added; one of the chefs visited the Lincoln-Hancock Elementary School to show the students shawarma chicken, for example.

"He did a tasting of the shawarma chicken and the kids loved it. They were super excited. They said they eat it at home, their parents make it," Dufour said. "He got the kids excited and sharing when they tried it."

For Chinese New Year this year, Dufour said the district was able to offer salt and pepper chicken, mandarin chicken, and vegetarian dumplings. The schools have also been sampling adobo chicken from the Philippines and banh mi from Vietnam, she said, and a former employee of Webster's Eatery, a now-closed Lebanese restaurant, works for the school district and has made items like tabbouleh for her school's salad bar.

The district has also added more plant-based protein, Dufour said, based on feedback from students. Those include tofu, black-bean patties, and vegetarian nuggets, which have been popular in the elementary schools.

"They loved it and they don't really taste the difference," Dufour said. "It's just another opportunity to teach them there are things you can try and things you can eat that doesn't necessarily have to be an animal protein for you to have a delicious meal."

Despite the additions to the menu, the school district continues to offer more traditional school lunch items, like pizza and meatball subs, Dufour added later in the meeting.

The school district has been allowed to provide meals to all students for free this academic year, as it did the prior two years. Dufour was optimistic the district would be able to do so again next year because Gov. Maura Healey has proposed funding the universal school meal program for another year.

"We sit before you again not knowing what '23-'24 will bring," Dufour said. "I know the governor has talked about it and supports a universal free meal program, at least for another year, and then beyond that I don't know.

"We would love for that to happen. It's looking like it might happen. The fact that it's even a conversation now is a really good sign. That's our goal – we really hope to continue this."

The universal meal program has benefits for the district, students and parents alike, Dufour said. The school district serves more meals and gets more revenue – that revenue is being used on capital improvements in cafeterias throughout the city. For students, there is no stigma associated with being someone who receives free meals, it increases participation, and students are not faced with unpaid meal debt at the end of the year. For parents, it makes each morning easier because they don't have to worry about finding money to pay for meals or preparing a meal for their student at home.

If the universal lunch program is not continued for another year, Dufour said all students at six of the city's schools – Lincoln-Hancock, Snug Harbor, Parker and Marshall elementary schools and the Point Webster and South-West middle schools – would continue to continue to eat for free through a separate federal program that is based upon student demographics.

The school district has also introduced share tables this year. Dufour said the students are required to take a full meal – including a protein, a grain and a fruit or vegetable – regardless of whether or not they will eat each item, and the share table allows students to leave unwanted food for others to take instead of discarding those items.

Committee member Emily Lebo, who has been present at Quincy High School at it rolls out a food waste diversion program, said the share tables have been a success.

"At first, the kids didn't really know what was going on…but now if they have something in their hand and they walk by the share table and they think they'd rather have the celery than the carrots, they just put their carrots there, pick up the celery and go on their way," she said. "It is amazing to see there is no stigma attached to it at all."

Committee member Kathryn Hubley said she was glad to see the share tables in the schools.

"I'm so happy to hear the share tables are able to be there. That is great," she said. "That was on the subcommittee years ago and we had to take it off and I'm glad it is able to be there now."

Committee member Douglas Gutro said he was blown away by the items the schools are offering to students.

"I've lost 20 pounds since May and what I've learned is nutrition matters. I've been religiously going to the gym all the time, but nutrition matters," Gutro said. "So, I'm blown away first of all by the diversity of the options that you all offer and the nutritional options and the creativity that continues to come from both of you and your staff, which is super exciting."

New Pavilion, Benches, Tables Coming To Quincy Point Beaches

The beaches in Quincy Point will see a makeover later this year. The Ward 2 Civic Association was awarded funds in both the fiscal year 2022 and FY 2023 state budgets.

With the funds, W2CA recently purchased a 12 by 18-foot steel metal shelter for Mound Street Beach. The structure will likely be placed on a concrete slab with picnic tables and seating underneath. At least one of the tables will be ADA/wheelchair accessible. The "pavilion" will be installed by the Parks Department under the direction of Commissioner Dave Murphy and Mike Cassanelli, who have both been instrumental thus far in the planning process.

Richard Ash of the Ward 2 Civic Association met with Commissioner Murphy last year to discuss what could be done with the funds that would enhance the neighborhood. Given the uptick in traffic at both Mound Street and Avalon Beach over the last couple of years, everyone was in agreement that the funds should be used to enhance them.

"The other recommendation we got from a lot of the community was for a new playground/recess area at Point Webster, which of course was already in the works thanks to Speaker Mariano," Richard said. "This pavilion-like structure is going to be great. Think of a smaller, newer version of the covered area that currently exists at Pageant Field. Not sure how many tables we will be able to fit under it, but if there is demand maybe we will get a system going for people to reserve it."

Both Mound Street and Avalon Beach will also get new tables and benches once FY 2023's funds come in. In the interim, the Parks Department recently took out the existing table at Mound Street and is in the process of repairing the benches. Further enhancements to the Fore River area include a potential gate to the handicapped-accessible playground. Hopefully, it will keep the children from running out of the area while also maintaining its historical accessibility.

"Now that the fireplace room is open for events at the Fore River Clubhouse – we are helping out with the Multicultural Fair there next month – I am excited to create even more of an environment that will make families want to come and enjoy the area," Richard said.

The Ward 2 Civic Association thanks the state delegation for including Quincy's oldest neighborhood association in the budget the last two years.

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Easter crafts and décor have arrived!
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A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

On Thursday, March 30, Officer Cameron Smith and Officer John Leuchte were working a day shift.

At approximately 11:30 a.m., they responded to Central Middle School on Hancock Street for a report of a stolen bicycle. School Resource Officer Brian Mahoney was in the front hallway, when the school secretary told him a male had just cut the lock off of a bicycle outside and stole it.

SRO Mahoney exited the school and told the suspect to stop. At this time SRO Mahoney radioed QPD communications to report the theft. Sergeant Jamie Greene was off duty, happened to be in the area and was on the telephone with Detective Lieutenant Michael Duran. Hearing SRO Mahoney's broadcast, with clarification from D/LT Duran, SGT Greene observed the male suspect near the National Guard Armory on Hancock Street. The suspect initially refused to stop, dumped the bicycle but was later detained a short distance away near Butler Road.

The suspect was taken into custody and turned over to Officers Smith and Leuchte. He was transported to Quincy Police headquarters for booking and charged with MGL 266/49/B possession of burglarious tools and MGL 266/30 larceny over $1,200.

Quick communication, team work and timing led to an arrest and the bicycle being recovered.

Excellent job by all involved!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, MARCH 24

LARCENY (cell phone), 9:44 a.m., 20 block of Temple Street. Taken by female friend. Report filed.

BREAKING AND ENTERING/PAST, 10:22 a.m., 100 block of Federal Avenue. Tall white male, in regular dress clothes, khaki pants, came into reporting party's apartment yesterday. Report filed.

LARCENTY (past/ATM), 11:21 a.m., Eastern Bank, 63 Franklin St. Reporting party states that someone damaged the ATM machine and used a card to get money. Have all the videos incident happened March 19 at 11:54 p.m. ATM was broken into and large amount of money was taken. Report to be filed.

VANDALISM/PROPERTY (purple Nissan Rogue), 11:33 a.m., Star Market, 130 Granite St. Damage is egged truck, keyed down the driver's side, passenger side front tire is stratched. Male was trying to possibly puncture tire. Possibly by unknown male 70 years old. Was parked in the lot. Report to be filed.

BREAKING AND ENTERING/ATTEMPT (open window), 3:28 p.m., 60 block of Trafford Street. Reporting party came back home and found window and screen opened. Language barrier. Report to be filed.

LARCENY (credit card), 5:40 p.m., 40 block of Appleton Street. Caller said someone stole her credit card from her home. Case number provided.

SATURDAY, MARCH 25

No journal entries.

SUNDAY, MARCH 26

No journal entries.

MONDAY, MARCH 27

LARCENY/MOTOR VEHICLE, 6:46 a.m., 160 block of Glendale Road. Reporting party states that she went to leave and her vehicle was not there. Reporting party could not remember the last time she saw the vehicle. Stolen motor vehicle form filled out and report to be filed.

VANDALISM/PROPERTY (tagging), 9:23 a.m.. Pond Street Playground, 50 Pond St. DPW and Parks Department notified to remove.

VANDALISM/PROPERTY (graffiti), 10:27 a.m., 540 block of Washington Street. Sprayed on the side of building. Report to be filed.

LARCENY (past), 10:53 a.m., Bauer House, 314 Water St. Reporting party stated package was stolen on March 25 at 9:30 p.m. from the lobby. Reporting party given a case number and report to be filed.

VANDALISM/PROPERTY (past/front door), 12:41 p.m., 130 block of Commander Shea Boulevard. Reporting party stated his brother damaged his front door. Report to be filed.

TUESDAY, MARCH 28

No journal entries.

WEDNESDAY, MARCH 29

VANDALISM/PROPERTY (back window smashed), 9:37 a.m., 900 block of Southern Artery. Case number given. No cameras in the area.

LARCENY (over $1,200), 6:09 p.m., 40 block of Cushing Street. Caller at above location states landlord changed locks and stole money from him. All advised. Report to be filed.

THURSDAY, MARCH 30

LARCENY (keys/past), 9:32 a.m., Faxon Commons, Southern Artery. Reporting party in the QPD lobby stated someone took her car keys and apartment keys. Report filed.

LARCENY (past), 11:39 a.m., Public Storage, 671 Washington St. Reporting party in the office. Larceny from drawer and employee's purse. Report to be filed.

Partnership Workforce Training To Justice-Involved Individuals

Norfolk County Sheriff's Office, Massasoit Community College

Norfolk County Sheriff Patrick McDermott announces his office has signed an agreement with Massasoit Community College to provide OSHA-10 training courses to justice-involved individuals as part of his office's workforce programming offerings.

"Rehabilitation starts the moment someone walks into the House of Correction, and encompasses everything from job readiness training to self-help programming," said Sheriff McDermott. "This new partnership with Massasoit Community College gives our justice-involved individuals another tool to turn their lives around and keep them turned around when they leave our facility."

The first OSHA-10 training program began Monday, April 3 and runs through the end of June. Two groups of justice-involved students will take the curriculum simultaneously, culminating in the awarding of OSHA-10 Construction Training Certificates and an official OSHA-10 card from the U.S. Department of Labor.

The OSHA-10 training teaches basic safety and health information to workers for general industry employment. Topics include introduction to OSHA, serious workplace hazards, personal protective equipment, health hazards, and handling materials. Additional certification topics and classes may also include HAZMAT certification and bloodborne pathogens, in an effort to help learners develop their communication and critical-thinking skills while boosting their knowledge of COVID prevention.

The NCSO's partnership with Massasoit Community College adds to a growing catalog of educational and workforce development programming provided to justice-involved individuals by the Sheriff's Office, including partnerships with Northeastern University, local unions, and trade organizations.

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Quincy, MA 02169

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Public Access Channel 8	Government Access Channel 9
Thursday, April 6 7:00pm: On the Road with Jazzy Bill 8:00pm: Chamber of Commerce Meeting	Thursday April 6 4:00pm: Board of License Commissioners 4/4 5:00pm: Zoning Board of Appeals 4/4
Friday, April 7 11:30am: LIVE: Currently in Quincy 7:00pm: AM Quincy: State Rep. Tackey Chan	Friday April 7 7:00pm: In the Know: Senior Tax Credit 8:00pm: State View: Rep. Tackey Chan 8:30pm: TCPL Events Calendar: Fighting Fire
Saturday, April 8 12pm: Quincy Lions Club Evening for Sight 7:00pm: The Call	Saturday/Sunday, April 8/ 9 9:30am: For Your Health: Ticks 11:00am: Guang Zhou Dance Association 12:00pm: City Council incl. Finance Committee 4/3 6:00pm: In the Know: Senior Tax Credit 10:00pm: Board of License Commissioners 4/4 11:00pm: Zoning Board of Appeals 4/4
Sunday, April 9 11:30am: Quincy Point Cong. Good News 1:00pm: The Call	
Monday, April 10 11:30am: LIVE: Currently in Quincy 5:30pm: In the Know: Senior Tax Credit	Monday April 10 10:30am: Health Links: Living Well w/Parkinson's II 6:30pm: City Council incl. Finance Committee 4/3
Tuesday, April 11 7-9:10am: LIVE: AM Quincy with Joe Catalano 7:00pm: AM Quincy: Mayor Thomas Koch	Tuesday April 11 4:00pm: Board of License Commissioners 4/4 6:00pm: Zoning Board of Appeals 4/4
Wednesday, April 12 6:00pm: Quincy Point Cong. Good News 7:00pm: The Call	Wednesday April 12 7:00pm: City Council incl. Finance Committee 4/3

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

New Performing Arts Leadership Program For Area Youth

Norfolk County Sheriff Patrick McDermott announces he is expanding his office's youth programming to incorporate a new summer performing arts leadership academy in partnership with the South Shore Children's Chorus (SSCC).

The Find Your Voice Program will give Norfolk County children between the ages of 13 and 18 an opportunity to explore identity, leadership, and relationship issues through performing arts and various types of self-expression, including public speaking, theater, movement, singing, and more.

"An important aspect of public safety is making early interventions in a child's life, which requires meeting them where they are," said Sheriff McDermott. "The Find Your Voice program is yet another way that we can engage with area youth for whom performance and self-expression are important aspects of who they are and how they see the world."

The Find Your Voice Program will consist of a one-week program in which students learn about identity, social dynamics, and leadership through an exploration of self-expression and performing arts. The week will be led by SSCC staff who are trained in integrating researched-based and CASEL aligned social-emotional learning practices.

SSCC Founder and Artistic Director Kirsten Oberoi described the new program as part of her organization's search for new and creative ways to engage pre-teens and young adults. "The Find Your Voice Program is totally unique, as it utilizes the arts as a tool to unlock deeper meaning and communication for teens, rather than a performative product," she said. "The students will imagine and create through social emotional learning exercises, exploring themselves and their purpose – a key aspect that is needed when teaching young people to be strong leaders."

The Find Your Voice Program will run four one-week sessions from July 17th through Aug. 11th. The program will take place at the CATS Academy, located next door to the NCSO's Youth Leadership Academy location in Braintree at 2015 Washington St.

Parents interested in learning more or registering their children for this experience can visit www.SSCChorus.org. Registration will open on April 5th. Because each session is capped at 30 students, registration is expected to fill quickly.

Registration for the program will be $195 per person, and tuition assistance is available for those who complete the application.

Caleb Gray On Dean's List

Caleb Gray of Quincy has been named to the Dean's List for the winter quarter at the Milwaukee School of Engineering in Milwaukee, WI.

Gray is pursuing a bachelor of science in computer science.

More Quincy news:
The Quincy Sun.com

DOZENS OF RESIDENTS rallied outside City Hall March 30 to urge the city to renovate rather than raze the Ruth Gordon Amphitheater. Many of the outdoor venue supporters brought home-made signs in support of the amphitheater that was dedicated November 1984 in honor of the Quincy-born Academy Award-winning actress. *Quincy Sun Photos/Robert Bosworth*

Residents Rally For Ruth Gordon Amphitheater

By SCOTT JACKSON

Dozens of residents rallied outside City Hall to urge the city to renovate rather than raze the Ruth Gordon Amphitheater.

"We come here today not to complain, but with solutions," said Maria Mulligan, a local architect who helped come up with plans to enhance the outdoor space. "We're looking for a partnership."

More than 50 people were present on the afternoon of March 30 for the rally held on the Hancock-Adams Common. Many of those in attendance carried signs featuring pictures of Gordon, the award-winning, Quincy-born actress for whom the amphitheater was dedicated in 1984.

Speaking at the rally, Mulligan, a Quincy resident and an architect, said the amphitheater is in good shape for its age and can be restored.

"When I heard of the plans to fill it in, I, like you, was beside myself. We heard city officials say that the amphitheater is crumbling. Well, as a professional architect, I can tell you that's not the case," Mulligan said.

"In fact, over the past 40 years it has aged well. It just needs to be repaired. The repairs needed include some stone work, mortar repointing, resetting of the seats that have shifted over the years, resurfacing of the curved aisles, and replacement of the hand rails."

Instead of simply restoring the venue, Mulligan said the city could enhance it.

"Let's explore improving it with some new features – lights, a canopy over the

Cont'd on Page 14

SARA TRAINOR CALLARD, the daughter of the late T. Owen Trainor, the architect behind the amphitheater, was among the speakers at the rally. She told the crowd she wanted to see the venue saved not because her father designed it, but because the public values the space.

"WE COME HERE today not to complain, but with solutions," said Maria Mulligan, a local architect who helped come up with plans to enhance the outdoor space. "We're looking for a partnership."

MANY AMPHITHEATER SUPPORTERS who rallied March 30 held signs in support of the outdoor venue at Merrymount Park named for Quincy-born Academy Award-winning actress Ruth Gordon. This sign reads: "Save the Ruth Gordon Amphitheater from senseless destruction! Preserve this landmark! Quincy Does Not Need Another Statue!" After much public outcry, the city is not moving forward with plans to demolish it at this time, according to Mayor Thomas Koch.

Residents Rally For Ruth Gordon Amphitheater

Cont'd From Page 13

stage. Let's dream a little bit," she said. "Instead of filling the space with dirt, let's fill it with performers, artists, culture, music young and old."

Sara Trainor Callard, the daughter of the late T. Owen Trainor, the architect behind the amphitheater, also spoke during the rally. She told the crowd she wanted to see the venue saved not because her father designed it, but because the public values the space.

"My father did just pass away this year, so when I received word from Maria that the amphitheater was being threatened it really just hit me to the core, but what happened next really surprised me," Trainor Callard said.

"I thought I loved this amphitheater…but when I realized how much everybody loves the amphitheater – there is so much love there – that is what really is propelling me, because I would never do this for my own selfish reasons. This isn't about me or my family. It's about you all and us all."

The Ruth Gordon Amphitheater was designed to bring people together, she stated.

"Places are not just places. They are full of memories, they are full of history, they are full of emotion, they are full of dreams, love and some spaces are designed by their design to bring people together, and that's what this amphitheater is," Trainor Callard said.

"Its very design is to bring people together, and that's why I think this event is bringing us all together right now. It is something we don't want to let go of. We don't want to let go of that beauty, that art in our life."

Trainor Callard said Mulligan worked pro bono on a plan to renovate the amphitheater, including the items she mentioned in her remarks. A formal presentation on that plan will be made on Wednesday, April 12 at 7 p.m. at the Thomas Crane Public Library.

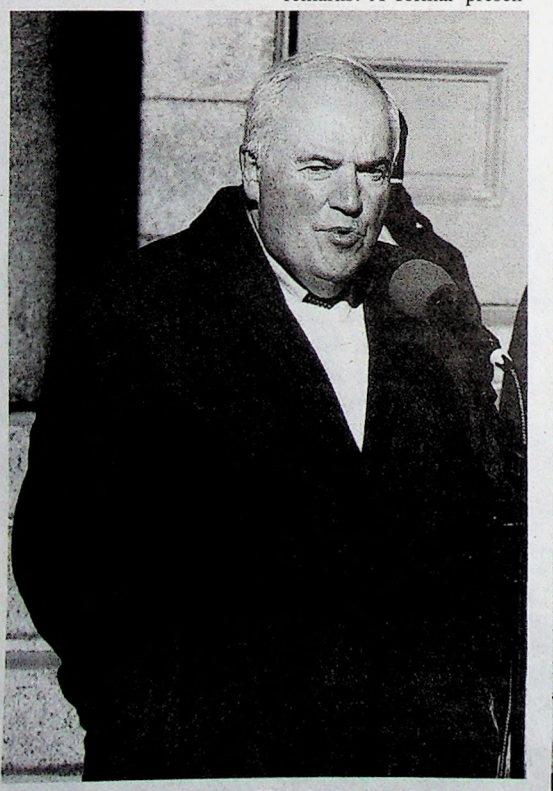
"Collectively we have the makings of an incredible arts organization right here," Trainor Callard said. "We have people that can do this, so let's all get together and let's do it."

Ward 5 Councillor Charles Phelan Jr., in whose district Merrymount Park is

Cont'd On Page 15

NEIL BORDEN (left), a Quincy resident and fan of Ruth Gordon, filled a poster board with pictures and news clippings highlighting the career of the Quincy-born actress. "I've always been a huge fan of hers and this breaks my heart," Borden said of the plan to fill in the amphitheater. Admiring the poster board at right is Helene Sansoucy. The city has since shelved the plan to fill in the outdoor venue.

LINDA SMITH holds her homemade posters showing her support for the preservation of the Ruth Gordon Amphitheater.



"I THINK WE should not be filling in the amphitheater," said Ward 5 Councillor Charles Phelan at the rally. "We should be fixing the amphitheater. As a city councillor I'm more than happy to vote for the monies to improve it."

Quincy Sun Photos/Robert Bosworth

DOZENS OF RESIDENTS made their own signs to bring to the March 30 rally. Seen here with their sign are (from left): Lorena Calderon, Athena Spirito Calderon and Bill Spirito.

Residents Rally For Ruth Gordon Amphitheater

Cont'd From Page 14

located, told the crowd he was as shocked as they were when he first heard about the plan to demolish the amphitheater.

"What I think needs to happen is there needs to be public input. As the Ward 5 city councillor where this resides, I'm more than happy to facilitate that and have people in. It's a wonderful thing that you're doing, laying it all out again," Phelan said.

"I think we should not be filling in the amphitheater. We should be fixing the amphitheater. As a city councillor I'm more than happy to vote for the monies to improve it."

When community groups come together, like they have to save the amphitheater, Phelan said the city should listen.

"Some of the ideas I'm first hearing tonight – and I look forward to attending your meeting on April 12 – I think are some great ideas," Phelan said. "When community groups come together and they actually band together and they come up with a plan, and a constructive plan from what I can see, that's when the city should really listen, take heed."

"I think the amount of money it would take to fix the park would be less than burying it," he added.

Before the speakers addressed the crowd, the Rudderkings, a local band whose members include former Ward 3 Councillor Kevin Coughlin, performed several songs including Tom Petty's "I Won't Back Down," Linda Ronstadt's "When Will I Be Loved," and Bob Dylan's "The Times They Are A-Changin,'" the latter with some new lyrics specific to the amphitheater.

Coughlin recalled being at the 1984 dedication of the venue, taking his children to concerts and other events there, and said he looked forward to being able to perform at the amphitheater with his band in the future.

"I'm hopeful and optimistic that the message is out there that it is important to give as much attention to the arts as it as to athletics and other endeavors, and that there are a lot of talented people who would really love to perform here, so I'm hoping we can do that," Coughlin said.

Kathy Nason, a Quincy resident who helped organize the rally, said the group hopes to launch a non-profit to help support the amphitheater.

"Our hope is to start a non-profit that would partner with the city really to both maintain the place and also to keep it alive with music, theater, dance. Everything. Anything," Nason said. "A lot of our theater groups and arts people have said they would like very much to get there, and they've been turned down for a while to use the amphitheater."

Councillor Anne Mahoney was among those present at the March 30 event. She said the administration needs to be more transparent.

"Although there has been a promise for a public forum, it's a little too late. The fact of the matter was this was going to happen and if it wasn't for these people finding out about it, it would have already happened," Mahoney said. "Our concern is why not have the public meeting now and figure out how we can fix it and restore and use it to its proper advantages rather than let people feel as they were all set only to find out later they may not be. We just don't want that to happen.

"This is really about the people organizing, asking for more public forums, and it's not just about the Ruth Gordon Amphitheater. This is about everything in the city of Quincy. You're seeing it from every different direction. People are feeling frustrated, they're not feeling heard, and they're feeling like they're shut out from their public government."

Neil Borden, a Quincy resident and a fan of Gordon's, called the plan to fill in the amphitheater heartbreaking.

"I've always been a huge fan of hers and this breaks my heart," he said. "It's getting better but this whole situation breaks my heart because what a thoughtful, thoughtful dedication. It wasn't a statue, it wasn't a bust – those come a dime a dozen – it was a theater for the whole world to use and for her legacy to live on."

The rally was organized after plans to demolish the amphitheater came to the public's attention in early March. Those plans to raze the amphitheater had been discussed at a November meeting of the city's park board and were included, and then removed, from bid documents for ongoing work at Merrymount Park.

Following the public outcry, Mayor Thomas Koch told The Sun "at this point nothing is going to happen at the Ruth Gordon Amphitheater" and, when asked about potentially renovating the space, "if there is a committee that steps forward that thinks they're going to do some things up there, then we'll look at it."

THE RUTH GORDON AMPHITHEATER at Merrymount Park. Many Ruth Gordon fans want the amphitheater to remain an outdoor entertainment venue and be refurbished. The city is holding off on plans to fill it in. *Quincy Sun Photo/Robert Bosworth*

READERS FORUM

RGA: Let's Bring This Venue Back To Life

I thought the recent firestorm by residents all across the City of Quincy concerning plans to demolish the Ruth Gordan Amphitheater at Merrymount was astounding. I am sure it caught many at City Hall off guard.

I am glad to see that a groundswell of community opposition, the Ruth Gordon Amphitheater is safe from any wrecking ball. I too remember when back in November 1984 this amphitheater dedicated to a Hollywood legend who hailed from Quincy was officially dedicated in her honor. I remember being there and seeing Ruth Gordan herself there at the ceremony. She passed away a year later. It also sounded like she really appreciated seeing it all in person.

Here we are today nearly 40 years later and this creation was almost uncreated. Forty years ago, there were so many plans for its use over in Merrymount Park. Sadly, in short order, too many of us forgot about it and how to use it. Eventually, it was like the land that time lost, an old syfy TV show.

The amphitheater has been given a second life and now is the time for both the City of Quincy and its residents to find a good reason to keep it safe, up and running. I am sure back in the '80s there were plenty of good ideas for this project. What were those ideas? Can any of them stil be useful today.

What good is it to save it from destruction if we can't come up with ideas worthy of saving it? Looking back, the exact site of it may not have been the best. Off to the edge of the park, it can fall out of sight and mind too.

I did appreciate what Bob Bosworth stated in his column this past week, "We think the city should strongly consider updating the venue and re-dedicating it next November on its 40th anniversary."

Pat yourself on the back, all those in Quincy who told City Hall officials to keep their hands off the Ruth Gordon Amphitheater. Now, get to work bringing this venue back to life.

Sal Giarratani
East Boston

READERS FORUM

Where Has All The Money Gone?

Quarry Hills pays rent to the City every quarter. Quincy is required to deposit ten percent of each rental payment in Fund 4000, the Quarry Hills Oversight Fund. According to the City, this fund is for "the sole purpose of overseeing the operation of the Quarry Hills Recreational Complex". The Recreational Complex includes the baseball/softball diamonds at Quarry Fields. Quarry Hills agreed to maintain those fields, as well as the non-existent nature trail and associated parking, "in good order, repair and condition."

The oversight of the Quarry Hills Recreational Complex appears to have faltered. Poor drainage limits the use of the fields, the nature trail is non-existent, the parking lot is buckling due to tree roots, has large cracks and potholes and the access rutted dirt road is a disgrace.

Several invoices appear to be Oversight related. One in 2006 was for $6,354.00 to NGF Consulting for Professional Services re Golf Operations at Granite Links and Clubhouse. In 2009 and 2013, the City paid DiPesa & Company approximately $44,000 for assisting "the City in determining compliance under the Lease", for "review of information & methodology of Quarry Hills" and for an audit of Granite Links. The City does not have the audit.

The City paid over $73,700 from the Oversight Fund for services completely unrelated to the Quarry Hills Recreational Complex such as for stringing Christmas lights around the City, a "post closure plan for former Swingles Quarry", a "Peer Review for possible Turbine" on Moon Island and to The 1993 Flatley Family Trust for roadway paving, curb reset per mutual agreement between Crown Colony & Flatley Company. Too bad the City didn't spend a dime putting in a paved roadway to Quarry Fields with a sidewalk and curbs so that our youngest Quincy residents could safely go to and from their practices and games.

Most appalling however is the $776,301.70 from the Oversight Fund that has been paid for "Personal Services." The City has been asked it has not been able to identity who received the "Personal Services" or what those "Personal Services" were even though some payments were made in 2023. Where has this money gone?

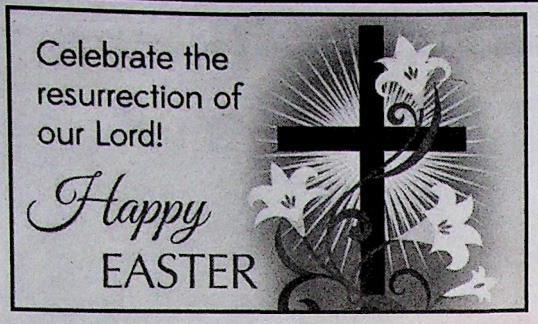
In summary, since 2006, the City spent less than $45,000 for anything arguably related to the Quarry Hills Recreational Complex. But the real question is, who was been receiving "Personal Services" since 2006 and what are those "Personal Services" totaling $776,301.70?

We hear that the lease extension is a good thing because the O'Connells are such a great family, because the golf course is a great asset and, the undisclosed commercial project they have in mind is great. But no one has explained, from a dollars and cents perspective, how the formula for rental payments to the Quincy taxpayers will increase, or even remain the same, under the Proposed Lease. That is because they cannot. The formula for rental payments is less advantageous and yet the Mayor calls this a good deal for Quincy. It is unclear whether the Mayor or the City Councilors understand this. Quarry Hills does. This Lease, that they so desperately want to lock in for 99 years, is financially less advantageous to the taxpayers of Quincy and more advantageous to Quarry Hills.

So where has the $776,301.70 gone and why are the mayor and some city councillors pushing so hard for the reduction in rent to be paid to the taxpayers for the next 99 years? These questions need to be answered.

Jocelyn Sedney
Quincy

(Information received from Freedom on Information Act FOIA requests to the City.)



St. Agatha Parish

St. Agatha Parish, 432 Adams St., Milton announces its Holy Week and Easter schedule.

Holy Thursday - April 6: 9 a.m., morning prayer; 7 p.m., Mass of the Lord's Supper and Adoration of the Eucharist until 10 p.m.

Good Friday - April 7: 9 a.m., morning prayer; 3 p.m., Liturgy of the Lord's Passion (also livestreamed on the church website stagathaparish.org); and 7:30 p.m., Liturgy of the Lord's Passion.

Holy Saturday - April 8: 9 a.m., morning prayer; 7:30 p.m., Easter Vigil (also livestreamed on the church website stagathaparish.org).

Easter Sunday Mass - April 9: 7:30 a.m. (church), 9:30 a.m. (church - also livestreamed on the church website stagathaparish.org); 11:30 a.m. (both church and Parish Center and livestreamed on the church website stagathaparish.org).

There is no 5 p.m. Mass on Easter Sunday.

Lighthouse Fellowship Church

The Lighthouse Fellowship Church will be celebrating the Resurrection of Jesus Christ on Easter Sunday, April 9 at 10 a.m. All are welcome!

The Lighthouse Church at 73 Newbury Avenue continues to offer a number of opportunities for bible teachings for the entire family. The Sunday School program for ages 3 to 15 is growing by the week. They meet at 9 am on Sunday, an hour before the regular service. There is also an adult Bible Study at the same time in the lower Church. On Tuesday nights, there is an adult Bible Study every other week and the Men's Group alternates with the Bible Study.

Members of the Church have just completed a 2-week Mission trip to Greece where they worked in a Refugee Center, helping them to find clothing, housing and the Gospel of Jesus Christ. Athens has a large number of immigrants who are seeking to move on to other European Countries but need to receive the most basic items of support before they go. This is just one of a number of Missionary endeavors which are supported by the Church.

The Church is located at 73 Newbury Ave. at the corner of Newbury and Sagamore Streets. Please come and hear the Gospel preached by Pastor Mike Fehan.

Christ's Church

Christ's Church Episcopal Church, 12 Quincy Ave., corner of Hancock, Elm and School Streets, Quincy will celebrate Easter Sunday, April 9 at 10 a.m.

The celebration will include scripture, prayers, music and Holy Communion.

An Easter Egg Hunt for young children will be held on the Elm Street lawn of the churchyard following the Easter celebration.

All are welcome. Call 617-773-0310 for more information.

'Exploring The Neponset River' Walking Tours April 18, April 22

The Department of Natural Resources Environmental Treasures Program is offering two free walking tours in April.

As the final tour of a five part series entitled "Exploring the Neponset River," this tour will focus on the part of the Quincy Riverwalk by the Adams Inn and will cross over the Neponset Bridge to view the proposed extension of the Riverwalk to O Harriet Ave.

The tours are on Tuesday, April 18 at 2:30 p.m. and Saturday, April 22 at 2 p.m. Space is limited. Registration is required by selecting one of the dates and emailing sowen@quincyma.gov.

Meeting place and tour details will be provided upon registration.

Tour leaders will discuss the history of the river walk and efforts to protect the river.

The tours are 2 1/2 miles and will take around two hours.

The April 18 tour will be led by Andres Ripley of the Neponset River Watershed Association.

The April 22 tour will be led by long time environmental activist Steve Perdios. There will be a party at the end of the April 22 tour to honor Steve's work.

For the safety of humans and dogs, dogs are not permitted on the tours.

As part of this series, Andres Ripley of the Neponset River Watershed Association will give a free talk about the Neponset River, no registration required, on Thursday, April 6 at 7 p.m. at the Thomas Crane Public Library, 40 Washington St., Quincy.

Quincy Point Congregational Church

Quincy Point Congregational Church, 444 Washington St., Quincy, announces its Holy Week services.

• April 6, Maundy Thursday Service of Holy Communion, Tenebrae and Stripping of the Altar will be at 6 p.m. in the church sanctuary.

• April 7, Good Friday Service will be held with the Quincy Interchurch Council at 12 noon at St. Chrysostom's, 1 Linden St., Quincy. It will be live-streamed on QATV.org or QATV- Channel 8 at noon and re-airs at 8 p.m.

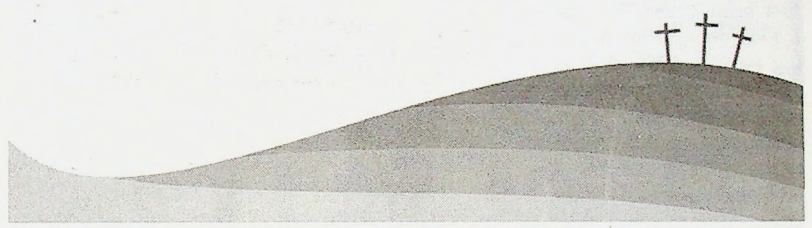
There will be two services on Easter Sunday.

• 6 a.m. Easter Sunrise Service at Wollaston Beach across from the Clam Box and adjacent to the Yacht Clubs (sunrise 6:13 a.m.) with Rev Kimberly Murphy of QPCC, United Church of Christ, Rev. Liz Williams of Wollaston Congregational, UCC and Rev. Mat Thomas of Bethel Church of the Nazarene.

• 10 a.m. Easter Festival Service of the Resurrection. The Point Handbell Ringers will "ring out" the joyous news of Christ's Resurrection. You are invited to wear an Easter bonnet. Prizes will be awarded - one for the most beautiful and one for the most creative, as voted by the congregation during Coffee Fellowship.

Sunday morning 10 a.m. worship can also be seen online on Facebook, Vimeo and YouTube pages.

There is an elevator on the Abbey Road side of the building to facilitate access for anyone who needs it. Feel free to bring a friend along too to share the Good News that "Christ is Risen, He is risen indeed!"



St. Agatha Parish
432 Adams St., Milton
Invites you to join us for Holy Week

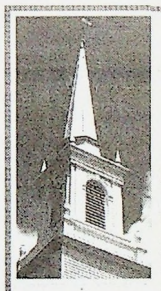
HOLY THURSDAY–April 6
9 AM — MORNING PRAYER
7:30 PM* — MASS OF THE LORD'S SUPPER
AND ADORATION OF THE EUCHARIST UNTIL 10 PM

GOOD FRIDAY–April 7
9 AM — MORNING PRAYER
3 PM* — LITURGY OF THE LORD'S PASSION
7:30 PM — LITURGY OF THE LORD'S PASSION

HOLY SATURDAY–April 8
9 AM — MORNING PRAYER
7:30 PM* — EASTER VIGIL

EASTER SUNDAY MASS–April 9
7:30 AM (CHURCH)
9:30 AM* (CHURCH)
11:30 AM* (BOTH CHURCH & PARISH CENTER)
NO 5PM MASS

* LIVESTREAMED ON OUR WEBSITE **STAGATHAPARISH.ORG**



Quincy Point Congregational Church
United Church of Christ
444 Washington Street

HOLY WEEK and EASTER SUNDAY

Maundy Thursday April 6 - 6:00 pm:
Service in the QPCC Sanctuary – Communion, Tenebrae and Stripping of the Altar

Good Friday April 7 - 12 noon:
at St. Chrysostom's Episcopal Church - 1 Linden Street with the Quincy Interchurch Council.

Easter Sunday April 9:
6:00 am Sunrise Service at Wollaston Beach - across from the Clam Box (next to yacht clubs) with Rev. Kimberly Murphy, QPCC, Rev. Liz Williams, Wollaston UCC, and Rev. Mat Thomas, Bethel Church of Nazarene.
10:00 am in the Quincy Point Congregational Church Sanctuary
In-person and live streamed. Wear your Easter Bonnet!
The Point Handbell Ringers will "ring out" the joyous news of Christ's Resurrection. Service followed a special coffee fellowship.

617-773-6424 Quincypointcong.org

Christ's Church
The Historical Episcopal Church in Quincy Center
12 Quincy Ave., at the corner of Hancock, Elm & School Streets

Wherever you are on your Spiritual Journey With God or toward God, God loves you, no exceptions, and Christ Church Welcomes You!
A Place to Belong, whoever you are, just as you are.

The Sunday of the Resurrection:
Easter Day 10:00 AM
Join us for this most glorious celebration.
Scripture, prayers, rich musical offerings and the celebration of Holy Communion, all combine to boldly proclaim the raising of Jesus Christ from the dead.

An Easter egg hunt for the youngest follows on the Elm Street lawn of the Churchyard.

ALL ARE WELCOME! 617-773-0310

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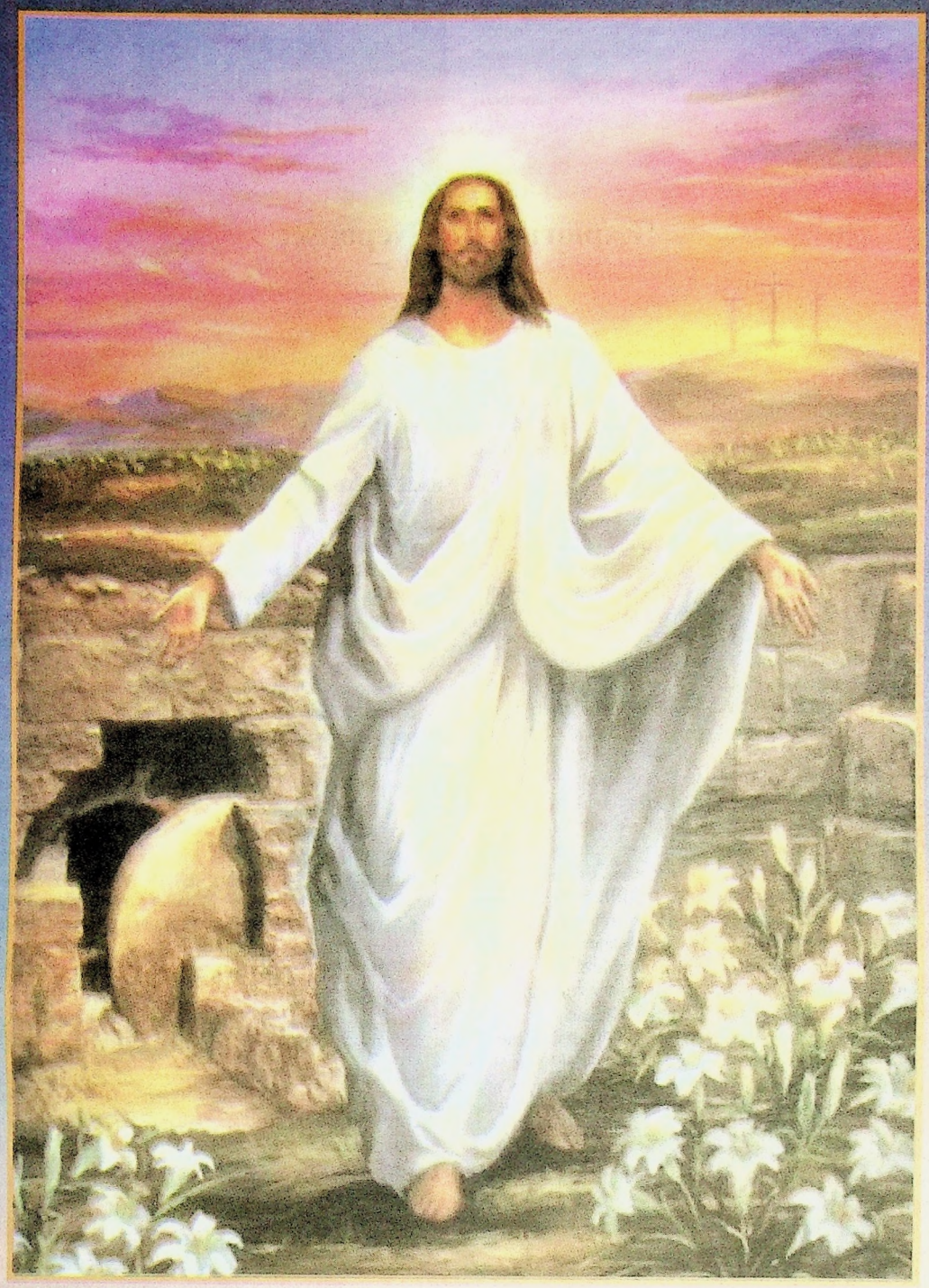


To our Christian brothers and sisters,

"Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling places. If it were not so, would I have told you that I would go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going." Thomas said to him, "Lord, we do not know where you are going. How can we know the way?" Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me." John 14:1-6

Wishing you a Blessed Easter

Mayor and Mrs. Thomas P. Koch

Dan Quirk Donates $5,000 To Quincy Lions Club

Daniel J. Quirk, owner of Quirk Auto, Quincy, presented a check for $5,000 to the Quincy Lions Club at a recent club luncheon.

"I'm happy to support great organizations in the community," Quirk said. "My business was founded in this community, and I am committed to ensuring that great organizations like the Lions Club receive the support they need to serve people locally."

Quirk's donation will provide support for the Lions Club's work in support of eye health in the Quincy Public Schools, the collection of eye glasses to refurbish for those in need, the 'reading for the visually impaired' on QATV, and countless additional educational, volunteer and philanthropic efforts undertaken by the membership throughout the year.

"This year's fundraiser is shaping up to be among our best yet," said Kris Richardson-Smith, president of the Club for the 2022-23 Lionistic year. "We are pleased to honor Jim Dunphy for his phenomenal work in the community and are grateful to Dan Quirk, and all of our tremendous sponsors for their leadership and generosity in support of the club's many activities related to visual challenges throughout the Greater Quincy community. We are also thrilled to honor QATV for all their years of support with the Mass Lions Eye Research Fund Award."

The Lions Club of Quincy hosted its annual fundraiser, 'The Evening for Sight,' March 29, at The Tirrell Room, Quincy.

James M. Dunphy, CPA, CMA and president of South Shore Bank, was the recipient of the "Honorable Francis X. McCauley Community Service Award." Designated annually to a local 'unsung hero' who demonstrates a commitment to being of service to the community consistent with the Lions Club motto, 'We Serve,' the McCauley award is named in honor of the late Frank McCauley, former four-term Quincy Mayor, and long-time member and president of the Lions Club of Quincy.

Dunphy has held senior leadership roles in the banking sector since 1997. He is a certified public accountant, a certified management accountant, and earned his bachelor's degree from Bridgewater State University, and an MBA degree from Franklin Pierce College.

Dunphy sits on the boards of Massasoit Community College Board, the Massachusetts Bankers Association Board of Directors, and was named to the Boston Business Journal's 'Power 50.' He has served on the boards of several additional nonprofits, including South Shore Chamber of Commerce, South Shore YMCA (chairman), the Greater Quincy Child Care Center, and South Shore Workforce Development.

During his tenure at South Shore Bank, Dunphy spearheaded "Leadership South Shore," a partnership with the bank and the South Shore Chamber of Commerce, which guides select individuals through a yearlong immersive learning curriculum, resulting in a group committed to strong community leadership.

In addition, QATV (Quincy Access Television) received the prestigious Massachusetts Lions Eye Research Fund (MLERF) Award, which is presented to a deserving community partner that has contributed or displayed outstanding and dedicated service to their club or community with ideals of eye research in mind.

President Richardson said, "The long-standing partnership between the Lions Club of Quincy and QATV is among many reasons for this nomination. The 'Talking Billboard' project is one of significant positive impact, which benefits those with visual difficulties. Bringing local news and important information to people who are challenged in this area creates accessibility and inclusiveness throughout the QATV footprint."

Sponsors of the Lion's Club of Quincy's Annual Fundraiser:

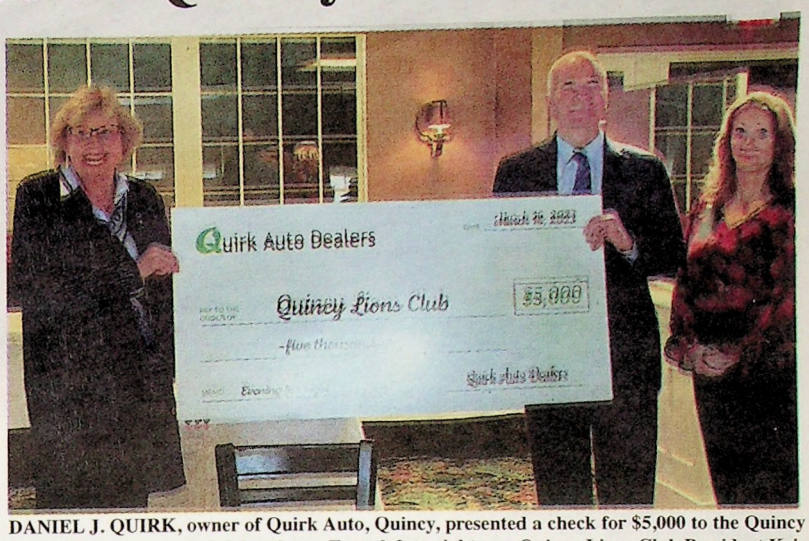
• 'Progressive Sponsor:' Quirk Auto Group

• 'Prism Sponsor:' Eastern Bank

• 'Trifocal Sponsors:' Hamel-Lydon Chapel; Manet Community Health Center; City of Boston Credit Union; South Shore Bank, Colonial Federal Savings Bank

• 'Bifocal Sponsors:' Fowler House Cafe; Pearle Vision Center; Uncle Sam Rounseville & Jean Kenney; Mansfield & Nolan; Anne Marie Zukauskas Fund; Keohane Funeral Home.

• 'Magnifier Sponsors:' Ward 5 Councillor Chuck Phelan; NorthEast Community Bank; Dennis & Associates PC; Bank of Canton; Arbella Insurance Foundation; Local 2222 IBEW Benevolent Fund Trust; Quincy Credit Union; David Sawyer; Tom Williams & Associates; CTE Thomas Koch; Granite Payroll Associates Inc.; Edmund O'Leary; Karen Giovannello, Rick Doane



DANIEL J. QUIRK, owner of Quirk Auto, Quincy, presented a check for $5,000 to the Quincy Lions Club at a recent club luncheon. From left to right are: Quincy Lions Club President Kris Richardson, Daniel Quirk and Melanie Smith. *Courtesy Photo*

Special thank you to all the "Friends of Quincy Lions" and the generous in-kind donor who made this event the most successful in recent history.

The Lions Club of Quincy is part of a world-wide, non-political service organization with significant impact on local and global causes, involving primarily the visually impaired and educational advancement. Some of the major efforts of the club include:

• Partnership with Quincy Public Schools for the "Kidsight" vision screening program, which has screened more than 4,000 students to date, catching many hidden eye problems and saving a child's sight on several occasions.

• Scholarships funded for both Quincy high schools, and sponsored a competitive speech contest and entries to the Lions Global Peace Poster Contest

• "Toolbox" scholarships funded at Quincy High for technical education, helping a graduate acquire the tools of their trade.

Lions Club of Quincy is a 501(c)(3) registered charity. All proceeds from the annual fundraiser support Quincy Lions Club local charities, which also include - but are not limited to - Massachusetts Lions Eye Research Foundation, and the Lions Club International Foundation, which helps people all over the world with vision issues. Find more information about the club and this event at https://e-clubhouse.org/sites/quincyma/.

Neponset River Cleanup Set For Saturday, April 22

The Neponset River Watershed Association (NepRWA), along with a group of partners, will sponsor its Annual Neponset River Spring Cleanup on Saturday, April 22nd from 9 a.m. to 12 noon.

Multiple cleanup sites have been designated for Canton, Dedham, Dorchester, Hyde Park, Mattapan, Norwood, Quincy, and Walpole.

Volunteers of all ages and skill levels are needed to help with this important event. An adult must accompany children under the age of 12. Pre-registration is required.

"We are forever grateful for our volunteers, who come out time and time again to help clean our River, streams, ponds, and parks. With their help, great improvements have been made across the Watershed for wildlife, water quality, and recreational purposes," said NepRWA Executive Director Ian Cooke.

More information about the event, including registration, can be found at www.neponset.org/cleanup

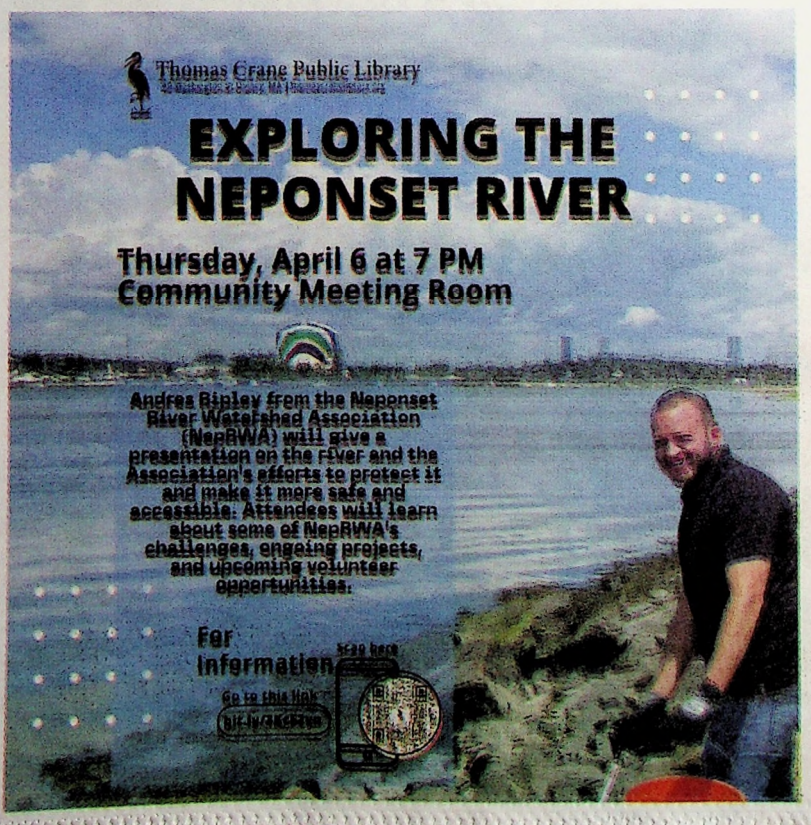
For any questions, contact NepRWA Environmental Fellow, Eleanor Yeomans, at yeomans@neponset.org or 781-575-0354 x302

Supporters of the Neponset River Cleanup include:

MA Dept. of Conservation & Recreation (DCR), ENE Systems, Inc., GZA, Deloitte, City of Boston Parks and Recreation, Belnel Neighborhood Association, Edgewater Neighborhood Association, Friends of the Blue Hills, Friends of the Boston Harbor Walk, Greater Boston Trout Unlimited, Quincy Asian Resources, Inc., American Rivers, Canton DPW, Dedham DPW, Norwood DPW, and Walpole Town Forest Committee.

Can't join the cleanup? Consider donating to help offset the cost at www.neponset.org/donate.

The Neponset River Watershed includes the communities of Dorchester, Hyde Park, and Mattapan; Canton, Dedham, Dover, Foxborough, Medfield, Milton, Norwood, Quincy, Sharon, Stoughton, Randolph, Walpole, and Westwood. Learn more about the Neponset River Watershed Association at www.neponset.org.



Lone Sailor Statue Headed To MB Boardwalk

By SCOTT JACKSON

The city will install a Lone Sailor statue along the boardwalk at Marina Bay as soon as this fall, making Quincy the first community in Massachusetts with such a memorial.

Mayor Thomas Koch said the statue, which honors those who have served in the nation's sea services past and present, will be placed near the corner of the boardwalk between Port 305 and Siros restaurants. He had originally planned to place the statue on a nearby traffic island but found a new location after some area residents balked at the prior location during a public meeting earlier this year.

"It's at the corner of the boardwalk. The sailor will face the water towards Boston, the statue. Port 305 will be on its left and Siros will be on its right," Koch said when asked about the statue in a recent interview.

"There is kind of a corner pocket park there now. Actually a part of the building called 'Blue' is going to come down, and that is going to be the place for it. It's not as expansive, but it is adequate to do what we're doing, so our landscape architect is now working on new iterations.

"We have a verbal agreement with both the O'Connells, who own part of it, and Safe Harbor, which owns the marina, they own a portion of it. We have a verbal agreement with both of them and now we're just working over the details."

The new location may be more advantageous than the prior one because it is closer to the water, the mayor added.

"I think this is neat because it looks directly out at the water, and I think that connection is pretty neat. The island did too but it was much further away. This is a closer setting, the boardwalk, to the water and I think that is a little more advantageous maybe," he said.

Because the site's owners have approved of the statue, Koch said he would not be holding another public meeting on the matter. The prior public meeting had been held because condominium owners own the traffic island the city had initially chosen as the statue's home, Koch said.

"I'll probably send a follow up letter. We sent a letter out inviting people (to the meeting), we'll probably send the same letter out saying we've come to a compromise, we're going to the boardwalk section, it should take away the concerns, whatever those concerns were, of those who were opposed to it," Koch said.

"The owners of the property we're talking about, as I said, have already approved it verbally and now we're just working out the legal documents. So those folks that had an issue about it in the other location, they had a say because they owned it. The owners of this property have approved it."

The mayor hopes to dedicate the statue on Oct. 13, which is the anniversary of the founding of the Continental Navy in 1775. That date is not yet set in stone.

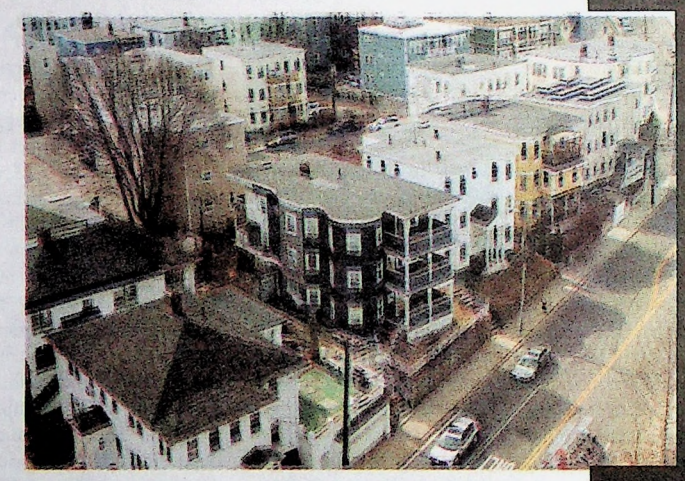
"We've still circled the birthday of the Navy in October, but until I know for sure that everything is ready, we don't want to officially invite everybody yet," he said.

In an interview earlier this year, Koch said he had chosen Marina Bay as the home of the statue because of the area's history during both world wars.

"The benefit and I think one of the good parts of Marina Bay is the history there.

Cont'd On Page 35

LONE SAILOR STATUE outside the U.S. Navy Memorial in Washington, D.C. The city will install a similar bronze statue near the Marina Bay boardwalk this fall. Quincy will be the first municipality in Massachusetts to have the memorial which is a tribute to all personnel of the sea services.



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Quincy Girls Lacrosse Defeats Archbishop Williams, 11-9

By TOM JOYCE

Even a three-goal spurt at the end of the game was not enough for their opponent to win this one.

The Quincy High girls' lacrosse team played a highly-competitive first half but then ran away with the game in the second half in their home contest on Monday this week.

The Presidents played a competitive bout against Archbishop Williams. The team scored goals when it needed to and managed to protect its lead in the final minutes. The Presidents won 11-9, picking up their first win of the season.

So while the score was tied at five apiece after 25 minutes were played, the Presidents were the dominant team for much of the second half. They outscored their opponent 6-1 in the first 20 minutes of it, taking an 11-6 advantage.

The Presidents struck first in this one. Delia Nichol scored a goal assisted by Grace Connor a little more than two minutes into the first half.

Archbishop Williams responded with a goal less than a minute later, but the Presidents regained their lead with about 21 minutes left in the 25-minute half; Connor had the goal while Nichol got the assist.

Connor also scored the next goal, which Caroline Tracey assisted, so the Presidents led 3-1 with about 19:30 left.

After Connor's first goal of the first half, the Presidents led for nearly the entirety of the first half. Additionally, the team never trailed at any point in the game.

On her second goal, Connor faked out the opposing goalkeeper before taking her actual shot to double the team's lead.

While Archbishop Williams responded and made it a 3-2 game, Nichol gave the team some breathing room; she scored a goal assisted by Connor with a little more than 17 minutes left. About 90 seconds after this goal, Archbishop Williams cut the Presidents' lead back down to one goal.

However, for much of the first half, neither team scored. There was a stretch that lasted more than 13 minutes, where neither team scored. Ultimately, Grace McGillicuddy broke the scoring drought, netting her first goal of the game with about 3:30 left in the first half; Nichol had the assist.

In the final two-and-a-half minutes, Archbishop Williams added two goals, making it a tie game at the start of the second half. However, that momentum did not carry over for Archbishop Williams into the final 25 minutes of action.

Mairead Folan helped the Presidents regain the lead less than a minute into the second half; she scored a goal that Grace McGillicuddy assisted; it gave the President a 6-5 advantage.

Less than 30 seconds later, Nichol scored again, doubling the team's lead.

Although Archbishop Williams responded with a goal of its own, making it a 7-6 game, the Presidents shined afterward.

The team went on a 4-0 run that gave them an 11-6 edge. Connor had the team's first two goals of the run; she scored them about eight minutes apart from one another. Then, with a little more than nine minutes remaining, Caroline Campbell scored – and Maddie Case got a goal, giving her team a five-goal lead with about eight minutes left.

Although the team trailed by a lot, Archbishop Williams did not stop fighting. The team netted three goals in the final four minutes of the game. It included a goal in the final few seconds of the contest. However, the late offensive success was not enough to make a comeback against the Presidents.

The win over Archbishop Williams was the second game of the season for the Presidents. They started the year with a 10-3 loss at home to Brookline March 31.

Additionally, the win marked the only time the two teams were scheduled to play one another this season.

The next game for the Presidents will take place on Tuesday, April 11, at home against the Duxbury Dragons (4 p.m. start time).

The players listed on the Quincy High School girls' lacrosse varsity team roster are:

Caroline Campbell, Marissa Cakuli, Brianna Keddy, Mairead Folan, Ciara Folan, Grace McGillicuddy, Reese Smith, Caroline Tracey, Delia Nichol, Maddy Case, Katie Stirling, Grace Connor, Anna McPhillips, Amira Aitsaid, Kaitlyn Sampson, Sarah Kabay, Kelly Phu, Maggie Potts, Alex Kane, Siena Nichol, Lilli Catrambone, Cate Demopoulos and Tayah Quinn. Kerry Monaco is the team's head coach.

Green Up The Blue Hills April 30

The public is invited to join the Friends of the Blue Hills for a spring festival of stewardship and fun. Green-Up the Blue Hills will be held on Sunday, April 30, from 1 to 4 p.m. at the Ponkapoag AMC Cabins.

Volunteers will help protect the forest by pulling invasive plants that threaten local species. But it won't be all work and no play. Participants and their families will also enjoy live music, a scavenger hunt, face-painting and crafts.

For most visitors to the 7,000-acre Blue Hills Reservation, many plants look alike, yet many of the plants are not native and degrade wildlife habitat. Participants in Green Up the Blue Hills will help protect native wildlife and plants by pulling the invasive plant, garlic mustard. The plant is easy to identify and remove, and volunteers' efforts will greatly improve the habitat for local wildlife.

Volunteers can park at Temple Beth David, 1060 Randolph St. in Canton, and walk the ¾ miles to the cabins. The event is rain or shine, and while some gloves will be available for weeding, volunteers are encouraged to bring their own gardening gloves if they have them. Register for the event at friendsoftheblue-hills.org/greenup2023. If you have questions, email info@friendsoftheblue-hills.org.

This program is generously sponsored by FM Generator and Barrie Naji, MBA, realtor in Canton. The program is also supported by a grant from the Canton Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.

AAA Reminds Last Year's EV Buyers To Claim Their Federal Tax Credit

With Tax Day coming up in less than two weeks (April 18th this year), AAA reminds drivers who bought an electric vehicle to claim their tax credit on their taxes if their vehicle qualifies. And there may be many drivers who are eligible: more than 3,400 Massachusetts drivers claimed the MOR-EV rebate for electric vehicles.

In general, consumers who purchased a new battery electric vehicle or plug-in hybrid in 2022 will be eligible for a tax credit of up to $7,500 as long as:

• The car was not a Tesla or General Motors vehicle (which had hit a 200,000-vehicle maximum for the prior rebate program), and

• If their purchase came on or after Aug. 17, the vehicle's final assembly occurred in North America (which drivers can check by looking up their VIN on nhtsa.gov/vin-decoder or checking the Department of Energy's website).

To fully understand the implications for their specific return, filers should consult a tax professional.

Drivers should complete IRS form 8936 to be eligible and ensure that the credit is included if they are using a tax filing software. AAA members can save 25% on filing with TaxAct at AAA.com/TaxAct.

The Inflation Reduction Act made significant changes to the federal tax rebate program that took effect for purchases made in 2023, including instituting income and MSRP caps and allowing Tesla and GM vehicles to be eligible. The law also added restrictions on the sourcing of battery components and critical minerals, and guidance on how those restrictions will be implemented is expected from the Department of the Treasury soon.

However, for the purpose of filing tax returns this month for the 2022 tax year, these provisions do not apply. Consumers can check if they may be eligible for rebates on AAA's new website for all things electric vehicles, AAA.com/EV.

More Quincy news:
The Quincy Sun.com

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Patriot League Winter All-Stars

The following student-athletes at North Quincy and Quincy High School were recognized as Patriot League All-Stars for the recently completed winter sports season.

NORTH QUINCY HIGH SCHOOL

Nate Caldwell - boys basketball
Dylan Clifford - boys basketball
Kobe Nguyen - boys basketball
Zach Taylor - boys basketball *Fisher Division MVP*
Ava Bryan - girls basketball
Noah Kearney - boys ice hockey
James Rogers - boys ice hockey
Maggie Dineen - girls ice hockey
Kenny Guan - boys swimming *Fisher Division MVP*
Kalok Li - boys swimming
Isaac Ng - boys swimming
Oisin Coogan-Coyne - boys indoor track
Aluna Coogan-Coyne - girls indoor track
Hannah Moriarty - girls indoor track
Sofija Slezas - girls indoor track

QUINCY HIGH SCHOOL

Danny Adams - boys basketball
Alyssa Hopps - girls basketball *Fisher Division MVP*
Caroline Tracey - girls basketball
Lena Waldron - girls basketball
Lincoln Hennessy - boys ice hockey
Will Martin - boys ice hockey *Fisher Division co-MVP*
Katrina Tran - girls swimming
Jayden Francois - boys indoor track
Jacey Ham - boys indoor track
Alex Martinez - boys indoor track
Salma Boukhtam - girls indoor track

More Quincy news:
The Quincy Sun.com

NORTH QUINCY WINTER TRACK 2022-23 - front row left to right: Ben Dawe, Oisin Coogan-Coyne, Amma Chunda, Melanie Chretien, Brianna Alvarado, Mollie Nelson, Aluna Coogan-Coyne, Gio McKenzie, Liam Cody, Alex Stankov, Elijah Eno, Tristan Bowler. Second row: Grace McGough, Brooklynn Rizzo, Grace Cody, William Huang, Wendel DesCartes, Boubakar Diallo, Anushka Raj, Yan Lin, Kimberly Le. Third row: Madelyn McGillicuddy, Alex Shaaremann, Sarah McKenna, Erin DellaBarba, Alexandra Guia, Chloe Wu, Emily Quach and Brian Chen.

QUINCY HIGH WINTER TRACK 2022-23 - front row, left to right: Salma Boukhtam, Amira Aitsaid, Mairead Folan, Brianna Keddy, Jacey Ham, Jeanior Alexis, Kendry Duran, Andrew Hodgdon. Second row: Mollie Smith-Gaeta, Genesis Anderson, Mikilah Aubrey, Bassma Torky, Mia Tratzinski, Elizabeth Leonard, Charlotte McConville, Gabe Rodrigues. Third row: Eliza Henry, Maggie Potts, Jordan Leathers, Jayden Francois, Pat Lee and Alex Martinez. *Courtesy Photos*

Q-NQ Boys' Lacrosse Downs Cambridge R&L

By TOM JOYCE

Not only did they win, but it was a dominant win.

The Quincy/North Quincy High boys' lacrosse team got the job done in its season opener.

QNQ hosted Cambridge Rindge & Latin at Creedon Field on North Quincy High's campus March 31 afternoon and had no issue winning the game. QNQ scored goals and prevented its opponent from doing the same. QNQ defeated Cambridge 9-2 to open their season 1-0.

QNQ had no issue finding the back of the net in this one.

QNQ took a 2-0 lead in the first quarter and never relinquished it.

With 7:02 remaining in the first, sophomore attacker William Codner put the team on the board. He found an opening right in front of the net and whipped the ball in on a power play, giving his team a 1-0 lead. The power play occurred because a Cambridge player slashed him moments before this goal.

Five minutes later, QNQ doubled its lead. This time, sophomore attacker Mikey Galligan faked out the Cambridge goalkeeper in front of the net. He found an opening and gave QNQ a 2-0 advantage.

Junior attacker Teddy Lynch shined for QNQ in the second quarter – and the second half. He had a hat trick in the second quarter alone and finished the game with a team-high five goals. He found an opening over the head of the opposing goalkeeper just 20 seconds into the second quarter. Less than a minute later, Cambridge responded, rifling in a goal of their own. However, QNQ expanded its lead as the quarter progressed. Lynch added two more goals. His second goal of the game came with 7:28 left in the second quarter. Then, he secured the hat trick with a sidearm shot that was good for a goal with 2:20 left in the quarter.

In the second half, QNQ not only protected its lead but also expanded it. The team played tough defense, and freshman goalkeeper Brayden O'Connell was sharp; he made 14 saves against 16 shots.

While Cambridge got the first goal of the second half, it would be the team's final tally of the game. Cambridge tomahawked in its second goal of the contest with 10:21 remaining in the third quarter. However, QNQ held the team scoreless for the final 22 minutes of action.

Lynch responded not long after Cambridge

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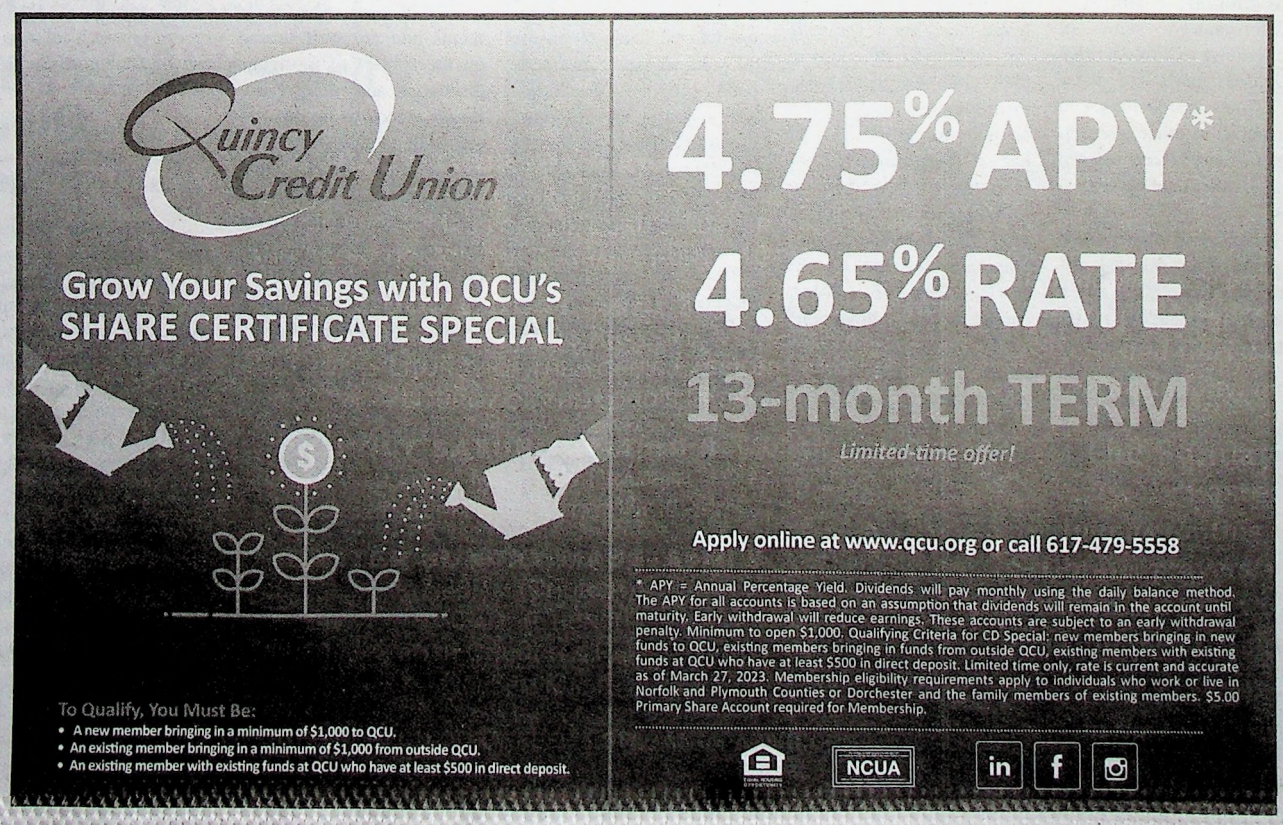


Wollaston Garden Club Visits The QArts Gallery

Twenty eight members of the Wollaston Garden Club visited the QArts Gallery March 30th to see the Shared Habitat Earth (SHE) exhibit.

This exhibit is also a call for action from over 40 Boston area artists' now open at the QArts Gallery at 1229 Hancock St. in the Munroe Building.

Club members had the added benefit of hearing from local artist, Yvonne Lamothe, a contributor to the exhibit. "Yvonne embraces her roots in New England. Finding intrigue in marshlands, woodlands, and glorious vistas in Quincy, Massachusetts." Yvonne who knows many of the artist in the exhibit was able to share with Club members the medium and processes used in many of the varied works on display. This special event culminated in Garden Club members visiting the Presidents' Café at Quincy High School for a delicious luncheon prepped, cooked, and served by students from Quincy High School's Culinary Arts Program and their instructors, Mark Kelly, chef and Jacqui Niosi, baker and Elizabeth Padula, Front of the House. The day was enjoyed by all and Club members would like to make this an annual event.

TWENTY EIGHT MEMBERS of the Wollaston Garden Club visited the QArts Gallery March 30th to see the Shared Habitat Earth (SHE) exhibit. The gallery is located at 1229 Hancock St., Quincy.
Courtesy Photo

Ask Barbara Graceffa: Recipe For An Appetizing Kitchen

By BARBARA GRACEFFA

I have saved a dozen of your past articles on kitchens. I finally have the budget to take the plunge. Can you please share some current design trends (I know how you feel about trends, but I want to know all the options, please.) *Deidre*

I'm heartened to know that you understand the expensive design risk of trends and want to explore all possibilities – especially since you have been planning this in your mind for many years.

Cabinets: Although designers agree that farmhouse style is on its way out, it remains popular, so consider white oak shaker cabinets. Yet modern rustic and modern Spanish styles are trending now. If space allows, double islands are in vogue. Large lower drawers are also popular as are designated pantries and coffee bars.

Pantries: Have you heard of prep kitchens or back-of-house pantries? If you have enough square footage, these second kitchens give a new meaning to the term pantry as they often have at least a small sink, storage and counters, but can include a second refrigerator and dishwasher, too.

Countertops: Walnut butcher block (especially on the island) and natural stone countertops like quartz and stone top the list in 2023 kitchens.

Appliances: If you have a large space, a stove cove with an oversized oven and magnificent hood will certainly be a striking focal point in a beautiful kitchen remodel. Induction cooktops are gaining popularity and stainless-steel finishes which coordinate with all cabinet colors remain a favorite but other metallic finishes like bronze and graphite are making the scene, too.

Colors: White and grey are going away. So, choose a warm or cool palette, but earthy greens in light or dark tones as well as blues are all the rage.

Backsplashes: Wallpaper backsplashes are fashionable and many mimic the look of tile. Handmade and textured tiles with groves, crackles, and raised features are both attractive and au courant. Moroccan and Moorish patterns add drama. Terra cotta backsplashes and floors are popular, but also timeless.

Hardware: Commercial style faucets and industrial modern or artisan cabinet hardware are the special touches that you will love and your guests will envy.

Electrical outlets: Replacing traditional wall sockets, pop-out electrical outlets are recessed in your countertop. Also add the pop-up USB and wireless phone chargers to complete the look. (These options range from $150-200 per unit, plus installation; and be sure your countertop manufacturer has your electrical drawings so they can cut out the circles or rectangles needed.)

Together, these ideas are the perfect ingredients for a very appetizing kitchen.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, offering creative solutions at reasonable rates.

Learn more about her decorating, downsizing, decluttering and home décor sewing services, decorating workshops, and quilt programs and shows at www.sec-interior.com, tell your friends about her blog at secretaryinteriordecorating.blog and enjoy her art quilts on Instagram @secretaryinteriordecorating. You can reach her at 617-921-6033.

O'Donnell Reminds Homeowners Importance Of Filing Mortgage Discharges

Cont'd From Page 10

O'Donnell also noted that there have been cases where no discharge has been recorded against a long-paid-off mortgage. "Unfortunately, some of the lending institutions that provided funds for these mortgages are no longer in existence. In other cases, financial entities have merged with another lending institution."

If a property owner needs to retrieve the original discharge of a mortgage and it is unclear which lending institution is now responsible for providing the document, an option is to contact the Massachusetts Division of Banks at 1-800-495-2265 x-1 and then x-61501. Another option is to access the Federal Deposit Insurance Corporation website, www.fdic.gov. Then find the BankFind tab approximately half way down the home page, put in the lending institution in question, then click on the lending institution link, and you will be able to determine who has responsibility for the mortgage.

When recording a mortgage discharge, the original document is required. By law, the Registry of Deeds cannot accept photocopies or faxed copies of documents. The filing fee, set by state statute, is $106.

In conclusion, O'Donnell said:

"After paying off all the mortgages on their property, homeowners want to know they have a clear title to their property, especially if they are contemplating selling. Knowing what steps need to be taken to ensure all paid-off mortgages have been properly discharged will go a long way in giving the homeowner assurances that they have clear title to their property. I cannot emphasize enough how important it is that homeowners make sure their mortgage discharge has been filed with the Registry of Deeds once their mortgage has been paid off."

The Norfolk County Registry of Deeds is staffed with a team of customer service representatives who can be reached Monday through Friday, 8:30 a.m. to 4:30 p.m. at 781-461-6101. The representatives have been trained in researching documents and are well versed on the subject of mortgage discharges and what, if necessary, needs to be done to clear title to a property.

To learn more about these and other Registry of Deeds events and initiatives like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Seasonal Park Guide Position At ANHP

Adams National Historical Park in Quincy has a job opening for a seasonal park guide.

In this position, the park guide will serve as a front-line, uniformed representative of the NPS, welcoming the public to Adams. Primary duties will include staffing the visitor center which features books and memorabilia relating to the history of the Adams family and the formation of our nation. The park guide will also give tours of the historic homes of two Presidents and four generations of the Adams family and also interact with visitors of all kinds, answering their questions and getting them excited about all that the Park and the City of Quincy has to offer.

The pay for this position is $20.32 per hour and would last May through October.

Learn more and apply:
https://www.usajobs.gov/job/714057000#.

Quincy Pride Scholarships

Quincy Pride will award four graduating seniors – two from each high school – that exemplify its values with $500 scholarships toward their higher education and/or future endeavors.

"Students who identify as LGBTQIA+ or are allies, or who work towards making Quincy and the South Shore a more inclusive community are encouraged to apply," said attorney Richard Ash, president of Quincy Pride. Last year was the group's first year giving out scholarships.

Email 500-word statements demonstrating why you think you are the best candidate deserving of one of Quincy Pride's high school scholarships. Statements are to include LGBTQIA+ efforts performed toward promoting equality through activism in the community. Students should also highlight any efforts planned to further contribute to this type of work within their respective higher education paths.

Applications are to be emailed to scholarships@quincypride.com by May 12.

Students must have a B average and should be available on June 4, to be acknkowledged during Quincy Pride Day 2023.

Q-NQ Boys' Lacrosse Downs Cambridge R&L

Cont'd From Page 21

scored. He netted his fourth goal of the game on the run with 9:07 left in the third, giving QNQ a 6-2 edge.

QNQ also enjoyed some offensive success late in the game, netting three goals in the last five minutes of the fourth quarter.

Lynch netted an insurance goal with 4:58 left to play. Additionally, Codner nettéd his second goal with 4:24 remaining; junior midfielder/attacker Charles McGrail also scored, making the score 9-2 in QNQ's favor with 2:11 left to play. Neither side scored after that, so head coach Scott Devlin secured his career win as the team's head coach in his first-ever game in the role.

The win over Cambridge was the first of two scheduled games between these teams this season. They are also scheduled to play one another in Cambridge on Saturday, April 29 at 10 a.m.

QNQ is on the younger side this season; the team has five seniors on its roster.

The roster for QNQ this season includes: junior defenseman Cameron Sampson, senior midfielder Benjamin Dawe, junior attacker Teddy Lynch, sophomore midfielder Nathan Goff, senior midfielder Stephen Gallant, junior long stick middie Liam Foley, junior attacker Lincoln Hennessy, junior attacker Timothy Long, junior long stick middie Joshua Cannon, sophomore attacker Cole Hussey, junior attacker Connor Zynda, junior attacker Thomas Manton, sophomore attacker Mikey Galligan, freshman midfielder Michael Cavicchi, senior defenseman Jack Cavicchi, junior attacker Gavin Regan, junior defenseman Jesse Hansen, senior defenseman Tristan Bowler, freshman goalkeeper Brayden O'Connell, freshman midfielder Ran Perry, sophomore defenseman Oliver Levine, junior defenseman Max Melchin, junior midfielder/attacker Charles McGrail, senior attacker Sean Halley, and sophomore attacker William Codner.

The next game for QNQ will take place Thursday, April 6, at home against the Whitman-Hanson Panthers (4 p.m. start time). Although the Raiders play home games at Creedon Field and Veterans Memorial Stadium, this one will be played at Creedon.

Additionally, the team's first home game of the season at Veterans' Memorial Stadium will take place on Friday, April 14, against the Duxbury Dragons (4 p.m. start time).

Gov. Healey Approves $388 Million Supplemental Budget

Gov. Maura Healey approved a $388.6 million supplemental budget for Fiscal Year 2023 March 29. The spending bill, which was passed by the Legislature, allocates funds for a variety of issues, including resources for remote public participation in governmental operations and funding for free school meals, as well as increased investment in the state's clean water and public works projects.

Notably, the bill extends initiatives first adopted during the early days of the pandemic that have proven beneficial or necessary to the general public and worthy of being continued, including remote public meeting access, outdoor dining, and increased supports for assisted living facilities.

"This comprehensive bill will improve the lives of Massachusetts residents in a variety of ways. By meeting the urgent needs of ensuring that public school students can continue to receive free school lunches and increasing assistance to housing-insecure populations, this legislation will make a meaningful difference," said Sen. John F. Keenan (D-Quincy).

"The Town of Rockland is extremely grateful that Sen. Keenan has supported this extension to allow remote and hybrid public meetings through March 31, 2025. This technology has proven to be effective since the pandemic to not only maintain, but actually increase, community engagement," said Douglas Lapp, Rockland Town Administrator. "This will enable cities and towns throughout the Commonwealth to continue to effectively conduct public business in a transparent manner that best meets the needs of our individual communities."

The supplemental budget includes a $130 million appropriation for SNAP food assistance benefits to provide a path for families that had been receiving enhanced SNAP benefits throughout the pandemic. Other notable allocations include $68 million for the Early Education C3 stabilization grant program, $65 million for the continuation of free school meals, $45 million for emergency shelter assistance, and more than $40 million to support affordable housing for immigrants and refugees.

Other measures funded in the bill include:

- $8.3 million for judgments, settlements, and legal fees
- $7 million for coordinated wraparound services for incoming immigrants and refugees
- $2 million for the reimbursement of SNAP benefits for victims of benefit theft
- $2 million for the preparation and execution of the 114th National NAACP conference, which is taking place in Massachusetts in 2023
- $1 million for a public awareness campaign to educate the public about the misleading tactics of so-called crisis pregnancy centers and their lack of medical services
- $250,000 for Reproductive Equity Now's free abortion-related legal hotline.

The supplemental budget also makes significant investments in initiatives first attempted during the pandemic that have continued to prove themselves valuable in the present.

This legislation authorizes:

- Permanently allowing public corporations and nonprofits to hold certain meetings by means of remote communication
- Permanently allowing notaries public to conduct remote online notarization using communication technology
- Extending the ability of graduates and students in their last semester of nursing education programs to practice nursing in accordance with guidance from the Massachusetts Board of Registration in Nursing
- Extending popular pandemic-related provisions including outdoor dining services, and beer, wine and cocktails to-go for a year
- Extending the ability of public bodies to allow remote participation by members in public meetings
- Extending flexibilities given to municipalities to allow for representative town meetings to be held in hybrid or fully remote capacities and that authorize reduced in-person quorum requirements
- Extending the ability of nurses employed by assisted living residences to provide skilled nursing care in accordance with valid medical orders, provided the nurse holds a valid license to provide such care.

The supplemental budget includes the following provisions related to the end of the public health emergency on May 11, 2023:

- Temporarily extending flexibility on ambulance staffing
- Temporarily extending the ability of staff of a community program to administer prepackaged medications if in compliance with DPH guidance
- Temporarily extending staffing flexibilities related to dialysis providers.

The bill also further authorizes $740.3 million in bonding to bolster the Commonwealth's clean water and other public works projects for cities and towns, as well as to support the ability of Massachusetts to obtain competitive federal grants. The bonding initiative includes $400 million for the MassWorks Infrastructure Program, which provides grants to municipalities for local projects. Another $125 million has been allocated for state matching funds to compete for federal grant opportunities, including those funded through the CHIPS and Science Act, which encourage innovation in Massachusetts.

Other bonding items authorized by the bill include:

- $104 million for the Clean Water Trust Fund
- $34 million for a program to revitalize underutilized properties
- $30 million for state matching funds to compete for federal broadband expansion grants and improve state broadband infrastructure
- $15 million for the Massachusetts Manufacturing Innovation Initiative, which supports innovation within the state's manufacturing industry, including by offering technical assistance to manufacturers and attracting talent from outside of the state
- $14 million for the Massachusetts Manufacturing Accelerate Program
- $9.3 million for broadband middle mile supports
- $8 million for the Smart Growth Housing Trust Fund.

MA Households To Receive First Extra SNAP Payment April 7

Individuals and families in Massachusetts will receive their first state-funded extra Supplemental Nutrition Assistance Program (SNAP) payment on Friday, April 7, following Governor Healey's signing of a supplemental budget that includes $130 million to create an offramp from the extra COVID SNAP benefits, known as SNAP Emergency Allotments. The Congressional Consolidated Appropriations Act 2023 ended these payments as of February 2023 and Massachusetts households received their last federal payment on March 2, 2023.

The state-funded extra SNAP benefits will be available in the beginning of April, May, and June 2023 for the prior month. For example, households eligible for SNAP in March will receive the extra SNAP in early April. As directed by the supplemental budget, the payment amount will equal up to 40% of the difference between a household's maximum benefit amount for their household size and their regular monthly benefit amount, with a minimum amount of $38 a month.

The state has a dedicated website, Mass.gov/Extra-COVIDSNAP, to provide information on the state-funded extra benefits and help households plan for the end of the temporary federal and state benefits. Individuals and families should explore any previously unreported expenses that may increase their regular SNAP benefits and tell DTA about them right away, including:

- If they have medical costs over $35 a month for anyone in their SNAP household who is 60 or older or has a disability,
- If their housing costs have gone up (rent/mortgage), and
- If one is working, looking for work, or in school, tell DTA about any child or disabled adult care costs.

Households can tell DTA about these changes by uploading information via the agency's free mobile app and online portal DTA Connect, calling the DTA Assistance Line at 877-382-2363, visiting a local DTA office, or working with one

Cont'd On Page 24

PAID POLITICAL ADVERTISEMENT

$2M OK'd For Seawall, Outfalls

Cont'd From Page 1

priation passed on Monday, $995,000, will provide the city's local match for a $2.98 million state grant for seawall work in the area of Manet Avenue and Babcock Street in Houghs Neck. The funding will enable the city to reconstruct 855 linear feet of pre-cast seawall and to design and permit the replacement of another 3,088 linear feet of seawall.

"The overall project is really a coastal protection project," said Tony Omobono, a vice president with the engineering firm Tetra Tech. "It's really to help protect the resources of the city, particularly along the Manet Ave area with this project, from changing coastal conditions be it sea-level rise, storm surge, more intense rainfalls."

The new seawall will be constructed two feet higher than the existing seawall, with the ability to go up another two feet in height in the future if it is necessary to do so. The city used a similar approach when it replaced the seawall between Chickatabot Road and Babcock Street previously.

The existing seawall that will be replaced includes sections of both pre-cast and poured-in-place concrete; some areas of the seawall have either revetment or riprap in front of it as well. Omobono said the new seawall would likely include pre-cast and poured-in-place sections along with revetment and riprap where the topography allows it.

The preliminary design of the seawall should be complete by June, Omobono said, at which point the design will be at the 25 or 30 percent stage and an initial estimate for the construction costs will be available. The final design and permitting will take another 12 to 18 months and should be complete by December 2024. The bidding process for the construction of the new seawall is estimated to take two or three months and wrap up in March 2025. Construction would take 12 to 18 months and should be complete in late 2026.

The city and Tetra Tech will be in frequent communication with area residents throughout the design process, Omobono stated.

"What's important in the process for both us and the city, I believe, is that we will maintain contact and communication throughout the course of the design process," he said. "This will be a very interactive process with the residents. We know there are a number of properties impacted by this project and we fully intend to coordinate and collaborate with the residents in the area."

Ward 1 Councillor David McCarthy said he was glad the city was moving forward with the seawall project so soon after the seawall from Chickatabot Road to Babcock Street was replaced.

"If anyone is watching, they'll be very excited to know we're back on this. I didn't know if we were going to get back on this horse as quick as we did because that was a giant undertaking...all the way up to Chickatabot and now we're going the other way. It's just a big plus for Houghs Neck. I know they will be excited," McCarthy said.

"This is great that we're back on this and I couldn't be happier."

Once complete, the seawalls will last at least 50 years and should require little to no maintenance, Omobono said.

The remaining $1 million appropriated on Monday will go toward the repair of 16 stormwater outfalls throughout the city.

Joseph Shea, head of the firm Granite City Partners, said the city is required to annually inspect each of its 188 outfalls to rivers, brooks and the ocean as part of its consent decree with the US Environmental Protection Agency. The 16 that will be repaired have been identified as top priorities.

"Several of these outfalls have fallen to a point of disrepair where they hold water which then becomes stagnant which then allows bacteria to grow which then causes an issue with the city's water quality," Shea said. "So, we will be adjusting the outfalls so the water can be released back into the ocean."

On top of the 16 outfalls that will be repaired, Shea said another seven outfalls in Houghs Neck would be repaired as part of the seawall project. The city will continue to work on outfalls moving forward, including both maintenance and capital projects, he said.

Ward 5 Councillor Charles Phelan Jr., who is the chairperson of the council's finance committee, said the sewer and drainage rehabilitation fund was established more than 30 years ago to pay for projects such as the ones approved Monday night.

"I voted for it back in 1990. I see the way you're using it and I can say that's the intent of the City Council when we voted for this," Phelan said. "Drainage and flood control problems, that's exactly what the fund was meant for."

MassDOT Launches Billboard Design Contest To Support National Work Zone Awareness Week

The Massachusetts Department of Transportation (MassDOT) has launched a statewide billboard design contest to support the American Traffic Safety Services Association's (ATSSA) National Work Zone Awareness Week.

The contest is open to all students who are currently enrolled in colleges and universities in Massachusetts. Applicants are asked to create and submit proposed billboard Public Service Announcements (PSAs) to encourage drivers to obey the rules of the road and exercise caution when travelling through work zones where crews are involved in active construction and maintenance projects.

Entries from college students for the MassDOT billboard contest must be submitted by 5:00 p.m., Friday, April 21. The winning designs will be selected based on creativity, impact, and relevance to this year's identified theme.

The top 3 designs will be displayed on a series of digital billboards along highways in Massachusetts throughout the 2023 construction season.

1. The submission selected for first place will be displayed on billboards for approximately three months.

2. The submission selected for second place will be displayed on billboards for approximately two months.

3. The submission selected for third place will be displayed on billboards for approximately one month.

The winning entries will be selected by a panel comprised of MassDOT senior managers. Entries will be judged on their visual appeal, adherence to the theme, quality of design, and ease of reproduction.

The winners will be notified via email and announced during the 2023 MassDOT Transportation Innovation Conference which is scheduled to be held on Tuesday, May 2, and on Wednesday, May 3. In addition, entries will be posted on the Mass.gov website and communicated through MassDOT social media accounts.

For information on MassDOT's billboard design contest for National Work Zone Safety Week, including contest rules and requirements, eligibility, and submission guidelines, please visit: mass.gov/work-zone-billboard-contest-2023.

For information on the American Traffic Safety Services Association's National Work Zone Safety Week, please visit: https://www.nwzaw.org/.

MA Households To Receive First Extra SNAP Payment April 7

Cont'd from Page 23

of the department's over 100 SNAP outreach partners. SNAP outreach partners are local community organizations who work with DTA to help people apply for and maintain their SNAP benefits.

Also, Massachusetts households who receive SNAP benefits can automatically participate in the Healthy Incentives Program (HIP). HIP puts money back on an EBT card when SNAP is used to buy local fruits and vegetables from HIP farm vendors, up to $40, $60 or $80 a month depending on household size. Find a HIP vendor at DTAFinder.com.

More resources available to help individuals and families:

• Community Food Resources: call or text Project Bread's FoodSource Hotline, 1-800-645-8333

• If you have children under age 5/are pregnant or breastfeeding, you may be eligible for the WIC nutrition program: Mass.gov/WIC or call 800-942-1007

• All K-12 students can get free school meals this school year

• Rent or mortgage help: Call 2-1-1 or go to Mass.gov/covidhousinghelp

• Fuel Assistance help paying for heat: go to Toapply.org/MassLIHEAP or call 800-632-8175

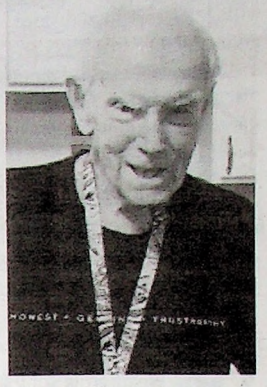
• Money to help pay for the internet or a computer: GetInternet.gov, AccedeAInternet.gov

• Get help with 2022 taxes and any COVID stimulus or Child Tax Credit money you are owed: FindYourFunds.org

• If you have children/are pregnant and have no income or low income, you may be able to get TAFDC cash benefits. If you are 65 or older or disabled with no or very low income you may be able to get EAEDC cash benefits. Learn more/apply: DTAConnect.com

OBITUARY

Wallace H. Pearson, 97



WALLACE H. PEARSON

Wallace H. Pearson passed away on Thursday March 30th, 2023 at the age of 97 years.

He was the beloved husband of 70 years of the late Marion A. Pearson (nee Benedini.) Loving father of Linda S. Pearson of Spartanburg, SC, Debra A. (Martin) Fehr of Matthews, NC, and Donna L. (Jerry) Dean of Cincinnati, OH. Grandfather of Adrienne (Richard) Snead of Columbus, OH, Eric (Molly) Fehr of Charlotte, NC, Meredith (Steve) Myszka of Matthews, NC, Jason (Nikki) Dean of Austin, TX, and Kelly Dean of Wimberly, TX. The Great-Grandfather of Richard Wallace Snead, Campbell Sterling Snead, Charles Sonley Fehr, Haven LeeAnn Dean, Jetton Creed Dean, Braven Parker Dean and Michael Kaden Dean. He is also survived by his sister Jean Maver of Quincy, MA and several nephews and nieces in the New England area.

He was preceded in death by his parents Margaret S. (nee Mathieson) and Harold F. Pearson.

He graduated from Quincy High School Class of 1943 and attended Suffolk University and Boston University. He retired as Vice President and Treasurer of Vulcan International Corporation, where he also served as president of the Canada Vast Company LTD., Cambridge, Ontario and the Southern Heel Company of Springfield, TN. He served in World War II in the United States Army Air Forces.

Mr. Pearson was an Elder and Past President of the Board of Trustees at Westwood First Presbyterian Church. He also served on the Board of St. Francis-St. George Hospital (now Mercy Hospital) and was Finance Chairman of the Gamble - Nippert YMCA. He was a past president of the local Toastmaster's Club and a member of the Administrative Management Society.

Prior to relocating from Quincy, MA he was an Elder and President and Treasurer of the First Presbyterian Church of Quincy, MA. He also served as Trustee of the Chinese Christian Church of Boston.

The family will receive guests at Westwood First Presbyterian Church (3011 Harrison Ave. Cincinnati, OH 45211) on Saturday April 15th, 2023 from 10 a.m. until time of service celebrating his life at 11 a.m.

In lieu of flowers, contributions can be made to Hospice of Cincinnati www.hospiceofcincinnati.org or they may be sent to Hospice of Cincinnati, P.O. Box 633597, Cincinnati, OH 45263-3597, or Westwood First Presbyterian Church, 3011 Harrison Avenue, Cincinnati, OH 45211.

Dalbert Woodruff and Isenogle Funeral Home in Cincinnati, Ohio assisting the family. www.dwifuneralhome.com to express your online condolences.

More Obituaries Pages 26-27

Wollaston Beach Day Of Service Monday

Save the Harbor/Save the Bay is hosting a day of service Monday, April 10 at Wollaston Beach.

Boston 25 News will be broadcasting live from Wollaston Beach throughout its 6 a.m. to 11 a.m. morning program. Save the Harbor/Save the Bay is hosting the service day.

The public is welcome to participate in the beach clean up. This will be a chance to meet with local officials, leaders of Friends of Wollaston Beach and Save the Harbor/Save the Bay, and for you to share your stories and suggestions for Wollaston Beach. Come and show the world how important our lovely coastline is to you.

To learn more about Save the Harbor / Save the Bay, visit https://savetheharbor.org.

If you would like to learn more about, or become a member of, Friends of Wollaston Beach, visit friendsofwollaston.com. If you can't make this event, join the Friends for other upcoming events: ParkServe Day - April 22 from 10 a.m. to noon (north end of the beach) and Cleaner Greener May 6 - also 10 a.m. to noon (Caddy Park at the south end of the beach). Stay tuned for the Friends of Wollaston Beach summer lineup.

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OBITUARIES

Jane C. Rubino, 71

Jane C. (Della Barba) Rubino, age 71, a lifelong Quincy resident, died peacefully, Tuesday, March 28, 2023, in the comfort of her home, surrounded by her loving family. She was a beloved wife, mother, grandmother, sister, and friend to many.

Jane was born in Quincy, to the late Arthur and Carmella (Covellucci-Nash) Della Barba. Raised in Quincy, she was a graduate of Quincy High School, Class of 1969.

Despite the challenges of her 46-year battle with Multiple Sclerosis, she never lost her positive spirit or her infectious smile. Her courage and resilience in the face of adversity were an inspiration to all who knew her.

Jane always had an eye for home decorating and enjoyed sharing her input with friends and family. She also enjoyed real estate and brought her family to countless open houses. Her illness prevented her from pursuing her interests professionally. Most of all, Jane loved her family and cherished Sundays with her large family at her parents' summer cottage.

Jane was a loving wife to her husband Joseph Rubino, with whom she spent forty happy years; devoted mother of Brendan Gibbons and his wife Laurel of Barrington, RI, Lisa Harutunian and her husband Steven of Quincy; loving grandmother

JANE C. RUBINO

of Colin and Harrison Gibbons, Lyla and Camille Harutunian; and dear sister of Dennis Della Barba and his wife Lydia of Weymouth, Deborah Englert and her husband David of Boynton Beach, FL. Jane is also survived by many loving nieces, nephews, and her extended family.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Monday, April 3. At the request of Jane's family, funeral services and interment will take place privately.

The family's friend, Charles Fosbroke, is riding the Bike MS: Cape Cod Getaway. In lieu of flowers, donations can be made in Jane's memory. You can call the MS fundraising line at 855-372-1331 or visit https://mssociety.donordrive.com/participant/Charles-Fosbroke to support this cause.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Robert A. Flaherty, 76

Robert A. "Flash of Houghs Neck" Flaherty, age 76, a lifelong Quincy resident, died suddenly, Tuesday, March 28, 2023 at home.

Robert was born in Boston, to the late Joseph F. and Dorothy C. (Yetman) Flaherty. Raised and educated in Quincy, he was a graduate of Quincy High School, Class of 1964. He later graduated from Northeastern University where he was a member of the Sigma Epsilon Rho Honor Society.

He was employed as a stockbroker with the A.G. Edwards Company of Hingham for twenty-five years. As a young man, Bob worked as a composer at the Patriot Ledger for ten years. After retirement, he worked in the mailroom at Quincy City Hall for several years.

Bob was a Vietnam Era veteran and proudly served as a Corporal in the U.S. Marine Corps. Active in veterans affairs, he was a life member and past chaplain of the Marine Corps League William R. Caddy Detachment in Quincy, the Hough Neck American Legion Post 380, and the former DAV Quincy Cavanaugh Chapter #79.

He was a volunteer driver for DAV veterans, logging thousands of miles, and also served the Houghs Neck Meals on Wheels community. Bob was always willing to lend a helping hand.

A man of faith, Bob was a longtime active member of Most Blessed Sacrament Parish and a former Extraordinary Minister of Holy Communion. He was well-known for his dry sense of humor

ROBERT A. FLAHERTY

and his love of gardening.

Bob and his wife, Jeanne, loved Irish music and dancing. They belonged to many Irish organizations where they made many friendships, including the Comhaltas Ceoltoiri Erin, the Irish Social Club of West Roxbury, Irish Cultural Center in Canton, Norwood Music Club, Canadian American Club of Watertown, and the Irish Music Club of Greater Boston.

Beloved husband and best friend for fifty-two years of Jeanne M. (Gibbons) Flaherty.

Devoted brother of Joseph F. Flaherty and his wife Nina of Weymouth, Mary Sportman and her husband Kim of Raynham.

Dear brother-in-law of Thomas G. Gibbons and his wife Carol of Plymouth, Brian S. Gibbons and his wife Lorraine, Richard J. Gibbons and his wife Eleanor, all of Quincy.

Bob is also survived by many loving nieces, nephews, and their families.

Visiting hours were held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Sunday, April 2. A Funeral Mass was celebrated in Holy Trinity Parish at Most Blessed Sacrament Church, 1015 Sea St., Quincy, on Monday, April 3. Interment, with military honors, followed at Mount Wollaston Cemetery, Quincy.

In lieu of flowers, donations in Bob's memory may be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675-8516 or St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

You are invited to visit www.sweeneybrothers.com or call 617-472-6344.

Charlene M. Cullen

Charlene M. Cullen (Rogers) of the Deep Creek community of Punta Gorda, FL was born Feb. 17, 1942 in Cohasset, MA and passed peacefully with her husband Terrance by her side on March 20, 2023. She was a loving wife, mother, daughter, and sister and will be greatly missed by her many dear relatives and friends. She was preceded in death by her parents Lawrence and Margaret (Quinlan) Rogers, her first husband Arthur Saccoach, her brothers Francis (Bucky) and Robert Rogers, her sister Veronica Cox and her daughter Maria T. Cullen.

Charlene spent her early years in Brooklyn, NY and returned to MA where she attended Hingham and Quincy public schools. She worked as an electronic component assembler and barmaid until the birth of her daughter and became a stay at home mom until her retirement. She enjoyed reading, jigsaw and crossword puzzles, cruising and traveling but mostly she enjoyed cooking. She especially enjoyed hosting large holiday gatherings for family and friends back in Quincy, MA and continued the tradition when she retired to Florida. One rule- Stay out of the Kitchen until the meal has been prepared and all have eaten. Nothing brought a smile to her face faster than seeing a baby or a toddler, a puppy or a kitten, all of whom she considered precious. She was a member of the Quincy Lodge of Elks

CHARLENE M. CULLEN

#943, plus the Eagles Aerie #3296 and Moose Lodge #2121 in Port Charlotte.

Charlene is survived by her husband of 53 years Terrance D. Cullen, her son Arthur Saccoach, Jr. of Bridgewater, MA, her granddaughter Isabelle DeAngelo of Mansfield, MA, sister-in-laws Alice Ash and Patricia DiLillo of Weymouth, MA, Teri Cullen of Jacksonville, FL, and many nieces and nephews and her cat Mikey.

For those wishing to make a donation in her name please consider Animal Welfare League of Charlotte County or The Salvation Army, both in Port Charlotte. Charlene's family would also like to thank the doctors, nurses, and staff at Shore Point Hospital, Port Charlotte Rehab Center, and Select Specialty Hospital in Fort Myers for their compassionate care.

A private burial will be at Restlawn Memorial Gardens in Port Charlotte. A celebration of her life will be held on Wednesday, April 19th at 1:00 pm at the Eagles Aerie #3296 in Port Charlotte. Arrangements by Johnson-Taylor Funeral and Cremation.

Sheila B. Grant, 79

Sheila B. Grant, of Quincy, died peacefully on Wednesday, March 22, 2023 at the Alliance Health at Marina Bay in Quincy. She was 79.

Sheila was born in Boston on Jan. 12, 1944, and was the daughter of the late George and Bridget (Fitzgerald) Grant. She was raised in Dorchester, attended local schools and graduated from high school in 1962. She worked as a lunch monitor for Quincy Public Schools. She loved her work, the students, and all the relationships she built throughout the years.

In her spare time, Sheila enjoyed drinking hot and iced tea at Dunkin' Donuts while playing cards with the card sharks. She also enjoyed playing scrabble with friends.

Sheila was the devoted mother of Brian Grant of Quincy. She was the dear friend of Joan Timmons of Quincy, Kathleen Kelly of Quincy and Charity Cimmino of Whitman.

SHEILA B. GRANT

Sheila's funeral services and interment will be held privately.

In lieu of flowers, donations in Sheila's name may be made to the Alzheimer's Clinical & Translational Research Unit (ACTRU) and mailed to Massachusetts General Hospital Development Office, 125 Nashua St., Suite 540, Boston, MA 02114 or made online at: https://giving.massgeneral.org/donate; please be sure to indicate that the gift is a tribute gift in memory of Sheila.

See www.Keohane.com for online condolences.

In Loving Memory on Your Birthday

LINDA M. HARRISON

APRIL 7, 1950 — MAY 17, 2022

You are loved. You are missed.
You are remembered.

Happy Birthday in Heaven.

In Loving Memory of
JOHN KEELEY
9/4/36 — 3/31/22

To my dad in heaven,
thank you for always
loving me and guiding me.
Even though you are
no longer here with me
I can still feel your love
guiding me.
You are always in my
heart. I love you
and miss you dearly.

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Meredith J. Baker, 59

Meredith J. Baker, age 59, of Rockland, formerly of Braintree, died peacefully, after a long illness, Wednesday, March 29, 2023 at South Shore Hospital in Weymouth, in the comfort of her loving family.

Meredith was born in Quincy, raised and educated in Braintree, and was a graduate of Braintree High School, Class of 1981. She was also a graduate of Gordon College in Wenham and later received her Master's degree from Gordon-Conwell Theological Seminary in Hamilton. She lived in Rockland for many years.

She was employed in higher education and was the Process and Systems manager at Berklee College of Music in Boston for several years. Previously, she was the registrar at Eastern Nazarene College in Quincy.

Meredith grew up in the faith community of Fort

MEREDITH J. BAKER

Square Presbyterian Church in Quincy and continued working in the ministries of various South Shore churches. During healthier times she was an avid tennis player.

Beloved daughter of the late Dorothy J. (Pratt) and Walter M. Baker, Sr.

Devoted sister of Walter M. Baker, Jr. and his wife Alexandra of Braintree, Edward F. Baker and his wife Mary Ann of Franklin, Derelyn K. Kahler of Weymouth, Glenn A. Baker and his wife Rebecca of Hingham.

Loving aunt of Walter M. Baker III and his wife Caitlin, Danielle J. Gilson and her husband Mark, Nicole J. Void and her husband Dennis, Jacqueline E. Baker, Steven J. Kahler and his wife Deena, Kevin B. Kahler and his wife Jette, Darya A. Baker, Andrew A. Baker and Aaron B. Baker.

At the request of Meredith's family, funeral services and interment were private.

For those who wish, donations in Meredith's memory may be made to the Dana Farber Cancer Institute, Memorial Contributions, P.O. Box 849168, Boston, MA 02284-9168.

Arrangements were under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy. You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

Robert D. Wilson

Robert D. Wilson (Bob) of Quincy died on March 27 at BMC. Over the last 28 years Bob had a few health battles; however, he always managed to overcome them. Perhaps his strong faith helped him continue to do good works for many and pray for the goodness of others.

Bob was a devoted husband, a committed father, and a dynamic Papa.

Bob, the incredibly successful salesman, loved making the deal with his customers, and they respected him. He has always worked in the food industry. First as a food broker, then as a manufacturer's representative. Bob sold household chemicals, laundry detergent, bleach then cereal. He even appeared on WBZ radio to talk about cereal.

Bob was involved in his community. He started with Montclair School on the PTO, then became the Citywide parent's representative on the Quincy school committee. He was also on The

ROBERT D. WILSON

Quincy Design Selection Committee.

Bob was devoted to his family and faith. Within his faith community, he was involved with the CYO of St. Ann. Bob loved waking early, and his first event of the day was to attend Mass. St. Agatha Church had a 7 a.m. Mass, which was perfect timing for him. He became very involved there, organizing lectors and servers for that Mass. Later he volunteered to serve at the last chapter of the journey of faith, funerals, which he considered an honor and gave him great satisfaction. He was a greeter at the 5 p.m. Mass after COVID. He came to know The Daughters of Mary of Nazareth and their outreach work. He would visit them often and offer them much support.

Bob is survived by his wife of 55 years, Mary (Vaughn). Their love story began with a meeting at a liquor store, followed by their first date commencing with attending a mass. His children also survive him, Rev. Richard D. of Fall River, Paul V. (Jasmine) of Merrimac, MA. and Suzanne Weaver of Concord, NH, and his brother, Richard J. His daughter, Katherine Danehy (Brian), died in 2021. He was a beloved Papa to Nikki and Rosie Danehy, Jake and Tommy Weaver, and Zechariah Wilson.

Survivors include his sisters-in-laws, Irene Green of SC and Frances Cunningham of Whitman, and his nephew, Edward Parks, and many other close relatives.

He was predeceased by his parents, Bob and Marguerite, his sister, Ann Marie Parks, his nephew, David Parks, and niece Sarah Cunningham, and his childhood friend, Ronald Newcomb.

Please pray for Bob and his family. Donations may be made in lieu of flowers to St. Agatha Church Milton, Daughters of Mary Of Nazareth Quincy, or JDRF.

A Mass of Christian Burial was celebrated Tuesday, April 4th, 2023 in St. Agatha Church, Milton. Funeral arrangements are under the care of Hamel-Lydon Chapel.

John A. Delorey

John A. Delorey of Quincy passed away March 27th, 2023.

Precious father of Christine Delorey. Grandfather of Jacqueline Fraser and great grandfather of Cora Rajotte all of Quincy. Brother of James Delorey of Plymouth and the late Kevin and Dennis Delorey.

Visiting hours were held Sunday, April 2nd, 2023 in the Hamel-Lydon Chapel, 650 Hancock St., Quincy.

In lieu of flowers donations may be made in John's name to Cops for Kids, P.O.

JOHN A. DELOREY

Box 850956, Braintree, MA 02185.

For online condolences please visit www.hamellydon.com.

John C. Grant, 90

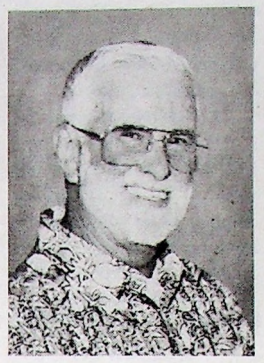
John C. "Jack" Grant, age 90 and a lifelong resident of Quincy, died peacefully, Saturday, March 25, 2023 at his residence in Delray Beach, Florida, in the comfort of his loving family.

Jack was born in Winthrop, to the late Margaret (Herrick) and Robert T. Grant, Sr., and was raised and educated in Quincy Point. He was a graduate of Quincy High School, Class of 1951.

Jack proudly served in the Massachusetts National Guard for many years. He was employed with General Motors, working as an inventory receiver at the company's parts warehouse, first in Newton and later in Westwood, where he was a longtime member of the United Auto Workers Local 422. He retired in 1996 after forty-three years of service. Jack also owned and successfully operated his own cleaning business for over twenty-five years.

Jack was a devoted and lifetime parishioner of Saint Joseph's Church in Quincy Point. He was a former member and officer of the Braintree Moose Lodge. He was a winter resident of Delray Beach, Florida for over twenty years and enjoyed running the bocce league with his wife, Anne.

Jack loved flowers and had a passion for gardening. He



JOHN C. GRANT

was known for meticulously maintaining his yard and pool and had been recognized with a "Neat Neighbor" award by the Patriot Ledger. Jack enjoyed hosting cookouts and pool parties. He was an opera enthusiast and regularly shared his love for classical music with the neighbors. His avid quest to remove and relocate squirrels was legendary. He was a dedicated Boston sports fan. Most of all, he was devoted to his family, actively supporting their many activities and accomplishments.

Beloved husband for sixty-eight years to the love of his life, Anne L. (Barrell) Grant.

Devoted father of Mary T. Swindells and her husband, Steven, of Smithfield, Maine; John J. Grant and his wife, Lisa, of Hanover; Linda E. Morin and her husband, Richard, of Prince Frederick, Maryland; Martin J. Grant and his wife, Lynne, of Braintree; Kathleen M. Dhingra and her husband, Sunil, of Braintree; and Roberta "Robin" E. Muise and her husband, Vincent, of Milton.

Loving grandfather of fourteen and great grandfather of seven.

Dear brother of the late Robert T. Grant, Jr., Colonel, U.S.A., Ret. and his late wife, Paulette; the late Paul H. Grant and his late wife, Loretta; and the late Mary E. Dyson and her late husband, Charles "Cliff."

Jack is also survived by many nieces, nephews, and their families.

Visiting hours will be held at the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy, on Monday, April 10, from 4 – 7 p.m. Relatives and friends are invited to attend. A Funeral Mass will be celebrated in Saint Joseph's Church, 550 Washington St., Quincy, on Tuesday, April 11, at 10 a.m. Interment, with military honors, to follow at Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in Jack's memory may be made to Saint Joseph's Food Pantry, c/o 556 Washington St., Quincy, MA 02169.

You are invited to visit www.thesweeneybrothers.com or call 617-472-6344.

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WHAT OUR FAMILIES SAY ABOUT US

"Thankfully, your compassionate caring at Hamel-Lydon Chapel helped her to transition to her beautiful, peaceful new life in God's Heaven. Many thanks for making this passage easy and welcoming, your warmth and kindness will always be remembered. God Bless You."

"Outstanding dedication, knowledge, ability to listen and other personal and professional qualities made our experience with Hamel-Lydon exceptional. From the bottom of our heart, Thank You!"

"There are no words to express my gratitude to you. My family and I are grateful to you for your kindness and careful attention to every detail."

"It was the most prepared funeral that we have ever experienced. It was our blessing for our grandmother to have Hamel-Lydon as her funeral home."

"We were all pleasantly surprised at how much respect and thought went into the whole process. I'm so happy that we chose to use your business."

(617)472-5888

650 Hancock Street, Quincy, MA 02170

2019-2023 Best of Quincy Funeral Home Award

AAA: Massachusetts Gasoline Price Up Two Cents To $3.27 Per Gallon

The average gas price in Massachusetts is up two cents from last week ($3.25), averaging $3.27 per gallon.

Monday's price is one cent lower than a month ago ($3.28), and 92 cents lower than April 3, 2022 ($4.19). Massachusetts' average gas price is 23 cents lower than the national average.

The national average for a gallon of regular gasoline rose seven cents since last week to hit $3.50. Robust demand for gasoline and rising oil prices are the driving factors for the recent uptick in pump prices.

"Oil prices finally crested and have now settled above the $70 per barrel mark after weeks of hovering just below it," said Mary Maguire, AAA Northeast Vice President of Public and Government Affairs, "and gas demand is very robust. These two factors will cause drivers to see prices increase for now. We will also be watching closely to see how much oil production cuts by OPEC nations will impact oil and gas prices."

AAA Northeast's April 3 survey of fuel prices found the current national average to be 7 cents higher than last week ($3.43), averaging $3.50 a gallon. Today's national average price is 11 cents higher than a month ago ($3.39), and is 69 cents lower than this day last year ($4.19).

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO23P0555EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
James M. Callahan
Also known as:
James Callahan
Date of Death:
01/16/2023

To all interested persons:

A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Clare Bouzan** of **Allston, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Clare Bouzan** of **Allston, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 05/03/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 27, 2023
COLLEEN M. BRIERLEY
Register of Probate

4/6/23

LEGAL NOTICE

CITATION ON PETITION FOR SALE OF REAL ESTATE BY A PERSONAL REPRESENTATIVE
Docket No. NO22P3561EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Geraldine E. Coletti
Also known as:
Geraldine Elizabeth Coletti
Date of Death:
03/25/2022

To all interested persons:

A Petition for Sale of Real Estate has been filed by:

Lisa Marie Schipellite of **Quincy, MA**

requesting that the court authorize the Personal Representative to sell the decedent's real estate at a private sale.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 A.M. on the return day of 04/19/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 16, 2023
COLLEEN M. BRIERLEY
Register of Probate

4/6/23

Bethany Church Indoor Outdoor Yard Sale May 20

Bethany Congregational Church, 22 Spear St., Quincy, will hold its Annual Indoor/Outdoor Yard Sale Saturday, May 20, from 9 a.m. to 3 p.m.

Set up of tables and chairs are provided.

$30 per table and outside canopies are available at no extra charge if you would like to be outside.

Food and beverages available for purchase.

Call Margaret Milne for more information or to reserve your table, 617-773-1534.

PLEASE RECYCLE
THIS NEWSPAPER

LEGAL NOTICE

PONKAPOAG BANCORP, MHC

490 Turnpike Street
Canton, Massachusetts

NOTICE OF ANNUAL MEETING OF CORPORATORS

May 10, 2023

The Annual Meeting of the Corporators of **PONKAPOAG BANCORP, MHC** will be held at Brookmeadow Country Club, 100 Everendon Rd, Canton, Massachusetts on Wednesday, May 10, 2023 at 5:00 pm (1) to re-elect Corporators; (2) to elect new Corporator(s); (3) to re-elect Trustees; (4) to give an annual report to the Corporators; and (5) to consider and act upon any matters incidental to the forgoing or as may otherwise properly come before said meeting.

MARIAN K. PENDERGAST
CLERK OF THE CORPORATION
4/6/23

NOTICE OF PUBLIC HEARING

COMMONWEALTH OF MASSACHUSETTS

DIVISION OF CAPITAL ASSET MANAGEMENT AND MAINTENANCE

NOTICE OF PUBLIC HEARING
CITY OF QUINCY

The Commonwealth of Massachusetts' Division of Capital Asset Management and Maintenance ("DCAMM") hereby gives notice that, pursuant to Section 37 of Chapter 7C of the Massachusetts General Laws, a public hearing will be conducted to disclose the conditions and reasons for the proposed purchase of 2.5± acres of real property located at 50 Dennis Ryan Parkway in Quincy, Massachusetts, (the "Property").

The Property is owned by the County of Norfolk and is currently used for the operation of the Quincy District Court. As a result of the analysis in the Massachusetts Courts Capital Master Plan conducted in 2017, the Quincy District Court was identified for replacement. The Property shall be acquired by the Commonwealth so DCAMM and Trial Court can construct a new modern court building.

The hearing shall be conducted in person on **Wednesday, April 19, 2023 at 5:00 p.m.** in the Great Hall, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts.

Carol W. Gladstone, Commissioner
Division of Capital Asset Management and Maintenance

4/6/23

An Easter Message: From A Suffering Cross To A Triumphal Resurrection

Shalom Peace Happy Easter to all in Quincy from Saint Yves School Haiti. Easter is the most awesome feast in Quincy and in the history of mankind. It is the celebration of a triumphal Resurrection that took place over 2,000 years ago.

Still today this event can revolutionize your life and the life of every human being. This is what caused this spectacular feast of the resurrection. Thousands of years ago, in a garden named Eden in the Ancient Near East, a rebellion sparked by a deception of a couple named Adam and Eve led to sin and human captivity. Thus the loving Creator of humanity stepped in and showed mankind what is called in Hebrew Hased, which signifies, loving-kindness, and grace.

A promise was made by the Creator. This is the promise. His own begotten son would come on earth and crush the head of the deceiver, Satan who is a liar. The seed of this man would be from a woman. He would shed His blood as a ransom and free all captives. "For God so loved the world that He gave His only son so that whoever believes in Him shall not perish but have eternal life" (John 3:16).

About 2,000 years ago this promise was fulfilled when a virgin from Nazareth, in Palestine gave birth in Bethlehem of Judea to the savior. The virgin name is Marie. Thus the redeemer came to the earth. He grew up with His foster father named Joseph and His mother Marie. For a while, they were refugees in Egypt. Then they returned to Nazareth. The deliverer became a carpenter.

At the age of 30, He began His public ministry. He preached the Good News of God's kingdom. He did many miracles such as changing water into wine at a wedding and walking on water. He healed the sick. He opened the eyes of the blind. He made a paralytic walk. He even rose the dead. He did many other miracles.

His popularity grew so enormous that on Palm Sunday a huge crowd welcomed Him like a king in Jerusalem. King Herod along with the religious leaders of the country who were Jewish became very angry and jealous of Him. They conspired and made up a plot to put Him to death.

A few days before the Jewish feast of Passover one of the His disciples betrayed him. Thus the Savior was handed over to the authorities. He was sentenced to die on a cross, just one day after his arrest. Yet the story did not end at his crucifixion.

Three days after his Crucifixion even though His tomb was heavily sealed with a huge stone and military guarded, the stone that was in front of the tomb was moved. The deliverer was seen alive first by a woman named Magdalene. She testified seeing Him in front of the empty. She also stated that the huge stone was rolled out. When she turned, she saw Him alive. His name is Jesus of Nazareth. He called Marie by her name. All of a sudden her tears turned to joy. She ran and told His disciples. They could not believe their eyes.

Later on, He appeared to them while the doors were locked in the upper room where they had celebrated Passover a few days earlier. Then Jesus was seen by two disciples who were going to a town named Emmaus, then 500 disciples saw him alive Thus Easter began. A great time of joy, peace, and celebration began for those disciples and His mother who were days before in sorrow. For 40 days remained on earth and was seen by over 500 of His disciples. Then He was lifted up to heaven like a shuttle. He promised to send a comforter for them His Holy Spirit. He will bring peace, joy, guidance, and wisdom, and be with them always.

You too can experience this great peace, and joy, forgiveness. Just be open to believing and have hope. Receive the Hased, loving kindness of a great God who loves you so much that He gave His son for you. Be like Mary Magdalene and become instantly Joyful. Be like Thomas who was unbelieving yet changed to the believer. Believe with your heart and proclaim with your mouth Jesus is Lord see your guilt turn to forgiveness like Peter, the first Pope, and see your shame turn to fame like the disciples who all of a sudden had many followers who joined them on Pentecost. See your mo-query turn to victory like Jesus on Resurrection Sunday.

Experience healing supernatural breakthrough door opening like Paul and Sylas Acts 16. See all enemies swallowed in the Red Sea. See money chase your bank account and even be put at your feet like Peter in the book of Acts. What was meant for bad turned into a great outcome? The of Jesaster story became so well known that today billions of believers throughout the globe are celebrating this great feast. In Quincy, there are many events to commemorate this great event. From the breakfast with the Easter bunny at Divine Mercy Sacred Heart to the carrying of the cross throughout the city of Quincy on Good Friday to many Egg huntings. The most famous is the 25,000 Eggs hunt at Eastern Nazarene. Then on Easter Sunday, there are masses and services in many churches.

Happy Easter to All Hased, Blessing to all in Quincy.

Shalom

Marie Denise
Quincy

REQUEST FOR PROPOSALS **REQUEST FOR PROPOSALS**

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy/SCCDA invites sealed proposals for:

SCCDA/MASSHIRE **IT SUPPORT SERVICES** **APRIL 20, 2023 AT 1:00 P.M.**

In accordance with MGL Chapter 30B, the City of Quincy on behalf of South Coastal Career Development Administration is soliciting proposals from organizations or individuals to provide IT support services to the MassHire South Shore Workforce Development Board, the SCCDA, and the MassHire South Shore Career Center. Any contract will have a term of one (1) year, renewable at the sole discretion of SCCDA for up to two (2) additional one (1) year periods.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. through 4:30 p.m.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer through email: klogan@quincyma.gov and cc: mmarini@quincyma.gov and inquiries will be accepted until April 14, 2023, at 12:00 p.m.

Proposals must be in two (2) separate sealed envelopes. The outside of one (1) envelope must be clearly marked **"RFP Enclosed"** and the second (2nd) envelope must be clearly marked **"RFP Price Proposal"** with time/date of bid call.

Late Proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City/SCCDA and waive any informality in the bidding if it is in the best interest of the City/SCCDA to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, Chief Procurement Officer

4/6/23

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Natural Resources

Thomas P. Koch
Mayor

INVITATION TO BID

The Department of Natural Resources for the City of Quincy, Massachusetts is seeking sealed bids for **Fall Tree Planting Project** until **11:00 a.m.** local time **Thursday, April 20, 2023**, in the Office of the Purchasing Department, 1305 Hancock Street, Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud. All bids shall include one (1) original hardcopy and one (1) thumb drive of all information submitted. All inquiries are due no later than Friday, April 14, 2023 at 12:00 p.m. and should be directed to Kathryn Logan, Chief Procurement Officer, by email to klogan@quincyma.gov and cc: mmarini@quincyma.gov.

The work under this contract shall consist of the furnishing and planting of approximately 400 new trees of varying species and related work at various locations. In addition, the following related items shall be included in the scope of work: cutting and excavation of tree pits; the watering and maintaining of the trees; preparation of planting soil mix and fertilizer additions; installation of bark mulch; and fine grading of planted areas.

All work under this contract shall begin by September 20, 2023, and be substantially completed by December 1, 2023, and all work shall be ready for final payment by December 15, 2023.

Detailed specifications will be available online at the City of Quincy's website www.quincyma.gov and can also be made available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Kathryn R. Logan
Chief Procurement Officer

David Murphy, Commissioner
Department of Natural Resources

4/6/23

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **ROAD IMPROVEMENTS 2023 CONTRACT #4** until **11:30 a.m.**, local time **Thursday, April 20, 2023,** in the Office of the Purchasing Department, 1305 Hancock Street, Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The City of Quincy Massachusetts will accept sealed bids for the reclamation (full-depth), cold planing and surfacing of various roadways, including sidewalks and curbing. The estimated value of the contract is $6,046,551.53. A 5% Bid Bond is required. All work under this contract shall be substantially completed by November 1, 2023, and all work shall be ready for final payment by November 15, 2023.

The Bidder **must** be pre-qualified by the Massachusetts Department of Transportation for Highway Construction.

All inquiries must be received via email to klogan@quincyma.gov and cc: mmarini@quincyma.gov thru April 14, 2023 by 12:00 p.m.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available April 5, 2023, at 10:00 a.m.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

Alfred J. Grazioso
Commissioner

Kathryn R. Logan
Chief Procurement Officer

4/6/23

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO23C0059CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Melissa Christine Warren

A **Petition to Change Name of Adult** has been filed by

Melissa Christine Warren of **Quincy, MA**

requesting that the court enter a Decree changing their name to:

Melissa Christine Radacina

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 04/26/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 14, 2023
COLLEEN M. BRIERLEY
Register of Probate

4/6/23

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO22C0491CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
In the Matter of:
Tauraq Raquib Briscoe

A **Petition to Change Name of Adult** has been filed by

Tauraq Raquib Briscoe of **Quincy, MA**

requesting that the court enter a Decree changing their name to:

Tauraq Raquib Eaton

IMPORTANT NOTICE

Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 05/03/2023.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: March 27, 2023
COLLEEN M. BRIERLEY
Register of Probate

4/6/23

PUBLIC NOTICE

CITY HOSPITAL OF QUINCY
NOTICE

The Annual Meeting of the Corporation of the City Hospital of Quincy will be held on April 13, 2023 at 4:00 p.m. for the election of the Trustees for the ensuing year and for the transaction of any other business that may properly come before the meeting. The meeting will be held at the Neighborhood Club of Quincy, 27 Glendale Rd., Quincy, Massachusetts.

Karl D. Ruuska
Clerk
kruuska@comcast.net

4/6/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-22

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, April 18, 2023** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Josh Conroy for a Variance to construct a single story rear addition in violation of the Quincy Zoning Ordinance Section 4.1.1 Conformance (Rear Setback) on the premises numbered 28 OCEAN AVENUE, QUINCY.
Plans and specifications may be viewed online at https://quincyma.viewpointcloud.com/categories/1083/record-types/6468.

Martin Aikens, Chairman

3/30/23, 4/6/23

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-25

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, April 18, 2023** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Susan Wilbur for a Variance to operate a Short-Term Rental in violation of the Quincy Zoning Ordinance, Amendment 196.-14 Sections D-Ineligible residential Units, F-Requirements for Short-Term Rentals (Other Requirements) & J-Room Occupancy Excise on the premises numbered 1 BABCOCK STREET, QUINCY.
Plans and specifications may be viewed online at https://quincyma.viewpointcloud.com/categories/1083/record-types/6468.

Martin Aikens, Chairman

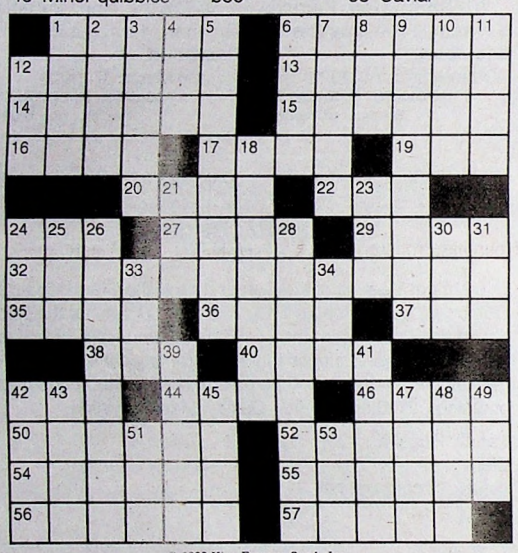
3/30/23, 4/6/23

SUN FUN PAGES

King Crossword

ACROSS
1 Shred
6 Tyke
12 Alaskan capital
13 Actress Lansbury
14 Soak up
15 Packed in a box, as oranges
16 Boxer Spinks
17 Like dried mud
19 Mac alternatives
20 Round Table titles
22 First lady?
24 Expected
27 Facts and figures
29 Congers
32 Elvis Presley hit song
35 Spiked club
36 Mandolin's kin
37 UFO crew
38 Billboards
40 Minor quibbles
42 Nile biter
44 &&&&
46 Deal (with)
50 Weak
52 Missouri-born president
54 "— serious?"
55 Small songbirds
56 Take offense at
57 "Leda and the Swan" poet

DOWN
1 Hayseed
2 Not — many words
3 Drudges
4 Eg. and Syr., once
5 Barhopping tour
6 Big truck maker
7 Ham — (deli order)
8 Links org.
9 Personal bugaboo
10 Power co. supply
11 Tiny amounts
12 Tokyo-based carrier
18 Amaze
21 Altar promise
23 Victory sign
24 Poorly lit
25 Actress Hagen
26 Fugitives
28 Creative flair
30 Allow
31 Soon-to-be grads
33 Homer's neighbor
34 Profit
39 Beauty parlor
41 Diving gear
42 Miles away
43 Withered
45 Neither fem. nor masc.
47 Skip
48 Frying needs
49 Em halves
51 "See ya!"
53 Caviar



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HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Bat is shorter. 2. Logo is missing. 3. Curtain is shorter. 4. Slippers are missing. 5. Hand is missing. 6. Lamp is missing.

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Trivia test

by Fifi Rodriguez

1. AD SLOGANS: Which company was advertised with the slogan, "Think Outside the Bun"?
2. TELEVISION: Which TV show spawned the spinoff sitcom "Mama's Family"?
3. U.S. CITIES: In which city would you find the USS Arizona Memorial?
4. ANATOMY: What are the bones that make up the spine known as?
5. GEOGRAPHY: What is the lowest point in the United States?
6. GENERAL KNOWLEDGE: What is the traditional material in a 40th anniversary gift?
7. MOVIES: What is the name of the tow truck in the animated movie "Cars"?
8. CURRENCY: Which former president is depicted on the U.S. $50 bill?
9. LANGUAGE: What does the texting acronym SMH mean?
10. LITERATURE: Where do Winnie-the-Pooh and his friends live?

Answers
1. Taco Bell.
2. "The Carol Burnett Show"
3. Honolulu, Hawaii (Pearl Harbor).
4. Vertebrae.
5. Death Valley, California.
6. Ruby.
7. Mater.
8. Ulysses Grant.
9. Shaking my head.
10. Hundred Acre Wood.

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Salome's Stars

ARIES (March 21 to April 19) Change is still dominant for Rams and Ewes, both in the workplace and in their private lives. This is also a good time to look at a possible relocation if that has been one of your goals.

TAURUS (April 20 to May 20) Doing things for others is what you do well. But don't forget that Bovines thrive on the arts, so make some time for yourself to indulge your passion for music and artistic expression.

GEMINI (May 21 to June 20) While the Romantic Twin considers where to go for an upcoming vacation, the Practical Twin will start making travel plans now to take advantage of some great bargains.

CANCER (June 21 to July 22) Your sensitive nature helps you deal with a difficult emotional situation. Be patient and continue to show your sincere support wherever (and for whomever) it is needed.

LEO (July 23 to August 22) You're making progress as you move through some unfamiliar territory. And while there might be a misstep or two along the way, you're heading in the right direction overall. Good luck.

VIRGO (August 23 to September 22) Some good news arrives – and just in time to remind you that you're making progress. Perhaps things aren't moving as quickly as you'd prefer, but they're progressing nevertheless.

LIBRA (September 23 to October 22) This is a good week to step back and assess the facts that have recently emerged, to see where they can be used to your advantage. Also, don't hesitate to make changes where necessary.

SCORPIO (October 23 to November 21) You should begin to experience some support from those who now agree with your point of view. This should help counter the remaining objections from die-hard skeptics.

SAGITTARIUS (November 22 to December 21) Don't let your aim be deflected by trivial matters as you try to resolve a confusing situation. Take time to find and thoroughly assess the facts before making any decisions.

CAPRICORN (December 22 to January 19) The possibility of moving to another location has come up. But, before you dismiss it as unworkable, it's worth checking out just in case it does have some merit after all.

AQUARIUS (January 20 to February 18) New relationships, personal or work-related, show mixed signals. Best to assume nothing. Let things play themselves out until you have something substantive to work with.

PISCES (February 19 to March 20) Your ability to make needed changes without causing too much, if any, negative ripple effect comes in handy when dealing with a sensitive matter either on the job or in the family.

BORN THIS WEEK: Although you like things to go smoothly, you're not shy about making waves when you believe the situation calls for it.

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MAGIC MAZE ● THINGS THAT WEAR OUT

S N L J G E C Z X V T R P N S
S W S T T O O T H B R U S H T
L E O R E J H E S S R C D A N
Y W K L E P V E T E R P A N I
P S L O L K R K P V E I P G O
E A K C J I A A B O Z N E S J
X W R C T O P E C L U S K T P
R P O E O O L M N G L J A O I
I G E D N S E O H S E S R O H
B A Y A X F W U T S Q P B B O
N L S P I I S N O I T A L E R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue: CLOTH FLOOR COVERING

Boots
Brake pads
Gloves
Hip joints
Horseshoes
Knees
Okes
Pants
Pillows
Relationships
Sandpaper
Sneakers
Socks
Tires
Toothbrush

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Wishing Well®

4	6	3	4	6	5	8	6	2	4	3	7	5
A	W	B	B	A	F	A	R	L	O	E	C	U
7	6	8	3	8	4	6	7	4	7	4	3	2
O	M	N	C	A	L	F	M	D	F	E	O	O
6	8	6	7	6	5	2	8	7	8	2	4	8
E	L	E	O	L	N	O	Y	R	Z	K	R	E
6	3	8	5	8	3	4	5	4	7	6	4	6
I	U	E	A	M	R	O	F	U	T	N	T	G
7	8	4	7	6	4	8	7	4	8	5	8	2
A	O	L	S	S	O	T	S	O	I	T	O	F
8	3	8	5	7	2	4	2	7	5	3	7	5
N	A	S	E	U	O	K	R	R	R	G	E	H
7	3	5	2	5	2	5	2	3	2	3	5	3
D	E	O	W	U	A	R	R	O	D	U	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: X equals L

UE QCXW U ZQBXJ YDHDYKD NOD
LMJ DEEDZNK NOMN MRUCR UK
OMHUCR QC FW LQJW.
U'F EDDXUCR KQ WQBNOXDKK.

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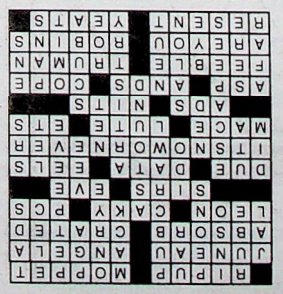
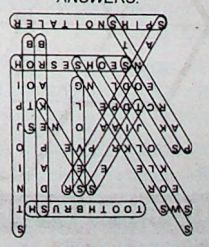
— King Crossword —
Answers

Solution time: 21 mins.



Magic Maze
ANSWERS:



CryptoQuip
answer

If only I could reverse the bad effects that aging is having on my body. I'm feeling so youthless.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Bill Skarsgard was third-billed for "John Wick," probably because of his visibility as Pennywise in "It" (2017), which catapulted the $40-million film to a $701.8 million gross. And in 2019, the sequel, "It Chapter Two," turned a $79 million cost into $473.1 million at the box office.

This year, Skarsgard is working nonstop -- first up, he has "Boy Kills World" (about a deaf-mute who escapes after his family is murdered into the jungle where he's trained by a mysterious mentor). Then, he has the $50-million supernatural superhero film "The Crow," opposite Danny Huston, as well as the Gothic horror film "Nosferatu," co-starring Lily-Rose Depp (Johnny Depp's daughter), Nicholas Hoult and Willem Dafoe. Not bad for a budding 32-year-old star.

***

Keanu Reeves, now 58, is lighting his wick at both ends. He jumped right from "John Wick: Chapter 4," which opened last week, into yet another "John Wick" feature – a spin-off called "Ballerina," co-starring Ana de Armas as a ballerina-assassin, Ian McShane, Lance Reddick, Anjelica Huston, Bill Skarsgard, Gabriel Byrne and "The Walking Dead's" Norman Reedus. Shooting began in Prague last November.

***

"The Walking Dead's" not done with Norman Reedus. He's headlining the upcoming AMC spin-off "The Walking Dead: Daryl Dixon," which drops later this year. In the interim, he's starring opposite Austin Butler, Jodie Comer, Michael Shannon and Tom Hardy in the upcoming drama film "The Bikeriders."

Meanwhile, Butler is toplining the AppleTV+ series "Masters of the Air," in the vein of "Band of Brothers."

***

Morgan Freeman is still going strong at 85, with over 100 films under his belt. Among them are such classics as "Street Smart" (1987), which brought him his first Oscar nom; 1989's "Driving Miss Daisy," which brought him his second Oscar nom; "The Shawshank Redemption" (1994); and 2004's "Million Dollar Baby," which earned him his Oscar win for Best Supporting Actor.

Freeman is now starring in "The Ritual Killer," with Cole Hauser, which arrived March 10. "A Good Person," with Florence Pugh and Molly Shannon, opened March 24, and he also has the upcoming sci-fi thriller "57 Seconds," with Josh Hutcherson, as well as the Paramount+ spy series "Lioness," opposite Zoe Saldana and Nicole Kidman.

Freeman, who played God in 2003's "Bruce Almighty" and 2007's "Evan Almighty," has shared his views on God. "I think we invented God," he explained. "So, if I believe in God, and I do, it's because I think I'm God!"

Freeman is a practicing Zoroastrian who has been married and divorced twice. He has fathered four children and divides his time between Charleston, Mississippi, and a home in New York City. He got his pilot's license at 65 and owns three private planes.

It stands to reason – if you're a method actor and you're playing God, you have to believe you are God! Holy moly!

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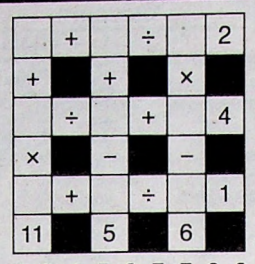
GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult
★★★ GO FIGURE!



1 3 4 5 6 7 7 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Wiener Dogs — It's a Wiener dog from a Wiener workshop! Vienna, Austria, or "Wien" in German, was a major European cultural center. The Weiner Werkstatte may be the most famous Viennese workshop of the 20th century, but it was not the only one.

This dachshund-shaped letter opener sold for $813 at a Rago auction. It was made by Werkstatte Hagenauer, which was founded in Vienna by goldsmith Charles Hagenauer in 1898. Like many studios, it was a family business. Hagenauer's sons became influential art deco designers. The workshop closed in the 1980s. Now there is a museum and shop on its former premises.

Despite their name, Wiener dogs did not originate in Vienna, but in Germany. Officially called dachshunds, the breed has plenty of nicknames based on its long, thin, sausage-like shape.

* * *

Q: I have a necklace made of clear faceted beads that I was told were crystal. Does this mean they are cut glass or rock crystal?

A: "Crystal" can be used for both rock crystal and cut glass. Some makers and collectors use the term for any colorless clear glass. To add to the confusion, both rock crystal and glass beads are found in antique and vintage jewelry.

Rock crystal is a clear, colorless quartz stone fashionable in the late 19th and early 20th centuries. Some 19th-century cut glass was made to resemble rock crystal until about 1860, when colored glass became popular. "Paste" stones, or glass stones that imitate precious gems, were invented around 1730 and have been used in costume jewelry since then. Glass jewelry was especially popular in the early 1900s. From about 1918 to the 1930s, Czechoslovakia (now the Czech Republic and Slovakia) exported glass beads, faceted glass stones and finished jewelry all over the world. The necklaces are often marked "Czechoslovakia" on the clasp.

To tell whether your beads are stone or glass, hold them in your hand. Glass feels about room temperature and will grow warmer as you hold it. Stone is colder to the touch and takes longer to warm up. Natural rock crystal is more valuable than cut glass.

* * *

TIP: Your diamond or precious-stone jewelry – antique or modern – should be reappraised every other year for insurance value.

* * *

CURRENT PRICES

• Cut glass vanity jar, diamond cutting, goldtone ormolu bands, round, hinged lid, 1800s, 2 1/2 inches, $110.

• Toy M-4 Combat Tank, tin, decals, bump and go action, rotary cannon tower, spinning light, battery operated, box, 12 inches, $275.

• Silver American dish, swan form, cut glass liner, marked, Theodore B. Starr, N.Y., c. 1920s, 3 x 5 inches, $410.

• Lamp, electric, arts & crafts, patinated copper, four-sided stem, flared out toward bottom, shade with copper frame and four yellow textured slag glass panels, ball and chain pull, 14 inches, $690.

• Flag, United States, woven cotton, 36 hand sewn stars, 1865, 71 x 116 inches, $1,560.

Subscribe to the Kovels' free weekly email newsletter, Kovels Komments, at www.Kovels.com.

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Strange BUT TRUE

• In 2009, six geologists were convicted of manslaughter for failing to predict a deadly earthquake in Italy. Though exonerated, they faced high levels of shame from the general public afterward.

• Compared to average shoppers, chefs are more likely to buy generic store brands for sugar, baking soda and other common kitchen staples.

• Lacrosse descends from a version played by Native Americans in the 17th century. Matches could last several days with as many as 1,000 players per team, on a field with goals up to six miles apart. Game sticks were so treasured that they were often buried with the athletes after death.

• Thomas Edison attempted to create ghost-hunting equipment, and an assistant died while testing it.

• Measles can deplete previously acquired immune memory for up to two years in adults.

• The state of Texas keeps a database of more than 500 executed inmates' last words, going back to the 1980s.

• Ever been annoyed by the decibel level of a rooster's morning wake-up call? You're not the only one who finds it loud: When the birds crow, they lean their heads back, covering their ear canal, which acts as an earplug to protect themselves from being deafened by their own vocalizations.

• After plagiarizing work for his directorial debut, actor Shia LaBeouf plagiarized a public apology from a Yahoo! answers question about…plagiarism.

• You can buy a room on a cruise ship and live on board for an annual fee.

• In the 1800's, bananas were seen by some as an "immoral fruit," due to their shape. Fruit companies combatted this perception by issuing postcards of women eating bananas to advertise that they weren't taboo.

***

Thought for the Day: "Extraordinary things are always hiding in places people never think to look." – *Jodi Picoult*

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Now here's a tip!

by Jo Ann Derson

• I purchase rotisserie chickens and use the meat for different things – soup, casseroles, etc. I have a trick to getting the skin off. My hand strength isn't what it used to be, and those birds are slippery. I use a paper towel to grip the skin, and pull the meat and bone right out. It works well on a raw bird too. – *L.A. in Florida*

• To re-whiten socks or washcloths, try boiling a pot of water and adding a sliced, juiced lemon. Soak the items for at least an hour, and then pick out the lemon and add the pot – water and all – to a load of wash.

• If there are crushed cookies in a pack I purchase, I set them aside in a plastic baggie in the freezer to use on ice cream. Yummy! – *R.L. in Alberta, Canada*

• If you have been cooking in the oven and have a pan that's got cooked-on food, you can get it clean without all the scrubbing. Immediately after cooking, while the oven is still hot, add enough water to cover the bottom of the pan and a little dishsoap. Put it in the oven until the oven is cool. The residual heat will work on the stuck-on food while you are dining, and it'll wipe right out. – *W.O. in Minnesota*

• When washing out stockings, add a tablespoon of vinegar to the rinse water, and they will retain their elasticity better.

• Wintergreen oil makes a lovely room freshener. Put two drops on a cotton ball and tuck it into the cushions of your couch, or hide it under a lamp pedestal…anywhere out of the way. The scent drifts over a week or so. – *G.T. in Delaware*

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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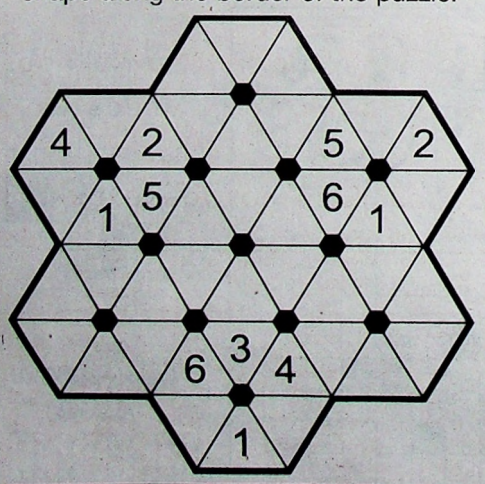
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic]

by Terry Stickels

There is an old puzzle that asks if you can form seven matchsticks into three triangles. The answer looks like this:

Now here is a new puzzle: Using six matchsticks, see if you can create five triangles.

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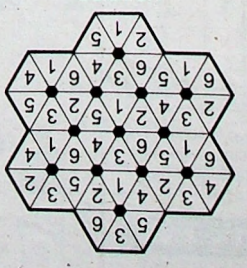
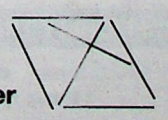
SNOWFLAKES solution



Go Figure! answers

	6		5		11
1	9	÷	8	+	1
	−		−		×
4	3	+	7	÷	7
	×		+		+
4	5	÷	6	+	2

Stickelers Answer



Super Crossword

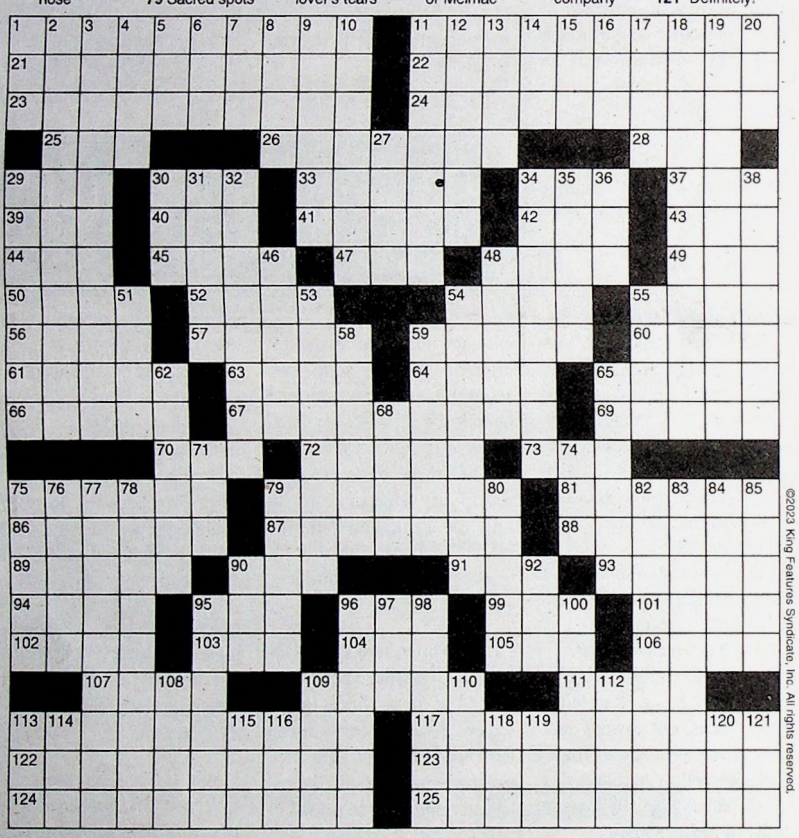
HAVING FLITTING THOUGHTS

ACROSS

1 One of Chrysler's K-cars
11 Imaginary
21 Lack of refinement
22 Open to discussion
23 * Golf format not based on the number of holes won
24 * Part of an internal-combustion engine
25 Take an ax to
26 Ornate wardrobe
28 Nice 'n Easy product
29 Shin locale
30 Stumblebum
33 Austrian cake
34 Up on the latest
37 "Binary" singer DiFranco
39 S. Amer. country
40 Much like
41 Calculus pioneer Leonhard
42 Hot temper
43 Scanned ID in a market
44 Cartoon pic
45 Twist, as in a hose
47 Dark deli loaf
48 City haze
49 The Browns, on sports tickers
50 Volunteer's response
52 Star pitchers
54 Getz of jazz
55 List-curtailing abbr.
56 Brief letter
57 Roofing material
59 Like an old apple's consistency
60 Bit of a script
61 Fear greatly
63 Longtime operating system
64 Spanish pot
65 Blackthorn fruits
66 Supplement
67 Word that can precede the starts of the answers to the five starred clues
69 Trousers
70 Car navig. aid
72 Owner of WordPerfect
73 Cato's "I love"
75 Brainteaser
79 Sacred spots
81 Soviet spacecraft series
86 "Lord Jim" novelist Joseph
87 * Buyer's final figure
88 Membrane covering a lung
89 Creole cooking pods
90 Temporarily stylish thing
91 Take to court
93 Leash, e.g.
94 Tony winner Schreiber
95 Roofing material
96 "It's so-so"
99 Winter illness
101 Director Preminger
102 Roof part
103 Mine car load
104 Yoko of art
105 Shark part
106 Sped
107 Genesis twin
109 Small stream
111 "Smooth Operator" singer
113 * Vessel for crustacean fishing
117 * Removes tenderly, as a lover's tears
122 City in central Illinois
123 Hawaii's nickname
124 Super-corny
125 Occupancy levies

DOWN

1 Talk smack to
2 Like official public statements
3 Freed from federal restrictions
4 Give off light
5 "Look, mice!"
6 Ripen
7 Lil Jon's genre
8 Around H'wood, e.g.
9 French card game
10 Actress Jane
11 One asked to attend a party
12 Less remote
13 Eye creepily
14 Thanksgiving mo.
15 Summer, to Jeanne
16 Form a lap
17 Tough
18 Many a virtual bidding event
19 Ork, Krypton or Melmac
20 Lion's home
27 Paris airport
29 "Righteously" singer Williams
30 Desk wood
31 Pseudonym
32 Groups for devotees
34 Vast Asian mountain system
35 Satirical device
36 Tent securer
38 Straight up, in a bar
46 Reeves of "The Matrix"
48 Fair booth
51 Straight up, in a bar
53 Sutured
54 Like altruists
55 Singer Fitzgerald
58 Obtain by threatening
59 Singer Rita
62 Church teachings
65 Film holders
68 Rock's Clapton
71 Launching platform
74 Star athlete, for short
75 Place to learn, in Lyon
76 Smartphone company
77 The opposite way
78 Cemetery plot
79 Animal trap
80 Pack full
82 Information group for analysis
83 Big name in car cleaning products
84 Speechify
85 "Thwack!"
90 Remote
92 Moniker for a Yale student
95 Coverer of a bald spot
96 Unlike gods
97 Brian of Roxy Music
98 Pipe with a flexible tube
100 Open, as a Ziploc bag
108 Band blasters
109 Renege (on)
110 Drug bust unit
112 Mgr.'s helper
113 "Wait a —!"
114 "In your face!"
115 Actor Saget
116 Singer Rita
118 Toping sort
119 That girl
120 Supped
121 "Definitely!"



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celebrity extra

by Dana Jackson

Q: Has Tom Sandoval from the reality show "Vanderpump Rules" done any acting? I could swear that I saw him in one of those Lifetime movies recently. It was about a nurse who takes a pregnant woman's baby. – *K.L.*

A: Some people would argue that all reality stars are actors essentially. In the case of the cast of Bravo's "Vanderpump Rules," several of them have moonlighted on scripted dramas, including Sandoval in the 2019 TV movie you referred to, "Dying for a Baby." He followed that up with another role in the 2021 Lifetime thriller, "The Wrong Real Estate Agent," which starred Vivica A. Fox.

Tom Sandoval is about to find out if the proverbial saying, "Any publicity is good publicity," is true, as he was just outed in the tabloids for cheating on his girlfriend, Ariana Madix, with another one of their "Vanderpump Rules" castmates. Madix, too, has an acting resume outside of Bravo, but nothing of note. That could change with the project she's currently filming, the Lifetime movie "Buying Back My Daughter," where she'll play a police officer with a personal connection to the story.

***

Q: I heard that "Blue Bloods" might get canceled. How many years has it been on TV? Tom Selleck is my mom's favorite actor. I hope I don't have to break any bad news to her. – *I.W.*

A: "Blue Bloods" has been a solid success for CBS during most of its 14-season run, but when it wasn't on the list of shows already renewed for next season, viewers began to panic. Apparently, negotiations have reached an "impasse," according to Deadline.com, and budget cuts might be the only way to save the show. Unfortunately, this usually means trimming the cast, and for your mother's sake, I hope it isn't Tom Selleck who is let go.

According to TVLine.com, "the show boasts seven full-time series regulars, plus five heavily recurring players who appear in every episode." Cutting some of those salaries might ensure the show's return for a 15th season, but the question remains – who and how many?

***

Q: I've been watching "You" ever since it began, first on the Lifetime channel and now on Netflix. Even though I've enjoyed every season, I figure Joe has to get caught sometime. Does the show have a plan for how it will all end? – *H.G.*

A: "You" is one of those shows that had the good fortune of finding a huge audience on Netflix after a lukewarm response on cable television. Now that it's done with its fourth season, Sera Gamble, the woman who ran the show since the beginning, is stepping down and leaving it in the capable hands of Michael Foley and Justin W. Lo, who are currently executive producers.

Netflix recently announced that its upcoming fifth season will be its last. Serial killer Joe Goldberg, played by Penn Badgley, will be returning to his roots in New York City. How it will all end is unknown, but hopefully Gamble and her remaining creative team have a satisfying conclusion in store.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Tom Sandoval
("Vanderpump Rules")

Photo Credit:
Tommy Garcia/Bravo

Even Exchange

by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. English nobleman	B _ _ _ _ _	Brother of Moses	A _ _ _ _ _
2. Restaurant server	_ A _ _ _ _	Twain or Hemingway	_ R _ _ _ _
3. Listened to	_ _ _ _ D	Valentine shape	_ _ _ _ T
4. Page edge	_ _ _ G _ _	Coldplay singer, Chris	_ _ _ T _ _
5. "____ this mess"	_ _ E _ _	Euphoria	_ _ I _ _
6. Curious George	M _ _ _ _ _	Burro's kin	D _ _ _ _ _
7. Thrill	_ _ A _ _	Upper crust	_ _ I _ _
8. Gas pump number	_ _ _ N _	A musical note	_ _ _ V _
9. Football maneuver	_ A _ _ _ _	Touch with a feather	_ I _ _ _ _
10. City official	_ _ Y _ _	Country house	_ _ N _ _

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Weekly SUDOKU

by Linda Thistle

8					1	5		2
		3	5				9	
	9			3				1
4				9		8		
		2	4					3
	7				6		5	
	3				4	1		
		1	8	5				9
2			6				4	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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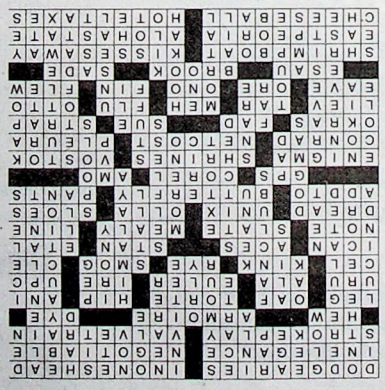
Super Crossword

Answers



Even Exchange

answers

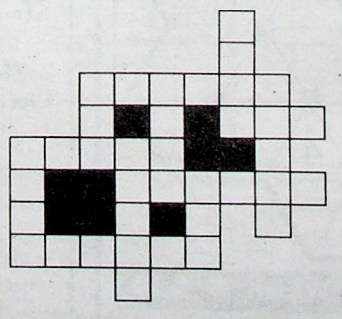
1. Baron, Aaron
2. Waiter, Writer
3. Heard, Heart
4. Margin, Martin
5. Bless, Bliss
6. Monkey, Donkey
7. Elate, Elite
8. Octane, Octave
9. Tackle, Tickle
10. Mayor, Manor

FEAR KNOT

By: rj johnson

DOUBT? ...OR DARE!

OPD
GUMNIP
GAROC
GSOM
CADOZI
♥AMD
ADMR
HITGM
IGZ
AHDSEG
GAISM
LDAC



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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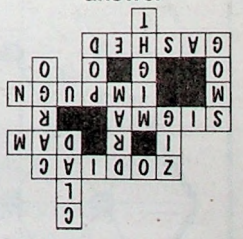
FEAR KNOT answer



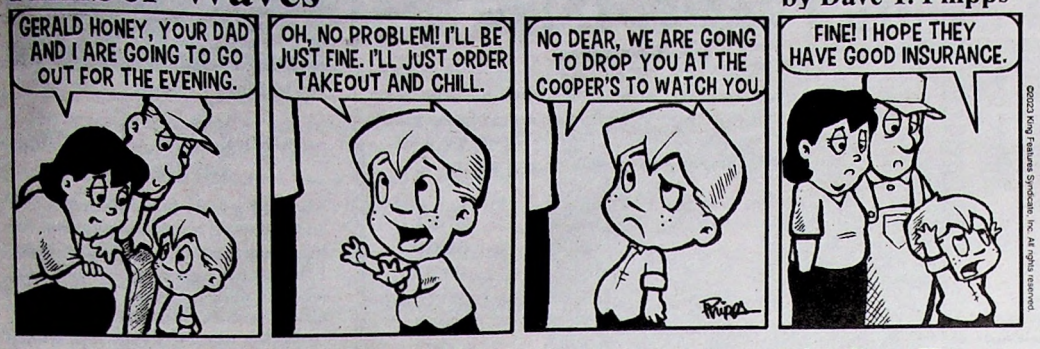
Weekly SUDOKU

Answer

2	5	8	6	1	9	3	4	7
7	4	1	8	5	3	6	2	9
9	3	6	7	2	4	1	8	5
3	7	9	1	8	6	2	5	4
6	8	2	4	7	5	9	1	3
4	1	5	3	9	2	8	7	6
5	9	4	2	3	8	7	6	1
1	2	3	5	6	7	4	9	8
8	6	7	9	4	1	5	3	2

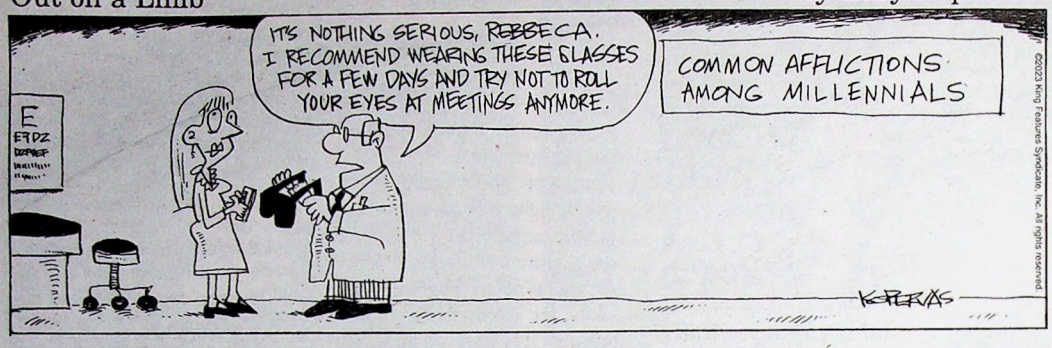
Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



Americanisms

"America is hope.
It is compassion.
It is excellence.
It is valor."
— *Paul Tsongas*

Just Like Cats & Dogs

by Dave T. Phipps

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Drape **FONDLE** ☐☐ ___ ☐☐ ___ ___ ___

Secure **TABNET** ___ ___ ☐☐ ___ ___ ___

Insist **MADDEN** ☐☐ ☐☐ ___ ___ ___ ___

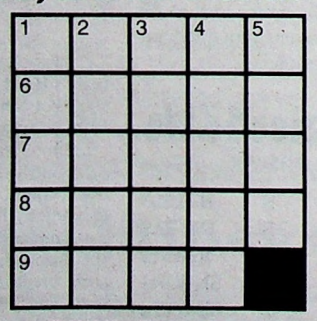
Request **LEAPPA** ☐☐ ___ ___ ___ ___ ___

"We'll be a little late, Fred — some people just can't accept _____."

TODAY'S WORD

___ ___ ___ ___ ___ ___

Micro Crossword *By Elizabeth C. Gorski*



Across

1 Cropped pants style
6 "A Thousand ___" (Jane Smiley novel)
7 Marine hazard
8 Colorful aquarium fish
9 Ancient Dead Sea country

Down

1 Societal division
2 Felt sore
3 Typical leader?
4 Equip with more ammo
5 "La ___ Bonita" (1987 Madonna hit)

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Here's what to watch and where to watch it for the week of April 10, 2023

—

10-April: "CoComelon" (Season 8) – *Netflix*
12-April: "Rennervations" (Limited Series) – *Disney+*
12-April: "American Manhunt: The Boston Marathon Bombing" (Documentary) – *Netflix*
14-April: "Bring Back Alice" (Season 1) – *HBO Max*
14-April: "The Last Thing He Told Me" (Limited Series) – *AppleTV+*
14-April: "A Black Lady Sketch Show" (Season 4) – *HBO Max*
14-April: "The Marvelous Mrs. Maisel" (Season 5) – *Amazon Prime*
14-April: "Jane" – *AppleTV+*
16-April: "Barry" (Season 4) – *HBO Max*
16-April: "100 Foot Wave" (Season 2) – *HBO Max*

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Paw's corner

by Sam Mazzotta

Finding the Right Food Bowl for an Older Cat Takes Trial and Error

—

DEAR PAW'S CORNER: I hope this advice helps other cat owners. My cat, Ferris, is 13 years old, and while he's generally healthy, he does have arthritis and is not as energetic as he once was. I noticed a few months ago that he was not finishing his dry food in the evenings, so I took him to the vet to get him checked out. Everything was fine, but the vet said that he might have some discomfort crouching down to reach his food and water. I went online to find a raised platform that would hold food and water dishes. The trouble was that many of the platforms were too high for Ferris to reach comfortably, and he didn't seem very happy with the platform design. Instead, I found a dish that he loves. It sits about three inches above the floor and is angled higher in the back so that he doesn't push the food out of the bowl while eating. It's weighted so that it doesn't shift while he eats. This is a lot more comfortable for Ferris, and he's eating all of his food again. – *Terry L., Bloomington, Indiana*

DEAR TERRY: Thank you for sharing your story! I'm glad that Ferris found the perfect food dish.

Sometimes we have to try a few different items before discovering the perfect one for our pets. Whether it's a food dish, a toy or a bed, we have to be prepared to spend a little more money than expected to get just the right item. Trial and error is part of the process, and part of the joy of owning a pet.

Send your tips, comments or questions to ask@pawscorner.com.

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WORD LADDERS

Can you go from DARES to TAXES in 6 words? Change one letter for each rung in the ladder.

DARES

_____

_____

_____

_____

TAXES

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Sports QUIZ

by Ryan A. Berenz

1. What combat sport from Russia consists of two competitors grappling inside of a parked automobile?
2. The Franklin Sports X-40, Penn 26, ONIX Pure 2 and Dura Fast 40 are brands of balls used in what sport?
3. The Iroquois Steeplechase equestrian event is traditionally held every May in what U.S. city?
4. What third-string San Francisco 49ers quarterback had a 5-1 record starting in place of injured Joe Montana and Steve Young in 1991?
5. Paul Newman starred as what boxing champion in the Oscar-winning 1956 biographical film "Somebody Up There Likes Me?"
6. In February 1990, the Edmonton Oilers and Los Angeles Kings set a record for the number of penalties in a single NHL game with how many?
7. Name the animated mascot that FOX Sports created in the late 2000s for its Gopher Cam used in NASCAR broadcasts.

Answers

1. CarJitsu.
2. Pickleball.
3. Nashville, Tennessee.
4. Steve Bono.
5. Rocky Graziano.
6. 85.
7. Digger.

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Micro Crossword Answer

C	A	P	R	I
A	C	R	E	S
S	H	O	A	L
T	E	R	T	A
E	D	O	M	

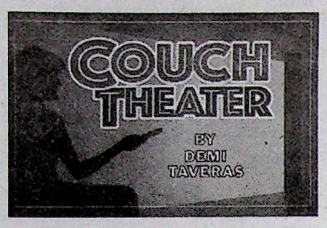
WORD LADDER Answer

DARES, CARES, CAVES
FAVES, FAXES, TAXES

SCRAMBLERS solution

DEFEAT
Today's Word
3. Demand; 4. Appeal
1. Enfold 2. Batten;

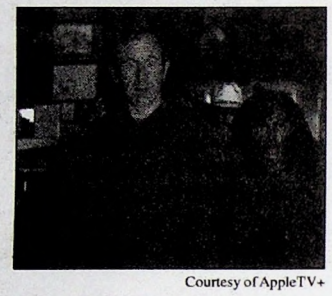
MORE SUN FUN



"Pretty Baby: Brooke Shields" (NR) — From filmmaker Lana Wilson, this documentary follows the journey of actress and model Brooke Shields as she skyrockets to fame in the U.S. Titled "Pretty Baby" in homage to her big-break role at age 12 in "Pretty Baby" (1978), this film touches on the intense sexualization and exploitation she suffered in the acting industry at such a young age. Shields choosing to speak out on this is no easy feat, but hopefully this propels other industry greats like her to continue to speak out on the sexual exploitation that remains in Hollywood to this day. Out now. (Hulu)

"The Big Door Prize" (TV-MA) — In a small town called Deerfield, an odd yet inspiring phenomenon sweeps over its residents. A mystical machine deemed the Morpho appears in the middle of a grocery store, and this machine apparently has the power to reveal a person's life potential. All it takes is inserting a coin and then placing your hands atop the machine. A small card then pops out with the role describing your biggest potential in life (dancer, model, healer, etc.). One man named Dusty (Chris O'Dowd) watches in awe as the citizens in Deerfield begin uprooting their lives just from what the Morpho tells them, but the curiosity of what could be might just get to Dusty in the end. The first three episodes of this series are out now, with the following seven premiering weekly every Wednesday. (AppleTV+)

"Beef" (TV-MA) — This new series is the next and best project produced by A24, the entertainment company currently reeling from their latest Best Picture win at the Oscars for "Everything Everywhere All at Once." Steven Yeun and Ali Wong star as two strangers, Danny and Amy, who get into a road rage scuffle. Danny and Amy let this one incident take over their entire lives, and they will stop at nothing until either one of them gets their revenge. This 10-episode comedy-drama series premieres April 6. (Netflix)



Courtesy of AppleTV+

Chris O'Dowd and Gabrielle Dennis star in "The Big Door Prize."

"On a Wing and a Prayer" (PG) — In this drama film based on a true story, Dennis Quaid ("Parent Trap") and Heather Graham ("The Hangover") portray married couple Doug and Terri White, who embark on a private plane ride with their daughters that is supposed to land in Louisiana on Easter Sunday. However, once they hit the skies, the pilot suddenly dies from a heart attack mid-flight, forcing Doug to take control of the plane. With the help of an experienced pilot named Cory, Doug must follow Cory's instructions to keep his family safe and land the plane without having any prior flying experience. Talk about the ultimate family bonding session! Premieres April 7. (Prime Video)

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Contract Bridge

TO THE VICTOR GO THE SPOILS

South dealer.
Both sides vulnerable.

NORTH
♠ 9 8 2
♥ J 7
♦ K Q J 10 4
♣ Q 8 3

WEST
♠ A Q 7 4 3
♥ 9 6 5
♦ 9 6 2
♣ 10 7

EAST
♠ 10 5
♥ Q 10 8 4 3
♦ 7 3
♣ A 6 5 2

SOUTH
♠ K J 6
♥ A K 2
♦ A 8 5
♣ K J 9 4

The bidding:

South	West	North	East
1 ♣	Pass	1 ♦	Pass
2 NT	Pass	3 NT	

Opening lead — four of spades.

This deal from a team-of-four match demonstrates how psychology sometimes plays a primary role in determining the outcome.

The contract at both tables was three notrump played by South, and both Wests led a spade. Both declarers won East's ten with the jack, but that's where the similarity ended.

Both declarers realized that they would need a club trick to make the contract, and also recognized the danger posed by the possibility that East might have the ace of clubs. In that case, East could win the first club lead and return a spade. If West originally had five spades, this would defeat the contract.

At the first table, South crossed to dummy with a diamond at trick two and led a low club toward his hand, hoping to steal his ninth trick if East had the ace and played low. Unfortunately for South, East alertly put up the ace and returned a spade, whereupon West cashed four spade tricks to sink the contract.

The declarer at the second table found a more devious way to try to steal a club trick. After winning the first spade, he cashed the ace of diamonds and then led the club king.

This sequence of plays was designed to create the impression that South had started with the singleton ace of diamonds and was trying to develop an entry to dummy. East was tempted to take his ace, but he had no way of knowing for sure that his partner could run four spade tricks.

So East ducked the king, after which declarer ran like a thief with his nine tricks to net 700 points for his team.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT PERSON TAKES CARE OF A RABBIT'S FUR?

POSTAL	___	PLOTS	ELDEST	___	STEEL
			BORING	___	BINGO
CHANTS	___	SCANT	POURED	___	PROUD
REVEAL	___	LEVER	THORNS	___	NORTH
RARELY	___	EARLY	SHRIEK	___	HIKER
SEWING	___	WINGS	STEALS	___	LASTS
			MISTER	___	TIMES

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Taking Zinc As Daily Supplement Won't Change Hair Loss

DEAR DR. ROACH: I am having trouble finding a reliable recommendation for the daily supplement zinc. I purchased 50-mg pills, but I think this may be too much. I am 74 and female, and I would like to include zinc in my daily supplements, as my hair has begun thinning quite a bit straight down the top of my head? -- *R.M.*

ANSWER: Zinc is an important nutrient, and it is certainly true that zinc deficiency may lead to hair loss. However, most people with hair loss do not have a zinc deficiency, and there is no convincing data that giving extra zinc to a person with normal zinc levels will help with hair loss. Hair loss along the midline is consistent with female pattern hair loss, which is very common among women in their 70s and usually has nothing to do with zinc.

Very high amounts of zinc supplementation can be dangerous (and impair your body's ability to absorb other trace metals such as copper), but 50 mg is a safe amount. Still, the most effective therapies for female pattern hair loss include minoxidil (usually topical, but low-dose oral is increasingly used), spironolactone and finasteride. A dermatologist is the expert on hair loss and can give you a better diagnosis by exam than I can by your description?

***

DEAR DR. ROACH: My youngest son has to have both of his hips replaced. He is only 37, but is in a very strenuous job of being a boilermaker in an oil refinery. This is the hardest job in a heavy industry. His doctors are telling me that his hips deteriorated due to alcohol consumption -- is this even possible? Even if he can get through this ordeal, he is still locked into this physical type of work.

The doctors say he will need another hip replacement in 10 to 15 years if he stays in this line of work. Do you agree with these statements? -- *B.M.*

ANSWER: Let's take them one by one.

The most common cause of hip disease requiring hip replacement is osteoarthritis of the hips, but it is quite unusual to see someone of your son's age require a hip replacement. Alcohol is not a recognized risk factor for osteoarthritis of the hips, but it is a known underlying cause of a much less-common condition: osteonecrosis of the hips, also called avascular necrosis.

The more a person drinks, the more likely they are to get this rare condition, even though most heavy drinkers will never get this condition. Not every person with osteonecrosis of the hip will require a hip replacement. It is frequent to have both sides of the hip affected with disease.

Untreated congenital hip dysplasia may also lead to severe hip damage requiring a total hip replacement, and it is also one cause I see in a person of your son's age.

Prognosis after a modern hip replacement is very good. More than 90% of people are doing well, pain-free and without complications 15 years after surgery takes place. Of course, some kinds of activities such as heavy lifting and high-impact movements could make the surgical prosthetics wear out faster, but regular activities such as walking, stair climbing and most sports that are not high-intensity or high-impact can be done without damage to the prosthetic.

Although further alcohol use will not affect the prosthetic hips or other bones, many other body systems are very much affected by alcohol. So, if he has been a heavy drinker for some time, it is now time to stop. His doctors can help him find many available resources.

Puzzles4Kids Answer

POSTAL	A	PLOTS
CHANTS	H	SCANT
REVEAL	A	LEVER
RARELY	R	EARLY
SEWING	E	WINGS
ELDEST	D	STEEL
BORING	R	BINGO
POURED	E	PROUD
THORNS	S	NORTH
SHRIEK	S	HIKER
STEALS	E	LASTS
MISTER	R	TIMES

SENIOR NEWS LINE

by Matilda Charles

Rising Cost of Home Insurance

When I got my home insurance bill and it showed a massive payment for my policy renewal, I actually laughed. I flipped the page over, believing I'd received someone else's mail by mistake ... probably a neighbor down the street. But when I saw my own name, I wasn't laughing anymore when I grabbed my calculator and discovered that the new amount was a 45% increase over last year.

Still, ever hopeful, I called my insurance company, wondering if someone else's home had been plugged into my account. No, it hadn't. The amount listed was indeed for my home, as were the numbers for out buildings, personal property and temporary living expenses.

I called several neighbors: Has your insurance gone up? No, they all said. I discovered the likely reason for that during a call to a friendly local insurance agent. They're no doubt in the middle of a policy period, he said. Their bad surprise will come when it's time to renew that policy and all the price increases hit them.

There are several reasons why a policy can increase, such as material and labor (which is the big one right now), additions to the house, number of prior claims, your deductible, your credit score and the breed of dog you own.

After several calls to different insurance companies, it's not looking good. What I get so far is that if I decide to gamble and lower my coverage level, I run a risk that something will happen and I'll be stuck for mammoth amounts of money that insurance won't cover.

The only thing that's going to save a few dollars is to pay the whole year upfront and not have to pay the monthly budget fees with every payment.

Take a deep breath before you open your next policy renewal envelope. Good luck.

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1. Name the first single Diana Ross released after she and the Supremes broke up.
2. Who wrote and released "Your Song" in 1970?
3. Where did the '60s group The Marcels get their name?
4. Who released "I've Told Every Little Star" in 1961?
5. Name the song that contains these lyrics: "Wake up in the morning with the sunshine in your eyes, And the smell of flowers blooming fills the air."

Answers

1. "Reach Out and Touch Somebody's Hand," in 1970. Ross sang the song at a concert for the Nobel Peace Prize in Norway in 2008.
2. Elton John. This was the first time John reached the Top 10 on international charts. He'd given the nod for it to be cut by Three Dog Night, but they gave him a shot instead.
3. From a hairstyle. The marcel was curls created with an early curling iron. The iron was heated on a gas stove.
4. Linda Scott. The song first appeared in 1932. Dozens of artists have covered the song, including rapper Mac Miller in 2010.
5. "Love (Can Make You Happy)," by Mercy in 1969. The song went to No. 2 on the charts, denied the top slot by a Beatles song, "Get Back."

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Sons Of Italy Hosts Saint Patrick's Day Celebration

Quincy Sons of Italy Lodge #1295 recently held its annual St. Patrick's Day celebration.

The membership, families and friends were treated to a traditional corned beef dinner, desert, good cheer and entertainment. The delicious meal was prepared by members John DeCarli, Liz O'Neil, Joann Vacca and Marie Lumaghini.

The highlight of the day was the performance of the Petrocelli Academy of Irish Dance. The "steppers" brought the membership to its feet with cheering and applause, and high stepping of their own!

President John Vacca wishes to thank all who contributed for a memorable day.

PETROCELLI ACADEMY of Irish Dance Pembroke, Milton and Dorchester performed at a Saint Patrick's Day celebration hosted by the Quincy Sons of Itraly. Front row from left to right: Raegan, Kennedy, Riley, Mary and Anya. Second row: Teagan, Karaleigh, Billy Petrocelli, Sophie, Lauren and Cassie. *Courtesy Photos*

Lone Sailor Statue Headed To MB Boardwalk

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You had the victory plant in World War I building destroyers. You had the naval air station in World War II. It just ties it in nicely, because it won't be just about the Lone Sailor statue," Koch said in February.

The pocket park surrounding the statue will honor those who served in the sea services, along with the history of shipbuilding at both Marina Bay and the Fore River Shipyard.

"It's our intent to tie in the history of the shipbuilding at both places, kind of the war effort on behalf of Quincy for the nation, in addition to those who served in the Navy. That will be kind of a special park if you will, mini park, whatever you want to call it," Koch said.

The mayor said the location in Marina Bay was chosen to honor the city's shipbuilding past rather than somewhere in the vicinity of the Fore River Shipyard because the latter is still primarily industrial.

"The problem is the shipyard is heavily commercial. There really is no public access down there unless you're in there doing business," he said. "The marina has that beautiful setting out there, people go out, enjoy lunch and walk around. It's directly on the water, which is ideal for the sailor to be looking at the water.

"I think when over time the shipyard gets itself figured out, there is probably a place down there where it would be appropriate to do something. Not for the Lone Sailor statue, but for shipbuilding."

The Lone Sailor honors those who have served in the Navy, Marine Corps, Merchant Marines and Coast Guard. The life-size bronze statue depicts a petty officer in his mid 20s wearing a pea coat with a sailor's bag by his side.

The original Lone Sailor was unveiled on Oct. 13, 1987, at the United States Navy Memorial in Washington, DC. Since then, 17 more Lone Sailor statues have been dedicated around the world in locations like Pearl Harbor; San Francisco; Norfolk, Virginia; and Normandy in France. There are two other Lone Sailors in New England – one in Burlington, Vermont and the other in West Haven, Connecticut – but none yet in Massachusetts, though Koch said there are plans to place one at the Charlestown Navy Yard.

The statue, which the city already has on hand in storage, cost roughly $250,000, Koch said. The total cost for the statue and park won't be determined until after the landscape architect finalizes plans for the new location.

"I think the statue itself was around $250,000 but I don't have the new updated numbers yet until the landscape architect finishes his work," Koch said in the recent interview.

The city will use funding from the federal American Rescue Act Plan to pay for the statue and park work, the mayor said. The project qualifies for those funds because it relates to both tourism and historic preservation, he stated.

Seaside Social Club Program April 11

The Seaside Social Club will present Scott Quint as its guest speaker on Tuesday, April 11 at 7 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Quint is the owner of Quint's House of Flowers at 761 Southern Artery, Quincy, which has been family owned through multiple generations since 1919. He will demonstrate flower arrangements suitable for us to enjoy the beauty of the spring and summer bouquets and cuttings that will be coming soon to our gardens. The finished arrangements will be raffled at the conclusion of the program. The program is free and open to the public.

The club membership will meet at 6:30 p.m. to conduct the monthly business meeting and the election of officers for the coming year.

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The Littlefield Farm Topic April 25 Houghs Neck Historical Series

As part of the free Houghs Neck Historical Series, Patti Williams will present "The Littlefield Farm" on Tuesday, April 25, from 7 to 8:30 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

From 1858 to 1889, the Littlefield brothers owned the 58-acre Littlefield farm, purchased for $5,000, one of largest operating farms in Houghs Neck at that time. Where was it? How did it make money? Animals? Crops?

Based on a wonderful cache of primary documents learn how the farm operated. The farm, owned by brothers George and Rufus Littlefield, had a wholesale and retail milk business and also for 20 years supplied the local Houghs Neck summer community with milk, eggs, and vegetables.

In 1870, the northern 20 acres of the farm became the first residential development in Houghs Neck (today's Bay View Avenue). A majority of the talk is based on primary documents including deeds and 15 years of personal records kept by Rufus Littlefield.

As a special treat during this talk will be a Farm Stand, provisioned by the ladies of the Seaside Social Club of the Houghs Neck Congregational Church. Based on the groceries bought by the Littlefield family, you can expect to find breads, pies, cookies, jellies and more available for purchase.

The final two talks in the series are The Hotels of Houghs Neck (May 18) and Building the High-Level Sewer Line (June 1).

All are welcome.

Kiet Vu Honors Student

Kiet Vu of Quincy has been named to the Winter Honors List at Pomfret School in Pomfret, CT.

Vu is a member of the Class of 2025.

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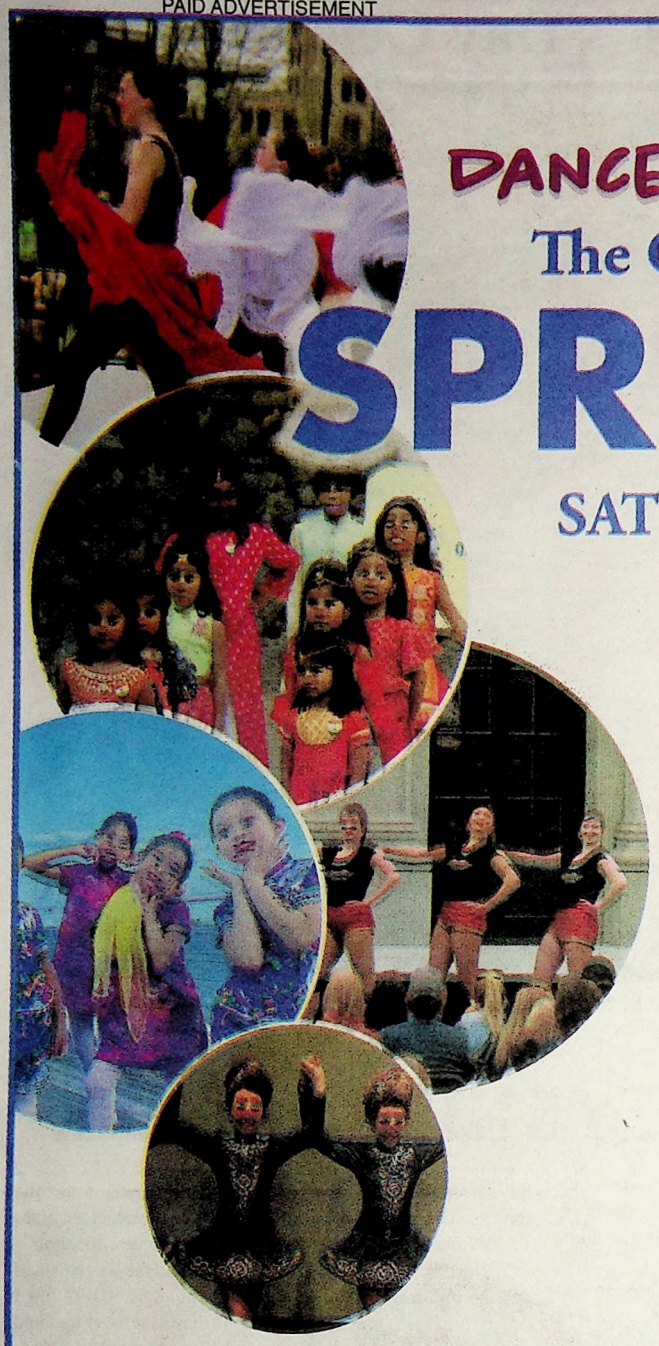

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Boston Chinese Dance	1:30-1:45 pm
The Forbes School of Irish Dance	2:00-2:15 pm
Quincy Jhankars	2:30-2:45 pm
Danceworks	3:00-3:15 pm
Brady Academy	3:30-3:45 pm
Velocity Dance Company	4:00-4:15 pm
Hung Gar Kung Fu and Lion Dance Academy	4:30-4:45 pm
InSync	5:00-5:15 pm
Special Performance	5:30-6:00 pm

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Sit Breathe Knit
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En Plein Air Art Demonstrations by Quincy Arts Association and other artists in the community.

GAMES

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Find these trucks online for their menus!

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Visit www.QuincyMA.gov for more details.

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Up Next in May: Swing on the Common Saturday, May 13, 2023 | 2 - 5 p.m.